

COMPASS

The Newsletter of Norwood Secondary College



PURPOSE STATEMENT

Norwood Secondary College provides a vibrant teaching and learning environment

TERM 2 NUMBER 6 8 May, 2020

School Email Address: norwood.sc@edumail.vic.gov.au

College Phone No. 9871 0400 Student Absence Line: 9871 0401
Principal: Mr Andrew Sloane
Assistant Principals: Mr Kris Johnson and Mrs Jackie Harris
College Council President: Ms Tammie Palmer
College Captains: Zoe Tucker and Ryan Smith
School Web Address: www.norwood.vic.edu.au

CALENDAR OF EVENTS 2020

TERM 2, 2020 Monday 11 May to Friday 15 May

Remote Online Learning
Thursday 14 May

Catch up and/or plan ahead day
No classes via Online Learning today

Monday 18 May to Friday 22 May Remote Online Learning



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PRINCIPAL'S REPORT

A PROGRESS REPORT ON REMOTE LEARNING

Students have been surveyed recently, to help staff in their continued development of the 'remote learning program'. The feedback from students has reflected much of what is being reported in the media. This program suits some but there are many who are finding the absence of both classmates and the physical presence of a teacher very difficult to bear. Encouragingly, the vast majority of students have



indicated that they have been able to engage with the remote learning and believe that the lesson plans are both clear and accessible. Our staff have been proud of the manner in which students of all levels have endeavoured to work in such a different environment. We have also been informed by our students that many are feeling that they are not keeping up with the work being set and that they are finding the remote learning more difficult than 'at school' learning.

Our staff are also finding the remote learning offers challenges: not the least being able to engage and motivate students for whom remote learning is challenging. The loss of 'face-to-face' contact makes identification and follow up of these students more difficult. Staff and students have indicated that the hours spent looking at a screen (far in excess of what they would be doing under normal conditions) are having an impact on necks/backs and eyes. Further, some students have indicated that they need some time to 'catch up'....or they may lose touch. One of the things staff agreed on prior to commencing this program was that the wellbeing of our students was as important as the progress through course content – even in Year 12 where the content is critical for assessment later in the year.

Consequently, we have decided to make Thursday, 14 May (next week) a day for students and staff to 'catch up and/or plan ahead'.

There will be <u>no formal classes delivered virtually on Thursday, 14 May</u>. Staff will be offline and not available for messages.









All students are asked to use the time to catch up on any work that was not getting completed, to plan ahead for upcoming tasks and assessments, to exercise (preferably in the fresh air) and, perhaps, to call friends (rather than texting) and have a chat. Staff will use the day to meet (virtually) in their curriculum teams to review their program delivery and continue to prepare remote programs.

It is our hope that this day will provide many students with time to get back on top of their work and assessment requirements. In the days before Thursday, staff will ensure students have clarity regarding expectations, so the day can be used productively.

OUR NEXT STEP?

The next stage of the development of our programs will be to increase opportunities for staff and students to use the video/audio function of 'Microsoft Teams' in Junior School classes. We believe the platform has now been accepted by students as the medium for delivery of the educational program and protocols for use are being met with positivity.

We feel it appropriate to allow staff with Junior School classes the use of video/audio in delivering their programs. As has been mentioned previously, we understand that some students/families do not wish to be on video – in that case, students can choose to use the audio function, only.

At this time, I am unable to offer any insights into whether 'remote learning' will continue for the rest of Term 2. The Premier will, no doubt, offer some thoughts on this when he determines what will follow from Monday, 11 May – the previously stated end of the 'state of emergency' called in mid March.

SCHOOL IMMUNISATION PROGRAM

The Victorian Chief Health Officer has written to all secondary schools this week to seek support for the continued delivery of the secondary school vaccination program.

He has outlined the importance of this program running to schedule and the College is currently negotiating with Maroondah Council for the provision of the vaccines – as is the usual arrangement.

For your information, the vaccines that our students usually receive are:

YEAR 7 (age 12-13 years)

- Diphtheria-tetanus-pertussis vaccine (dTp) (one injection)
- Human papillomavirus vaccine (HPV) (two injections, six months apart).

YEAR 10 (age 15-16 years)

Meningococcal ACWY (one injection).

Once we have the details of the 'where' and 'when' our students in Year 7 and Year 10 can access the important vaccinations, we will notify families. Please keep your eye on both Newsletters and Compass 'feeds', for these details.

Andrew Sloane, College Principal

COLLEGE CAPTAIN - THANK YOU



A THANK YOU NOTE TO THE TEACHERS

Coming into week 5, on behalf of the students, I would like to say a quick thank you to our teachers.

I would like to commend the work the teachers have done to prepare for remote learning so quickly. I also want to express how grateful we are that you have taken on the challenge of embracing new technologies so quickly and with great enthusiasm.

Finally, I would like to thank you for recognising this is a challenging time for students. I know that this is challenging time for everyone, and I want all teachers to know that your students really do appreciate the great work you have been doing.

Ryan Smith, College Captain



SENIOR SCHOOL PRINCIPAL NEWS

VICTORIAN CURRICULUM AND ASSESSMENT AUTHORITY (VCAA) ADVICE TO SCHOOLS

Last week I reported that VCAA had begun publishing changes to Unit 4 subjects. This process is now complete and all Year 12 teachers have clear guidance about the scope of content that has been removed from each subject. Teachers have welcomed this information and are now able to plan ahead with a



greater degree of certainty. With less content to cover, more time is now available for teachers to go back over work when students return to regular classes.

Additionally, there have been changes to some assessments. For some subjects, assessments have been altered to allow them to be conducted online, whilst VCAA has provided clear direction about running some practical assessments onsite. We are now in the process of implementing this advice.

We are pleased that we are now able to schedule a limited number of practical classes that will occur at school in the afternoons from Monday, 18 May onwards. Students involved in these classes will receive information directly from their teachers about the timing and frequency of these lessons. Parents will be asked to provide consent for onsite classes via Events. At this stage, the subjects involved include: Chemistry, Media, Visual Communication and Design, Studio Arts and Food Studies. Teachers of these classes are very much looking forward to seeing students back at school.

Jackie Harris, Senior School Principal



YEAR 12 NEWS

ONWARD WE GO...TOGETHER.

Week 4 and this shared experience draws us together. Something we can recall as a strengthening of our bond to the class of 2020. We look forward to seeing all our wonderful Year 12 students back on campus when this is over. The Year 12 team plan to arrange some fun activities to reunite us all. Plans are already in place for the Year 12 Formal to be moved to Term 3 and a review of our activities will be completed with the Year 12 student leaders once we know more.

A Newsfeed was published regarding the changes to the Year 12 study designs. The goal of these changes is to modify and lessen the intensity and volume of











workload for Year 12 students upon their planned return to school for Unit 4 and exams in Term 3 and 4.

This will also allow teachers more flexibility with delivery of the current Unit 3 course with the lengthening of the timeline for delivery and result submissions. The delayed examination schedule will also allow for more time for students to spend with their teachers in the lead up to final assessment so as to ensure that students feel best academically and mentally prepared.

SPECIAL REMOTE EVENT

Elevate, an organisation we employ to support students in their approaches to managing themselves and their study. Elevate are hosting a free webinar at 6pm on Tuesday, 12 May which will focus on time management, organisation and beating procrastination.

EVENT TITLE: Elevate Education

Time Management and Organisational Secrets

DATE: Tuesday, 12 May 2020

TIME: 6pm

SIGN-UP LINK: https://www.elevatecoaching.info/parent-webinar-

aus-time-management

COST: Free

Scott Kirkby, Head of Year 12 Melissa Cherry, Year 12 Coordinator

YEAR 11 NEWS

TEACHERS CHAMPIONING YEAR 11

What amazing things we are seeing from our staff and students in the midst of this Pandemic. Today, I want to flag within our College community, some Year 11 Champions. These are those individuals who invest so much amazing spirit at a time when we might all need a boost of inspiration.



Mrs Cynthia Kennedy, our Year 11 Coordinator who behind the scenes, is constantly checking our Year 11 students with solutions on everything from laptop problems, no power, no materials, no sanity and no sense of normality

Ms Jacki Landy and the Wellbeing team, the call and need for this at the moment has been relentless I thank them for their outstanding work.

Miss Annie Hearne for amazing and innovative ideas to work with and support one of our students with a significant initiative that will ease some stress for him.

Mr Scott Johnson for completing a mercy dash of materials to one of our students under difficult circumstances to complete folio work.

Students 'nailing' the Remote Learning Thing...

Mr Liam Cusack would like to shout out to Erin B and Jenna McP for 'nailing' the Remote Learning circumstances in Wood (pardon the pun)! In addition, Acacia C and Sarah H who have mastered the communication process "like pros".

Stay safe, stay connected...

Alison Ward, Head of Year 11





INFORMATION EVENINGS BY WEBINARS

Discover why Victoria University (VU) is the 'New Way To Do Uni' at our online information evenings on ZOOM. Find out all about the VU Block Model, our industry connections, undergraduate courses and the variety of pathways to education available.

Victoria University will be presenting a series of Information Evenings virtual from 6pm - 7pm over a number of nights.

SESSIONS WILL BE HELD ON:

- Sport and Outdoor Leadership
- Law, Criminology and Legal Services
- Business, Tourism, Hospitality and Event Management
- Engineering, Built Environments and IT
- Creative Arts, Humanities and Music
- Youth Work, Criminal Justice and Community Development
- Education and Early Childhood
- Psychology and Social Work
- Biomedical, Exercise, Environmental and Biotechnical Sciences

Register for one or more sessions at: VU Information Evenings by Webinars

GRADE POINT AVERAGES

THANK YOU TO OUR PARENTS AND CARERS

We would like to extend a big thanks for the great work our parents and carers are doing in supporting online learning for our students in this difficult time. Because of this, we think it only fair that you should have some kind of progress report. Our next round of Grade Point Averages (GPAs) will be available on Friday, 22 May. These will provide you with some feedback on how your child is progressing with their online learning. The reports will look a little different a



online learning. The reports will look a little different as there are many things that can not be commented on within distance education.

However, the teachers feel that they can certainly comment on the understanding of content and the ability to submit work on time. We have also included a new criterion which is how they are coping and progressing with online learning. We understand that this has not been an easy transition for all students so we will be a little more generous with some of our grades. However, where there are areas of concern, we will try and indicate this also. I have included the new rubric for this round of GPAs for you to look at on page 6.

Thank you again for your magnificent support, keep safe and well.

Jane Headon, Director of Teaching and Learning

CAREERS NEWS

A NEW WAY

Normally at this time of the year, Universities and TAFEs would be holding a number of information events about the courses that they offer for next year. Many institutions are now thinking up different ways apart from their website, to inform students and parents. Virtual Careers Expos and Webinars are now being created. For example:



- Year 13 and YouthSense are hosting a Digital Careers Expo from Monday, 18 May to Friday, 22 May. http://youthsense.com.au/eventsyear13sdigitalcareersexpoutm source=mc&utm medium=email&utm_campaign=attended
- There will be an online Video Seminar program covering presentations normally held at the annual VCE and Careers Expo.
 Details will be available soon. Information about other events will be advertised, as soon as details become available.

Ron Chatton Careers/Pathways Coordinator



A NEW SCHOOL OF THOUGHT

GPA GRADING RUBRIC

Area of Assessment	Unsatisfactory 0	Needs Attention 1	Acceptable 2	Good 3	Excellent 4
Demonstrates an understanding of key knowledge and skills	Most tasks incomplete or not submitted Unable to demonstrate key knowledge and skills	Most tasks completed to a satisfactory standard Few tasks completed that demonstrate key knowledge and skills	Most tasks completed to a satisfactory standard At times is able to demonstrate some understanding of key knowledge and skills	Most tasks completed to a satisfactory standard Demonstrates understanding of key knowledge and skills most of the time	All tasks completed to satisfactory standard Always demonstrates understanding of key knowledge and skills
Contributes positively to online learning	Does not contribute relevantly to online learning activities Displays a negative attitude during online learning Requires significant reminders to display the College values	Limited involvement in online learning activities and discussions with relevant contributions Frequently displays a negative attitude during online learning Should make a greater effort to display the College values	Occasionally makes relevant contributions to online learning activities, often with prompting Attitude could be more positive at times during online learning Requires prompting at times to display the College values	Generally contributes positively to online learning activities and discussions Displays a positive attitude during most online learning Often demonstrates the College values	Actively participates in online learning activities and discussions A responsible and mature attitude is always shown during online learning Always demonstrates the College values
Submits set work on time	No assessment tasks, coursework and/ or homework have been submitted on time Unable to meet work deadlines Requires significant support in completing coursework requirements	Few assessment tasks, coursework and/or homework have been submitted on time Has difficulty managing workload Does not usually complete work missed due to absence	Some assessment tasks, coursework and/or homework have been submitted on time Management of workload is inconsistent May catch up on work missed due to absence with teacher guidance	Most assessment tasks, coursework and/or homework have been submitted on time Often manages workload appropriately Will seek out and complete work missed due to absence	All assessment tasks, coursework and/or homework have been submitted on time Effectively manages workload Will always seek out and complete work missed due to absence



TIPS TO HELP WITH LEARNING ENVIRONMENT

- Create a check list at the start of every day and tick items off as you complete them.
- Allocate each subject's work into the time block that you would usually have them at school, and follow your timetable's scheduling.
- If you find yourself on a roll, keep going but check your to-do list – if it is going to minimise time that you need for other subjects that need it, stop.
- Take regular breaks (either at the end of each item on your checklist or during recess/lunch), and set timers on your phone so you do not go over time.
- Ask teachers if you can have one-on-one conversations after the "virtual" lesson is over to clarify concepts, and ask them to do it over MT audio or video chat can be time consuming and seeing/hearing your teachers is as close to being in school as you can get (their voice/face may be enough to prompt you to get focussed).
- Make sure you are doing 20 minutes of exercise a day (exercise uses up the stress hormones that would be circulating in your blood stream, so if you use them up doing exercise you will be more focussed doing your work).
- Download MT on your phone (turn notifications off though!) and listen to your virtual classes standing up or walking around your bedroom/study space/house every little bit of movement counts, and you don't have your normal school-based incidental exercise (like walking between classes/to your locker) to refresh you.
- Use a chair that has good support for your back do not do school work lying down or slouched over. Use a pillow behind you at the base of your spine to push it into a more upright position, and every now and again imagine someone is stretching you upward by the top of your head to "reset" how you're sitting.



STUDENT WELLBEING NEWS

As week 4 draws to a close, there have been some common themes popping up in the support/wellbeing conversations that are occurring between staff, students and families. Based on these conversations, the Student Wellbeing team has put together a list of tips to help with sleep behaviours and building motivation through a productive work space. There will be further tips and resources shared on @nscwellbeing on Instagram, so give the page a follow if you have not already!



TIPS TO HELP WITH SLEEP

Buy an alarm clock, so you do not have to set an alarm on your phone to wake you up. That way you can leave your phone outside of your room to prevent any mindless scrolling either in the morning or at nights.



 Set a bedtime routine and stick to it. Include things that you usually do (brushing your teeth, washing your face, showering) and get in bed as soon as you are done.

pattern of wake up times.

Cut out screen time an hour before bed. If this is too hard, even half an hour will make a difference. Make your

English teachers happy and substitute this with reading!

- Try and wake up at the same time each day, including weekends. It will make it easier to keep a routine over 7 days than a sporadic
- Move all of your electronics out of your room (laptops, phones, gaming consoles). If your study space is in your bedroom, move your laptop out of your bedroom as soon your school day is done.
 Put your phone outside of your room to charge.
- Bring your bedtime earlier gradually if you are sleeping much later than what you usually are, bring your routine forward by fifteen minutes to half an hour each night.
- Avoid daytime naps. This will make it difficult to sleep later on.
- Avoid dessert too close to bed time. The additional sugar from sweet, sugary foods will cause your blood sugar to spike – 100% ideal for a sporting match or vigorous exercise, but not so much for falling asleep.
- Evaluate at your bedroom. The ideal sleeping conditions are cool, dark and quiet, so ensure that your blinds/curtains are blocking as much light as possible, any additional heating to your room is minimised or restricted, and that the rooms around your bedroom are as quiet as possible. Ear plugs, white noise machines or playlists, and door snakes/draught stoppers may also help.
- Calm down in another quiet room before you sleep or start your night time routine - for some people, winding down can take a while. 'The Smiling Mind' has a number of meditations and mindfulness exercises available through their free app.

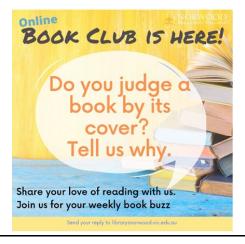
Jacki Landy, Annie Hearne and Chayna Dight-Stone Student Wellbeing Team











ART NEWS

GREETINGS FROM THE VISUAL ARTS TEAM

In Visual Arts we have been engaging in some fabulous online teaching and learning with our Art classes this term. Our talented and resilient students have been drawing, making and creating some amazing pieces of art. This week we wanted to highlight (show off) some of the work submitted by our Year 9 students in their elective classes, while at home.



The work comes from a range of the electives including Visual Communication Design, Ceramics and Drawing the World Around You. The teachers have reorganised lesson plans, created visual examples and students have sourced materials from their homes, sometimes-recycling fabric or paper as in Visual Communication Design and sometimes making their own replacement for clay and making plasticine, in ceramics. In drawing, they have discovered even everyday items like a shoe; can be beautiful with a bit of tone. It seems that having limited resources can make you think more, take risks and be more creative. Well done Year 9, we love your work but we miss your faces.

Joyce Hughes, Arts Leader









LIBRARY NEWS

OUR LEGO CLUB IS NOW ONLINE!

This week the challenge is to 'Create something that rolls.' Send a photo of your build to:

<u>library@norwood.vic.edu.au</u>. Check the library catalogue page for the challenge each week. Do not forget Clickview for your educational and recreation videos too!



OUR ONLINE BOOK CLUB IS HERE!

This week's topic is 'Do you judge a book by its cover?' Tell us why - send your book buzz to library@norwood.vic.edu.au or If you need any help or would like to request a book please email us.

Remember to check the library catalogue page for the topic each week. Happy reading!

Nicola Mackey, Resource Centre Librarian











MUSIC NEWS

We have had another busy week of Instrumental Music lessons. These lessons are proving to be very successful and the students are reporting back positively about what they have learnt and how it is great to still have music lessons.



All Ensembles are running in some way, from singing online to playing for each other, to discussions which all inspire a sense of belonging.

Thanks to all students and supportive parents for helping us to keep lessons running.



COVID Online Talent Show - Hurry Hurry!

Do not forget to get your entries into the COVID Online Talent Show.

What: Record yourself singing or playing your instrument (by yourself or with family members).

Where to load recordings: In the Team Instrumental Music Year 7-12, under Assessments.

When: Entries extended to Sunday, 10 May at midnight.

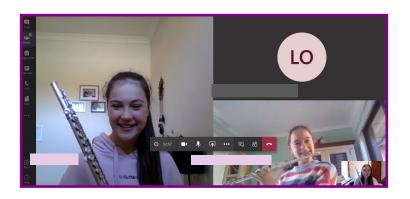
Why: Because we can not have our regular concerts!

Cost to enter and watch: Nil

Concert viewing: It will be ready as soon as possible. Watch this space for details!

Stay safe and well everyone!

Jo Dema, Instrumental Music Coordinator



CSEF - CAMPS, SPORTS AND EXCURSIONS

CAMPS, SPORTS AND EXCURSIONS FUNDING REMINDER

We encourage all families whose circumstances have changed recently and now hold a valid means tested concession card to apply



now. Cards must be eligible prior to April, 14 2020. Applications will be accepted until the last day of Term 2.

Parents only need to submit an application form in 2020 if any of these changes have occurred:

- New student enrolments: students who have started or changed schools in 2020, or if the parent DID NOT apply for CSEF at the school in 2019.
- Changed family circumstances: such as a change of custody arrangements, change of name, concession card number, or new siblings commencing at the school in 2020.

USING THE CSEF

You can use the fund for expenses including:

- Year level camps
- School organised sporting programs
- Excursions/incursions
- Specialist electives: Outdoor Education, Advance, VET Sport and Recreation

The CSEF payment cannot be used towards voluntary school charges, books, stationery, school uniforms, Music lessons, etc. Each time you wish to use your CSEF for an event, please print out the excursion form from Compass School Manager and write "pay with CSEF". If you have any questions, please call the General Office on 9871 0400.

Jane Arnold, Business Manager

TERM DATES

Term 1:

28 January to 27 March

Term 2:

14 April (Tuesday) to 26 June 13 April (Public Holiday) Easter Monday

Term 3

13 July to 18 September

Term 4

5 October to 18 December

CRAFT CLUB

POM POM MAKING – CRAFT CLUB IS STILL RUNNING!

Craft Club is still running during Term 2. Just at home! Please join us in making POM POM's for the Student Wellbeing Centre. The photo shows you what we have been working on, we

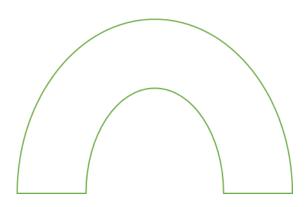


would love your contributions. You need to have two cardboard shapes similar to the shapes you see below. You do not want to make them too big. A Youtube link for you to learn from is below...

https://www.youtube.com/watch?v=SXFCO3LBJss

Just find some wool – does not matter what colour and give it a go. Donate to the Craft Club or the General Office when school returns. Thank you for your support!

Lisa-Jane Walmsley, Craft Club Coordinator



UNIFORM SHOP

SHOP HOURS:

SHOP CLOSED UNTIL FURTHER NOTICE

DOBSONS ONLINE:

Please visit: www.dobsons.com.au
Navigate to **SHOP** in toolbar
Click - Norwood Secondary College Logo



DELIVER TO HOME OR OFFICE:

Metro Melbourne: Within 24 - 72 hours - \$10 Flat Rate

Jenny McKenzie, Dobsons Uniform Shop Coordinator

SECONDHAND UNIFORMS

FOR SALE

If you have secondhand uniforms you would like to sell:

- Ensure they are clean and in good condition
- Hand in uniforms to the Uniform Shop only
- Complete the sellers form available from the Uniform Shop



FOR DONATION

All uniforms being donated to our Student Wellbeing Centre are to be handed in to the General Office only.



COMMUNITY AND BUSINESS ADVERTISEMENTS

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Good news! Members who purchase by the 10th May 2020, will receive a **BONUS \$20 BIG W eGift Card** for Multi City or Multi Plus Memberships or **\$10 BIG W eGift Card** for Single City Memberships*. We are continuing to add to our growing list of businesses offering takeaway and delivery for food, shopping and services, perfect for treating Mum at home. Latest additions include eGift Card offers from **Amazon**, iTunes, Google and BIG W.

