

# COMPASS

The Newsletter of Norwood Secondary College



#### **PURPOSE STATEMENT**

Norwood Secondary College provides a vibrant teaching and learning environment

TERM 2 NUMBER 7 22 May, 2020

School Email Address: norwood.sc@edumail.vic.gov.au

College Phone No. 9871 0400 Student Absence Line: 9871 0401
Principal: Mr Andrew Sloane
Assistant Principals: Mr Kris Johnson and Mrs Jackie Harris
College Council President: Ms Tammie Palmer
College Captains: Zoe Tucker and Ryan Smith
School Web Address: www.norwood.vic.edu.au

#### **CALENDAR OF EVENTS 2020**

TERM 2, 2020
Monday 25 May
Pupil Free Day
Tuesday 26 May
VCE students return to school
Tuesday 26 May to Friday 29 May
Remote Online Learning - Years 7 to 10



#### In this issue you will read about:

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#### PRINCIPAL'S REPORT

#### **RETURN TO SCHOOL**

As parents and students would now be well aware, we will be returning to 'on site learning' in the coming weeks. VCE students return next Tuesday, 26 May and Years 7-10 students return to school two weeks after that on Tuesday, 9 June.



The College has carefully absorbed the advice and guidelines from the Chief Health Officer, the

governments (federal and state) and DE&T and we believe we are in a position where we can say that our students will return to a school well prepared for the 'new normal' of life with COVID-19. Students and parents/carers should return with a sense of confidence that they are coming to a safe and well managed environment with staff who actually can not wait to be able to teach their classes in person.

Students will note a range of changes in how the school is being managed, but all the changes should 'make sense' to our students and all reflect what they will be exposed to outside their homes and school. Examples include: limits to numbers of people in rooms, asking students to keep to the left in corridors, drinking 'bubblers' not being able to be used (reminder to all that students should bring their own bottles of water to school), and so on.

To parents/carers who may be concerned about their children returning to school may I say this: we take the responsibility of your child's care very seriously. We are celebrating the opportunity to teach them in person, but will do everything we can to ensure their return to school is safe and supportive. We have given significant consideration to ensuring the physical and mental health needs of our students are met and that the educational program is structured in a way that helps all re-engage with school as smoothly as possible.

We ask that any student who does not feel well refrains from coming to school and will ask parents of any student who becomes unwell at school to pick them up.

#### **SENIOR SCHOOL PRINCIPAL - EXAM NEWS**

#### YEAR 12 GAT AND END OF YEAR EXAMS

The timeline for the 2020 VCE examinations has just been announced. We now know that written exams will be conducted between Monday, 9 November



and Tuesday, 2 December 2020. This means that ATAR scores can be calculated and VCE and VCAL students will receive their results before the end of the 2020. This timeline will ensure that university offers for 2021 can be made to Victorian students in alignment with their peers around Australia.

the General Additionally, the date for Achievement Test (GAT) has now been confirmed as Wednesday, 9 September 2020. Specific information on the VCE exam timetable will be published on the Victorian Curriculum and Assessment Authority (VCAA) website before the start of Term 3.

We welcome this announcement as it ensures our Year 12 students will complete their studies earlier than first thought. More importantly, the schedule gives sufficient time for teachers and students to complete adjusted VCE Unit 4 learning and school based assessments and prepare for VCE examinations.

Jackie Harris, Senior School Principal

### STUDENT WELLBEING **TEAM**

#### **FOR PARENTS**

Be prepared for their first day:

- Check with your son/daughter that they are ready for their first day with their practical items (uniform, bag, books, myki, etc).
- Make sure a full drink bottle is packed there will be limited access to water bubblers around the school for hygiene purposes, and every little stress that can be avoided will help.
- Check their timetable on Compass the night before, for both classes and any relevant newsfeed items. Many students have taken books and textbooks home, and it will be easier to take only the relevant books for the subjects scheduled on each day.
- If your child is nervous or anxious about returning, suggest a test-run beforehand. On a day before returning, drive your usual

#### **PLEASE NOTE:**

Mullum Primary School has informed us that they will be keeping the gate between our two schools ACCESS DE locked all day, for the foreseeable future. This will ensure their students/parents do not walk through Norwood SC (important as they have a staggered



start and finish to their school days and there would be ongoing foot traffic extending over quite some time at each end of the school day) but it will also prevent Norwood students being able to come into our grounds from Panfield Road. Whilst this will create a bit of inconvenience for those students affected, it important to see the inconvenience as a positive health safety measure for both communities.

The staggered start/finish times will also impact on any of our families where an older sibling drops off or picks up a Mullum PS student though it will be pick ups that will have the greatest impact on Norwood students. Our students will have to wait at the gate to Mullum PS on Mullum Mullum Rd near the crossing and 'take delivery' of their younger sibling at 3.30pm. There will be no entry to Mullum PS grounds to pick up.

#### SOME VERY EXCITING NEWS

Norwood Secondary College was informed this week that we are to receive funds to enable us to commence a Master Planning process that will see the College undergo significant re-building. We are waiting to be contacted by the Victorian Schools Building Authority (VSBA) to have the stages of the process outlined, but the funds will be used to engage an Architect in order to develop a plan to re-build parts of the College. It is my expectation that within the next few weeks, we will have clarity on what is being offered and how quickly the process of developing a plan will progress. It is our intention to start the process of consulting with our students, staff, College Council and community in order to determine the key 'needs' that we will endeavour to meet, as we create our new physical resources.

It is very exciting news and I thank Dustin Halse MP (our local member) who has been putting our case forward whenever he has found an opportunity.

Andrew Sloane, College Principal

#### **STUDENT WELLBEING NEWS**

Returning to school may be a tricky transition for some students. We have put together a list of tips for both students and parents to help to make the change back to on site schooling easier.

#### **FOR STUDENTS**

Be prepared for your first day:

- Get your uniform out (check that it fits!), pack your bag, find your myki and make your lunch the day before.
- Charge your laptop the afternoon/night before.
- Check Compass the day before for any information about your classes, locations or newsfeed items from your teachers – this will prevent any uncertainty or last minute stress on your first day
- Attempt to get 8 9 hours sleep the night before. The change in routine back to school will be tricky, and it will be best tackled well rested.



#### **OVER THE COMING WEEKS:**

- Re-establish normal, consistent routines and encourage time off technology whilst at home. Try to stop any after school naps or sugary snacks – this will promote better sleep later on.
- Your child may experience a range of feelings; excited/happy school is back, nervous or anxious about reintegrating, or frustrated that they have to leave the remote learning environment. Look for the positives, and encourage your son/ daughter to reframe how they are feeling to see the benefits of returning.
- Validate and normalise their feelings and experiences. Statements like "You look nervous about returning to school after a long time...it is normal to feel unsettled."
- Allow downtime after school the school environment may be overwhelming (more noise, people and expectations than they have experienced in a long time), and there may be a need to "wind-down" after 6 hours of go-go-go.
- Ask open ended questions to get an understanding of how your young person is coping. Questions like "What did you enjoy about today?" or "What could come up over the next few days that might worry you?" shut down the possibility of a short "yep/nope" response and encourage more information in less questions.
- If your child is feeling overwhelmed, encourage listing the things that are worrying them and assist to find reasonable solutions. Collaborate to problem solve, but (if possible) try to empower your child to execute the solutions themselves (such as speaking to teachers, sourcing information, etc). This way they can demonstrate independence and self sufficiency, and build their confidence for the next challenge.

elevate
education

WEBINAR

 Do something non school related to ensure you have a break from thinking and preparing for the upcoming week; spend time socialising with your family, watch a movie, get outside or walk your dog, go for a run, whatever makes you happy (and does not involve technology!).

#### **OVER THE COMING WEEKS:**

- Establish a consistent routine in the mornings before you go to school, after school and before you fall asleep.
- Be patient and kind to yourself. Everyone has experienced different stages of anxiety, stress, loss and grief over the last term, it is important to let yourself recover and get back on track.
- Speak to your teachers about any concerns with your work that you
  have done over the past term. It is better to be clear and have a
  definite understanding of the expectations of your teacher than to
  be lost in uncertainty.
- If you are feeling overwhelmed, write a list of the things that are causing you stress (from most to least). It is easier to strategize solutions when your thoughts are organised.

#### Annie Hearne, Student Wellbeing Team



#### **YEAR 12 NEWS**

As we return to school, Elevate has once again offered a follow up free webinar for parents and students. This webinar will focus on the transition from remote learning back to the classroom. The adjustment back to school will yield challenges also and will be a change once again for our students but this time it will come with the positivity of social interaction.



#### **SPECIAL REMOTE EVENT**

Elevate are an organisation we employ to support students in their approaches to managing themselves and their study. Elevate are hosting a free webinar at 6pm on Thursday, 28 May with a focus on independent learning, smart studying and transitioning back to the classroom. The weekly study timetable can be found by clicking on this link: Weekly study timetable link



Event Title: Elevate Education – Independent Learning and Smart Study

Date: Thursday, 28 May

Time: 6pm

Sign-Up Link: https://get.elevatecoaching.info/au/webinar-signup-28-

may/

Cost: Free

Scott Kirkby, Head of Year 12 Melissa Cherry, Year 12 Coordinator







#### **YEAR 9 NEWS**

#### **YEAR 9 STUDENTS AND FAMILIES**

As we start to see the light at the end of the tunnel, and the all important date has been set, I hope you are all travelling ok and excited to return to school. Tuesday, 9 June has been declared the date we all get to see each other again, and I personally am looking forward to seeing you all.



I want to take this opportunity to thank all students, and extend my thanks to all family members, who have together shown a great commitment to ensuring learning continues through this time. I have been in contact with many students since Term 1 finished (almost 9 weeks ago now) and I have been so impressed with each student's ability to complete the required classwork for their subjects from their home. It has been fantastic having staff share



student work with me during this time away from the College. I have been shown images and videos of meals being cooked from family kitchens, online music lessons, creative ceramic designs, models of boats and rafts from Outdoor Education, metal and woodwork diagrams, plus many other amazing pieces of classwork. Really great to see, and everyone should be super proud of their work!

For the next two weeks of remote learning I encourage all Year 9 students to complete as much classwork as possible. Submitting their classwork to Compass will allow students to return to the College knowing they have achieved some great outcomes with a positive mindset heading back to school. I am therefore hopeful that students can then use the Queen's Birthday weekend as a time to relax before returning to the College on Tuesday, 9 June. Upon return there will be some changes to the Year 9 Program which have been outlined below;

#### **CHANGES TO YEAR 9 PROGRAM**

- NAPLAN Testing will not be completed in 2020
- Year 9 Exams will not be completed for Semester 1, however remain in Semester 2
- Year 9 City Experience has postponed and rescheduled to Term 4, with further information to come

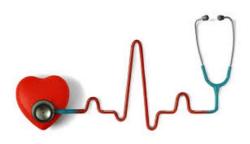
I hope all students feel confident about returning to school and should feel comfortable contacting Mrs Beggs or myself with any concerns over the coming two weeks.

Cameron Cox, Head of Year 9 Leisa Beggs, Year 9 Coordinator









#### **HEALTH AND PE NEWS**

A big thank you to all of our students (and parents) who have been involved in online/remote schooling from home. It has presented many challenges and obstacles for everyone involved. Although, throughout this time, it has been wonderful to see so many great examples of student work and participation in physical activity.



We have been encouraging students to be physically active as much as possible during these times in isolation. Many students have used some of the online activities that our team have shared with the students. The "At Home Physical Activity ideas" folder has been shared with the school community. It can be found on school resources - PE and Health folder and contains lots of workouts, games, challenges and health and wellbeing ideas for students (and parents) to participate in

Recently, our Junior students have been learning all about the Australian Physical Activity and Sedentary Behaviour Guidelines (APASBG). The physical activity logs that have been submitted are designed to allow students to clearly see how they are applying these guidelines to their lives. Lots of physical activity and limiting sedentary behaviour and screen time are the goals. This is quite difficult in the current "online climate," especially the screen time component! Students have also been completing tasks designed to highlight the importance of good mental health and wellbeing.

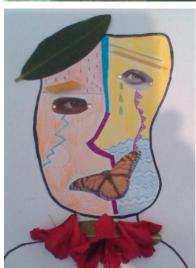
You may have seen our recent "ISO in ISO" challenge. Insane Shots Only in Isolation has been popular with students and we have received some fantastic videos of awesome skills and trick shots. We will share some of these with the school community and announce winners in the next few weeks.

Thank you to all members of the school community for their hard work and efforts. Please continue to be safe, active and healthy and we look forward to seeing all students back in Health and PE classes very soon.

#### Rod Mitchell, Head of Health and PE











#### **ARTS NEWS**

#### **SPOTLIGHT ON YEAR 7 ART**

This week we wanted to highlight some fabulous artwork that our Year 7 students have been creating while completing their online art classes. Students have been investigating the art and the methods used by two very well known artists, Vincent Van Gogh and Pablo Picasso.



Paintings made by Van Gogh are synonymous with bright colour, broad quick brush strokes and creating sense of movement. He was a Post-Impressionist. Our students were challenged with creating their own version of his very famous "Starry Night" after investigating his life and his philosophy. You can see some lovely examples below. The work of Picasso is often misunderstood. He strove to create art breaking his subjects down to shapes and lines that are more geometric than realistic. His portraits often showed the many faces of a person on a single face. Many of his portraits highlighted the "two-faced" personality people often have and never want to show the world. The Year 7s drew on his inspiration and created collage portraits using found 3D objects. We have some examples here for you to view. Both artists struggled in their lives with challenges including mental illness, loneliness and sometimes isolation. It makes us wonder how they would have coped with Covid19 and what type of art they may have made????? We hope you enjoy the artwork from our talented Year 7 art classes, there are more pictures displayed on the next page.

Joyce Hughes, Arts Leader

#### **LIBRARY NEWS**

## HOME DELIVERED LIBRARY BOOKS NOW AVAILABLE!

Norwood Secondary College now offers our students and staff home delivered library books. Log in to the catalogue and reserve your books. Our library staff will then contact you regarding delivery. If you have any questions, contact us at <a href="mailto:library@norwood.vic.edu.au">library@norwood.vic.edu.au</a>



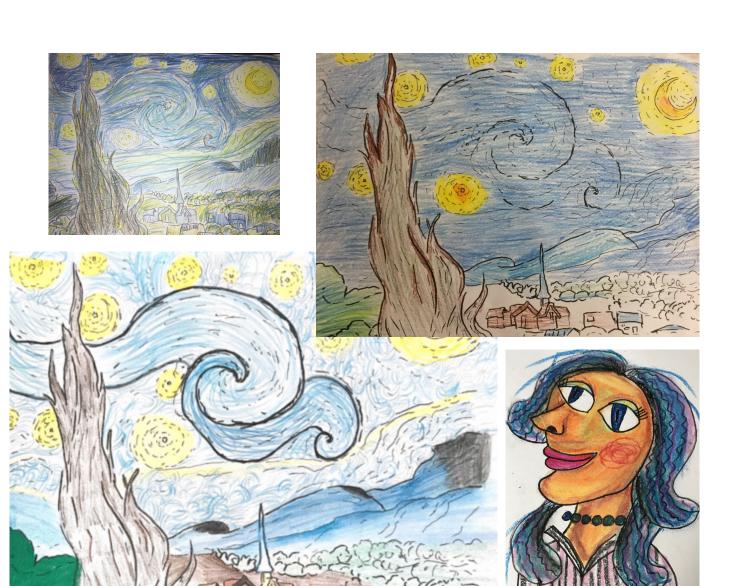
#### **OUR LEGO CLUB IS NOW ONLINE!**

This week the challenge is to 'Create something using only 10 bricks.' Send a photo of your build to <a href="mailto:library@norwood.vic.edu.au">library@norwood.vic.edu.au</a>
Check the library catalogue page for the challenge each week.

#### Nicola Mackey, Resource Centre Librarian













## DISCOVER DEAKIN - ONLINE INFORMATION EVENTS

The **Discover Deakin** course information webinars are running from late May through to July. Discover what it is like to study at Deakin – meet future teachers, hear student stories and get all the info you need to choose the right course for you. Many of the webinars are listed below, but for a comprehensive list and to register, please visit <u>Discover Deakin</u>. All webinars will take place at 5pm and thereafter.



#### **CAREERS NEWS**

#### RMIT UNIVERSITY VIRTUAL EXPO

The Study@RMIT Virtual Expo is a fantastic opportunity for students to discover everything that RMIT has to offer. It runs on Saturday, 30 May 2020 from 6am – 9pm. Students will have the chance to explore study areas, immerse themselves in a 360-degree campus tour, meet current students and also speak directly with RMIT staff about their study options for next year and beyond. Register at RMIT University Virtual Expo



#### Ron Chatton Careers/Pathways Coordinator



Melbourne	Artificial Intelligence	Friday 12 June, 6pm – 7pm
Campus		· · ·
	Arts	Monday 8 June, 5.30pm – 6.30pm
	Biomedical Science	Tuesday 23 June, 6pm – 7pm
	Business Analytics	Thursday 11 June, 5.30pm – 6.30pm
	Commerce vs. Business	Tuesday 9 June, 5pm – 6pm
	Communication	Monday 1 June, 7pm – 8pm
	Creative Arts	Wednesday 10 June, 5.30pm – 6.30pm
	Criminology	Thursday 28 May, 5.30pm – 6.30pm
	Design	Monday 1 June, 5.30pm – 6.30pm
	Environment	Thursday 25 June, 6pm – 7pm
	Exercise and Sport Science	Monday 27 June, 6pm – 7pm
	Health Science	Thursday 30 July, 6pm – 7pm
	Information Technology	Friday 5 June, 6pm – 7pm
	Law	Wednesday 17 June, 6.30pm – 7.30pm
	Marketing, Human Resources Psychology	Wednesday 3 June, 5.30pm – 6.30pm
	Nursing and Midwifery	Thursday 23 July, 6pm – 7.30pm
	Nutrition Science	Tuesday 28 July, 6pm – 7pm
	Property and Real Estate	Tuesday 2 June, 5.30pm – 6.30pm
	Psychology	Wednesday 29 July, 6pm – 7pm
	Public Health and Health Promotion	Tuesday 21 July, 6pm – 7pm
	Software Engineering	Monday 22 June, 6pm – 7pm
	Sport Management and Development	Thursday 18 June, 5.30pm – 6.30pm
	Teaching	Thursday 4 June, 5.30pm – 6.30pm
Waurn Ponds	Forensic Science	Tuesday 16 June, 6pm – 7pm
Campus	Medical Imaging	Wednesday 15 July, 6pm – 7pm
	Optometry	Wednesday 22 July, 6pm – 7pm
Waterfront	Architecture & Construction Management	Monday 15 June, 6pm – 7pm
Campus	Occupational Therapy	Monday 20 July, 6pm – 7pm

#### **CSEF - CAMPS, SPORTS AND EXCURSIONS**

# CAMPS, SPORTS AND EXCURSIONS FUNDING REMINDER

We encourage all families whose circumstances have changed recently and now hold a valid means tested concession card to apply



now. Cards must be eligible prior to April, 14 2020. Applications will be accepted until the last day of Term 2.

Parents only need to submit an application form in 2020 if any of these changes have occurred:

- New student enrolments: students who have started or changed schools in 2020, or if the parent DID NOT apply for CSEF at the school in 2019.
- Changed family circumstances: such as a change of custody arrangements, change of name, concession card number, or new siblings commencing at the school in 2020.

#### **USING THE CSEF**

You can use the fund for expenses including:

- Year level camps
- School organised sporting programs
- Excursions/incursions
- Specialist electives: Outdoor Education, Advance, VET Sport and Recreation

The CSEF payment cannot be used towards voluntary school charges, books, stationery, school uniforms, Music lessons, etc. Each time you wish to use your CSEF for an event, please print out the excursion form from Compass School Manager and write "pay with CSEF". If you have any questions, please call the General Office on 9871 0400.

#### Jane Arnold, Business Manager

#### **TERM DATES**

#### Term 1:

28 January to 27 March

Term 2:

14 April (Tuesday) to 26 June 13 April (Public Holiday) Easter Monday

Term 3

13 July to 18 September

Term 4

5 October to 18 December

#### **CRAFT CLUB**

## POM POM MAKING – CRAFT CLUB IS STILL RUNNING!

Craft Club is still running during Term 2. Just at home! Please join us in making POM POM's for the Student Wellbeing Centre. The photo shows you what we have been working on, we

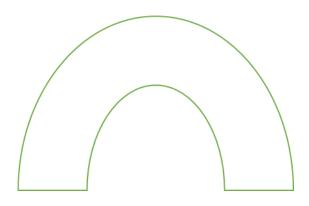


would love your contributions. You need to have two cardboard shapes similar to the shapes you see below. You do not want to make them too big. A Youtube link for you to learn from is below...

https://www.youtube.com/watch?v=SXFCO3LBJss

Just find some wool – does not matter what colour and give it a go. Donate to the Craft Club or the General Office when school returns. Thank you for your support!

#### Lisa-Jane Walmsley, Craft Club Coordinator



#### **UNIFORM SHOP**

#### **SHOP HOURS:**

BY APPOINTMENT ONLY - PLEASE EMAIL TO BOOK.

#### **DOBSONS ONLINE:**

Please visit: <a href="www.dobsons.com.au">www.dobsons.com.au</a>
Navigate to **SHOP** in toolbar
Click - Norwood Secondary College Logo



#### **DELIVER TO HOME OR OFFICE:**

Metro Melbourne: Within 24 - 72 hours - \$10 Flat Rate

Jenny McKenzie, Dobsons Uniform Shop Coordinator

#### **SECONDHAND UNIFORMS**

#### **FOR SALE**

If you have secondhand uniforms you would like to sell:

- Ensure they are clean and in good condition
- Hand in uniforms to the Uniform Shop only
- Complete the sellers form available from the Uniform Shop





#### **FOR DONATION**

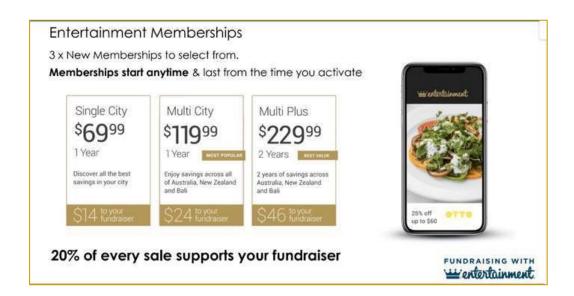
All uniforms being donated to our Student Wellbeing Centre are to be handed in to the General Office only.

#### **COMMUNITY AND BUSINESS ADVERTISEMENTS**

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## ENROLMENTS NOW OPEN

3 year old and 4 year old Kindergarten Programs

vist www.mika.org.au to enrol your child

16 Evon Avenue, Ringwood East
WWW.MAROONDAH.KINDERGARTEN.VIC.GOV.AU

### SESSION TIMES FOR 2021

Monday

3 YEAR OLD PROGRAM

9:15am - 1pm (3 hours 45 minutes)

Tuesday

4 YEAR OLD PROGRAM

9:15am - 2:30pm (5 hours 15 minutes)

Wednesday

3 YEAR OLD PROGRAM

9:15am - 1pm (3 hours 45 minutes)

Thursday

Friday

4 YEAR OLD PROGRAM

9:15am - 2:30pm (5 hours 15 minutes)

4 YEAR OLD PROGRAM

9:15am - 2:30pm (5 hours 15 minutes)

EXCEEDING
NATIONAL QUALITY STANDARD