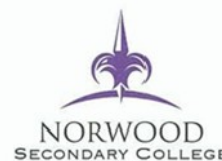


# NORWOOD COMPASS

The Newsletter of Norwood Secondary College



## PURPOSE STATEMENT

*Norwood Secondary College provides a vibrant teaching and learning environment*

**TERM 3**  
**NUMBER 11**  
**7 August, 2020**

**School Email Address:** [norwood.sc@education.vic.gov.au](mailto:norwood.sc@education.vic.gov.au)

**College Phone No.** 9871 0400 **Student Absence Line:** 9871 0401

**Principal:** Mr Andrew Sloane

**Assistant Principals:** Mr Kris Johnson and Mrs Jackie Harris

**College Council President:** Ms Tammie Palmer

**College Captains:** Zoe Tucker and Ryan Smith

**School Web Address:** [www.norwood.vic.edu.au](http://www.norwood.vic.edu.au)

## CALENDAR OF EVENTS 2020

### TERM 3, 2020

**Monday 10 August to Friday 14 August**

Remote Learning Years 7-12

**Monday 17 August to Friday 21 August**

Remote Learning Years 7-12



## PRINCIPAL'S REPORT

This Newsletter arrives at a time when, in many of our families' homes, children and parents are sharing the internet and available work space....with varying degrees of effectiveness. Feedback from the first round of Remote Learning suggests that Remote 2.0 will continue to offer challenges to many families.



As I noted in the recent 'Update for Families' (Tuesday), restrictions on our movements have increased and our opportunities for socialising are almost entirely via screens. For most of us, not most preferred medium. Shopping for other than essentials is now online, so that has removed the pleasure of stopping for a chat, coffee or lunch on a shopping trip. Worse for some, we have limits on how long/far from home we can walk/exercise. (My dog is seeking legal advice on this but he will get no joy.....the rules are clear.) We need to find substitutes for our many previously acceptable ways of relaxing and keeping well.

I reminded parents, in the update, that it is important that parents do their best to not feel that they should help 'teach' their child(ren). What we ask of parents is that they offer support for the programs teachers are providing and do their best to help their children keep positive during these very difficult times. School staff are very conscious that our work has to address both the educational progress of our students AND support families with the health of our students/your children.

A critical focus for all staff has been the progress of students completing their final year at school. The Education Minister, at lunchtime today, announced a couple of additional measures aiming to support our Year 12 students. We will wait for details to help navigate the initiative, but it appears that every Year 12 student will access a degree of 'special consideration' that reflects their own, individual, experiences this year. We will most certainly do our best to ensure that every student is involved in this assessment, as fairly and empathically as possible and look forward to having access to the thinking behind the announcement, to guide our considerations. Teacher assessments across the year, GAT scores and VCE exam outcomes will all, most likely, be involved in the process and there will be a degree of adjustment to ATAR scores that reflects each student's own circumstances.

### In this issue you will read about:

- Principal's Report p1-2
- Junior School Principal News p2
- Senior School Principal News p2-3
- Student Wellbeing News p3
- Year 12 News p4
- Year 11 News p4
- Business Studies News p5
- Music News p6-7
- Mask Competition Info p8
- Library News p10





Minister Merlino also stated that there will be no movement of the announced dates of VCE exams. He reiterated that the GAT timing has changed. The ATAR scores will come out as planned (30 December 2020) and university / TAFE offers will also run as planned, following the release of ATARS.

Finally, thank you to the many families that have found ways to supervise their children at home. It has allowed us to have an absolute minimum of people present on campus – a very important measure for the health and safety of our staff and students.

Best wishes from the College staff – stay safe and look after each other.

**Andrew Sloane, College Principal**

## JUNIOR SCHOOL PRINCIPAL NEWS

### JUNIOR SCHOOL REMOTE TEACHING AND LEARNING

The following is a reminder about the remote teaching and learning program for Year 7, 8 and 9 students.



#### HOW MICROSOFT TEAMS WILL BE USED:

- Students are expected to attend (be online, using Microsoft Teams) every lesson, every day of the week.
- Teachers will start each lesson using the video/audio function. This part of the lesson will be used to connect with the students and mark the roll. Staff may also use this time to clarify the lesson plan, provide instructional teaching and answer questions.
- When teachers are not using the video/audio function in a lesson they will be available to respond to questions via Microsoft Teams chat function.

#### HOW COMPASS WILL BE USED:

- Junior School Students' learning will be guided by their timetable on Compass. Each lesson on their timetable will have a lesson plan outlining the work that needs to be completed.
- All resources (worksheets, assignments, handouts) can be accessed in the relevant folder in the 'Resources' tab on Compass.
- Student will be expected to complete and submit a minimum of one Learning Task per fortnight in all subjects.

#### ROLL MARKING:

- Teachers will mark the roll, using Compass, every lesson.
- Parents/Carers are not required to indicate their child's engagement/attendance on Compass.

Please contact the relevant Head of Year Level if you have any further questions

**Kris Johnson, Junior School Principal**

## SENIOR SCHOOL PRINCIPAL NEWS

### A RETURN TO REMOTE LEARNING

As a school community we had only just begun to adjust to the 'new normal' of less students at school, social distancing measures, additional cleaning, regular use of hand sanitiser, temperature checks, empty classrooms, and lastly, the wearing of face coverings. We really thought we had enough measures in place to see the year out onsite, particularly for our Year 12 students. Unfortunately, we have farewelled our students once again. The safety of the community must come first. Please be assured that teachers are again ready for the challenge of supporting students remotely.



On Tuesday, our staff delivered our first remote Senior School Information Evening. We were encouraged by the large number of families who joined our online presentation. Please make use of additional resources on our website to assist you to navigate subject selection.

The following link will take you directly to our Senior School Handbook: <https://www.norwood.vic.edu.au/wp-content/uploads/2020/07/VCE-Handbook-2021-Updated.pdf>.

Additionally, our VET Handbook can be accessed at: <https://www.norwood.vic.edu.au/wp-content/uploads/2020/07/Norwood-Secondary-College-2021-VET-Handbook.pdf>.

Lastly, our teachers have been busy creating 30 individual subject videos for you to watch with your son/daughter to learn more about all of the subjects offered at the College from Year 9 through to Year 12. Please follow this link: <https://www.norwood.vic.edu.au/senior-school/senior-school-information-evening/>.

Whilst teachers would have preferred to run subject specific sessions for families at school, I know you will appreciate the efforts they have gone to in order to provide you with the same high quality information.

It is understandable that senior students, particularly those undertaking Year 12 studies will be anxious about completing coursework and assessments, including the end of year exams. We have been informed that the **schedule for VCE examinations and the release of results will remain as previously advised**. The only change, at this point, is the **postponement of the GAT until Wednesday, 7 October**. Further advice is pending in relation to school-based assessments. We will keep you informed through News Feed communications as soon as information becomes available. To



### SUPPORTS AVAILABLE

Below are listed some mental health services that may be useful to members of our community during this time.

- Beyond Blue – for anyone feeling anxious or depressed. [beyondblue.org.au](http://beyondblue.org.au)  
**1300 224 636**
- Kids Helpline – counselling for young people aged 5-25 years.  
[kidshelpline.com.au](http://kidshelpline.com.au)  
**1800 551 800**
- Lifeline – anyone having a personal crisis.  
[lifeline.org.au](http://lifeline.org.au)  
**13 11 14**
- 1800RESPECT – support for people impacted by domestic or family violence.  
[1800respect.org.au](http://1800respect.org.au)  
**1800 737 732**
- MensLine Australia – for men with wellbeing or relationship concerns.  
[mensline.org](http://mensline.org)  
**1300 789 978**

maintain continuity for students, teachers will be continuing with assessments as per published assessment calendars.

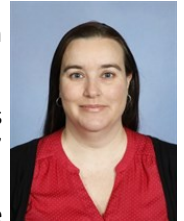
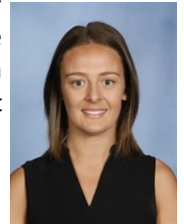
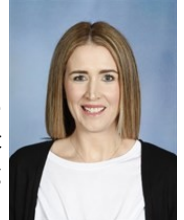
Stay safe,

*Jackie Harris, Senior School Principal*

### STUDENT WELLBEING NEWS

#### CHANGE OF RESTRICTIONS AND RETURN TO REMOTE LEARNING

With the change of restrictions and return to remote learning, it can be difficult for some people to re-adjust to this new set of circumstances. The Black Dog Institute has put out this helpful infographic so people can “check-in” with themselves and keep track of their mental wellbeing during these tricky times! We are also posting more tips on Instagram, follow us on @nscwellbeing for regular updates and support information.



#### READING, WATCHING, LISTENING RECOMMENDATIONS

Our top wellbeing picks for great things to read, watch or listen to are below:

- Read “The Resilience Project: Finding happiness through gratitude, empathy and mindfulness” by Hugh Van Cuylenburg.
- Read “How mindfulness can help during the coronavirus” on <https://blog.smilingmind.com.au/how-mindfulness-can-help-during-coronavirus>.
- Listen to mindfulness exercises and calming meditations on “The Smiling Mind” app.

*Jacki Landy, Annie Hearne and Chayna Dight-Stone, Student Wellbeing Team*

### Weekly Mental Health Check-in

DURING CORONAVIRUS

- Feelings**

Set an alarm on your phone, or a reminder in your calendar, so at a set time each week you can quickly do a check in on a scale from 0 ('not at all') to 10 ('extremely') of how stressed, anxious or down you are feeling.
- Body**

Take a moment to notice any tension in your body like tight shoulders, chest, or jaw. Other signs that you might be feeling stressed include dryness of the mouth, difficulty breathing, and a racing heart.
- Sleep**

If you are constantly struggling to get to sleep, waking in the night, earlier than usual and/or finding it difficult to get back to sleep, these are signs your mind is unable to switch off and relax.
- Thoughts**

Are you always worrying about the worst-case scenarios? Focusing on the 'what if' scenarios is not useful and it is best to try to limit this as much as possible.
- Reactions & behaviour**

If you find yourself frequently snapping at those you love, finding it extremely difficult to focus, or always depending on things like alcohol or food to cope, it is time to prioritise your mental wellbeing.
- Check-in buddy**

Choose a check in buddy. This may be your partner, housemate or even a friend or colleague you're keeping in touch with via video messaging. Be honest about how you are coping.

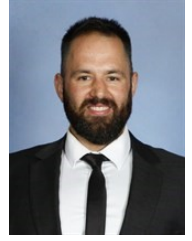
## YEAR 12 NEWS



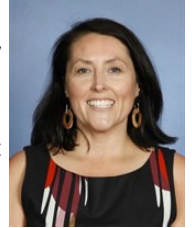
Together,  
we've  
got this!

### YEAR 12 UPDATE

As we bid a temporary farewell to face to face teaching for the next period of time, we can walk into this challenge with an idea of how to manage it. The lessons learnt from last time, the technology we are lucky enough to have access to and the bonds we have built through these shared experiences.



The message from our team at Norwood Secondary College is to use these resources to communicate. Communicate with your teachers, communicate with your peers and communicate with the student support team. We are all here to support you, we are all here wishing you the best and we are all here to help you achieve your goals.



Across the state the field is even, your challenges are felt by all and this will mean you have equal opportunity come the end of the year to shine and let your hard work and resilience do the talking. We know this will not last forever and that after this, we will move forward with new skills and new appreciations for the things in life we previously may have taken for granted.

We would love to see you all on MT, chat with your teachers, chat with your peers, share your knowledge and ideas and own the experience. If we are all making the most of it, we may even have some fun along the way. Connection is essential and we want you all to feel connected to Norwood Secondary College even when not physically here. Reach out to someone during this time. It may be to share a laugh, or to seek support. Either way, that connection is so important. **We are still here for you!**

**Scott Kirkby, Head of Year 12**

**Mel Cherry, Year 12 Coordinator**

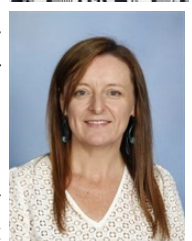
## YEAR 11 NEWS

### 'MY DOG ATE IT!'

Our 'Subject Selection' forms went out last week, please have these submitted by Monday, 10 August. These are your preferences for 2021. Remember that when you are loading your preferences into Edval, you must enter 5 subjects or it will not accept your submission. For anyone who needs further clarification on pathways, please book an appointment with Mr Chatton on MT Chat. This is a busy time for him so please be patient with this process. Remember to keep all forms securely away from little paws!



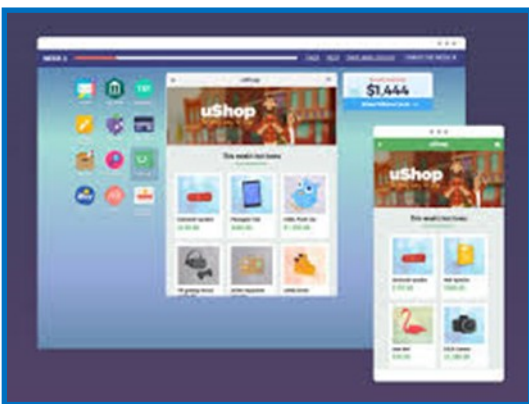
On our final round within our classrooms last Friday, there was an air of disappointment again for our situation. I want to assure our Year 11 students that we will do everything we can to make this situation as comfortable as we can. Keep the lines of communication open to Ms Kennedy and myself in these difficult times. You are an amazing group of students who work together so well as a team. Keep reaching out to each other through this time also. Stay safe and we'll see you soon...



**Alison Ward, Head of Year 11**

**Cynthia Kennedy, Year 11 Coordinator**





**BUSINESS STUDIES – ESSI MONEY CHALLENGE OPEN TO STUDENTS IN YEARS 9 – 12**

Do you remember the ESSI money game from OYO in Year 9? If you do and you want to play again you can join from the game links on Compass. Please read the following rules below. **The most important rule is that you can only join once and play the 5 games available. IF YOU REJOIN THE GAME LINK YOU WILL BE DISQUALIFIED.**



Please make sure you fill in all of the information accurately when you join the game and only register in the link that matches your age. **GAME LINKS WILL BE PROVIDED FOR EACH YEAR LEVEL VIA COMPASS NEWSFEED.** Please contact Miss Walmsley or Mr Goh if you have any questions.



**GAME RULES:**

This is a national competition which combines the normal ESSI Money Game with a financial literacy quiz. The Suncorp ESSI Money Challenge game goes "live" at 9am (AEST) on Monday, 17 August 2020. Students can commence play at any time after this but must complete the game along with the end-of-game quiz and survey questions and submit their score by 5pm (AEST) on Friday, 28 August 2020.

Students compete in one of two age brackets: 12-15 or 16-18. The three highest scores in each age category win a prize! The top 10 scores from each age category are displayed on the Suncorp ESSI Money Challenge [News and Leaderboard](#) page throughout the competition.

**LOTS OF PRIZES AND CHANCES TO WIN**

First prize is \$1500 cash deposit into a personal Suncorp Bank Kids Savings Account and a bonus cash deposit of \$1500 for the winning student's school.

The three highest scoring students in each age category win a cash prize! Plus, every student that completes a game goes into the draw for one of 16 X \$250 Suncorp EFTPOS Gift Vouchers.

**IMPORTANT PLAYER RULES:**

Participants may make a maximum of 5 attempts (combined across all classes) at the Suncorp ESSI Money Challenge (an attempt is when a student has logged in and progressed to "week 2" or further). The highest score for each participant will be taken into consideration for judging purposes.

**PLEASE NOTE:** The game will NOT automatically stop students from making more than 5 attempts at the game. It is up to the teacher to enforce this rule. Any participant making in excess of 5 attempts (combined across all classes) at the Suncorp ESSI Money Challenge 2020 will be disqualified

*Lisa Walmsley and Paul Goh, Business Studies Teachers*

## ONLINE INSTRUMENTAL MUSIC LESSONS CONTINUE

Welcome back to online lessons to all our Music students. **We did it before and we can do it again!**

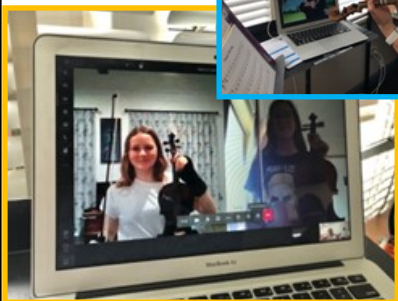
Help your teacher out by:

1. Practising 5 days a week
2. Having your instrument, music and music stand ready, 5 minutes before your lesson
3. Have a pencil ready to take notes

### ENSEMBLES CONTINUE ONLINE

- Concert Band - Mondays
- Chorale - Tuesdays
- Jazz Band - Tuesdays
- Acappella - Wednesdays
- Junior Strings - Wednesdays
- Junior Band - Thursdays

Note: Due to the large number of string lessons, String Ensemble is suspended at present.



**Concert Band**

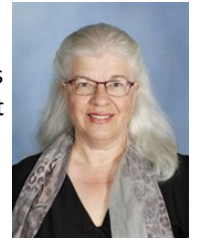


**Junior Band**

## MUSIC NEWS

### TALENT SHOW NO 2

Yes, we are having another Talent Show this term! This time we are opening it up to the whole College. Your act can be musical, comedy, drama, dance or magic.



**VIDEO ENTRIES DUE BY SUNDAY, 13 SEPTEMBER 2020**



**What is your talent? Singing? Instrumental? Acting? Dancing? Comedy?**

### HERE ARE THE GUIDELINES:

- Students are invited to record a performance as a solo or with family members.
- Make the sound quality the best you can manage and remember to put your recording device in the best position (i.e. not at your feet!)
- Make sure your content is family friendly (of course!)
- Wear appropriate clothing and make your background as professional as possible. (In front of a clear wall or curtains)
- Keep it short, 1-2 minutes at the most!
- Upload Videos to Teams under 'Whole School Talent Show'
- Due Date: Sunday, 13 September 2020



# AMAZING MUSIC PHOTO COMPETITION!!!!

Here is a **FABULOUS opportunity!**  
**COOL CERTIFICATE and PRIZES TO BE WON!!!!**  
**Not Compulsory! Not Graded!**

## WHAT TO DO:

1. Take a clear photo of your musical instrument in the most creative and interesting way possible. (Make sure the location is safe for both you and your instrument!)
2. Submit up to 3 photos to the 'Learning Tasks' for your Ensemble titled:  
**Photo Competition**
3. Due Date: **FRIDAY, 21 AUGUST by 4pm**
4. With your permission, some photos will be posted in the Norwood Compass Newsletter and on Norwood FB Page.
5. Certificates will be posted to all winners!
6. Prizes awarded once we are back at the College!



**This is not compulsory!**

*This is NOT a graded 'Learning Task'....this is a fun task!!!*



## VCE 3-4 MUSIC STUDENTS

VCE 3-4 Music students should be performing *regularly* for family (or online to family and friends) to prepare fully for the Performance Exam worth 50% of marks. Families can help by inviting students to play which can be a great thing to do after dinner at present. Even just a part of a piece is worth performing. Every performance builds confidence. Keep working hard on all aspects of your course.

Here are some of the Year 12 Music students.



*Jo Dema, Music Coordinator*

# AMAZING MUSIC PHOTO COMPETITION!!!!

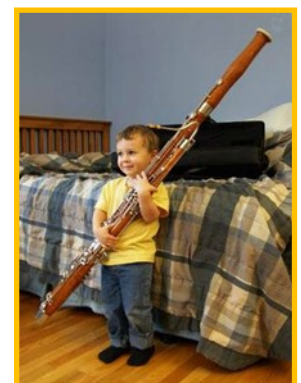


*Note: Please don't put your instrument in a pond!*

## Categories for Prizes:

- *Most Creative Photo*
- *Best Setting*
- *Best Background*
- *Best Lighting*
- *Most Interesting Angle*
- *Most unusual*
- *Most Captivating*

**DUE BY FRIDAY, 21 AUGUST by 4pm.**  
**GET INTO IT and HAPPY SNAPPING!**



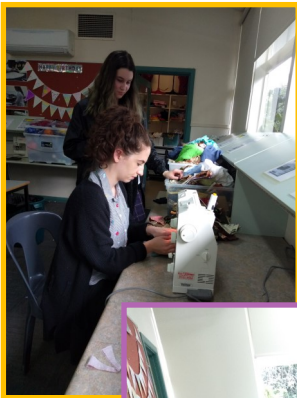
## COMPETITION NEWS

**"I WILL WEAR MY MASK HERE OR THERE I WILL SOCIAL DISTANCE EVERYWHERE!"**

Under the government regulations, that came into place at midnight Wednesday, 22 July, staff and students were required to wear a mask when at school.



To put some fun into wearing MASKS, we are having a mask competition in Week 4 (Monday, 3 August - Friday, 7 August). Year 7 – 10 students can send a photo via teams to your Head of Year Level, Coordinator or Mentor Teacher to gain points for your year level. Don't delay, competition ends today! Points and Prizes will be awarded for creativity and artistic ability.



### HOW TO SEW A FACE MASK TUTORIAL / EASY DIY FABRIC FACE MASK, 2 STYLES:

If you need some help with making a mask check out the links below. There are lots of mask making videos on youtube if you need help:

<https://youtu.be/xL8ctct0Dz4>

Mask templates: See either Lincraft or Spotlight websites for mask patterns or see a pattern on page 9.

Hot glue mask: <https://www.youtube.com/watch?v=rU-DhAr02ZA>

No sewing mask: <https://www.youtube.com/watch?v=YthnngEEqBc>

Sock mask: <https://www.facebook.com/kchokshi87/videos/705890586624526/?t=4>

Looking forward to seeing the wonderful creations.



*Jan Woolard, Textiles Teacher*





TREASURIE

Face Mask Pattern  
[www.treasurie.com](http://www.treasurie.com)

CUT 4 from fabric

CHILD 3-7  
ADULT

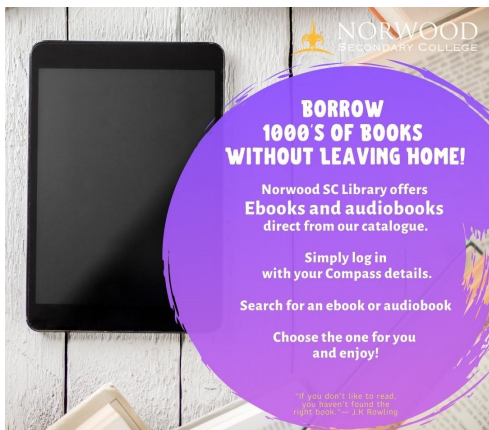
Face Mask Pattern  
[www.treasurie.com](http://www.treasurie.com)

CUT 2 from interfacing

CHILD 3-7  
ADULT

2 x 2 inch  
test square

**LIBRARY NEWS**



Need some help? Would you like to request a book? Please email us at [library@norwood.vic.edu.au](mailto:library@norwood.vic.edu.au)



**BOOK DELIVERIES NO LONGER AVAILABLE!**

We hope all those who requested home delivered library books are enjoying their new reads. Unfortunately due to the new restrictions we are no longer able to home deliver, however there are still 1000's of Ebooks and audio books available from home 24/7. Simply log on to the catalogue using your Compass details and download your choices, or use the EPlatform app on your mobile device.



Don't forget Clickview now also has TV and movies available for your viewing pleasure!

If you have any questions or we can be of any assistance please do not hesitate to contact us at [Library@norwood.vic.edu.au](mailto:Library@norwood.vic.edu.au)

*"Reading gives us someplace to go when we have to stay where we are"*  
– Mason Cooley

**Nicola Mackey and Kerri Jones, The Library Team**

**UNIFORM SHOP**

**SHOP HOURS: CURRENTLY CLOSED**  
**BY APPOINTMENT ONLY - PLEASE EMAIL TO BOOK.**  
[nsc@dobsons.com.au](mailto:nsc@dobsons.com.au)

**DOBSONS ONLINE: AVAILABLE**  
Please visit: [www.dobsons.com.au](http://www.dobsons.com.au)  
Navigate to **SHOP** in toolbar  
Click - Norwood Secondary College Logo



**DELIVER TO HOME OR OFFICE:**  
Metro Melbourne: Within 24 - 72 hours - \$10 Flat Rate

**Jenny McKenzie, Dobsons Uniform Shop Coordinator**



**TERM DATES**

- Term 1:**  
28 January to 27 March
- Term 2:**  
14 April (Tuesday) to 26 June  
13 April (Public Holiday)  
Easter Monday
- Term 3:**  
13 July to 18 September
- Term 4:**  
5 October to 18 December

**SECONDHAND UNIFORMS**

**FOR SALE**

- If you have secondhand uniforms you would like to sell:
- Ensure they are clean and in good condition
  - Email the Uniform Shop for a sellers form
  - Complete the sellers form and make arrangements with the Uniform Shop to hand in.



**FOR DONATION**

All uniforms being donated to our Student Wellbeing Centre are to be handed in to the General Office only.

## COMMUNITY AND BUSINESS ADVERTISEMENTS

The Department of Education does not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education for accuracy or information contained in advertisements or claims made by them.

# Short and long term foster carers needed.



### We urgently need you

We are seeking foster carers for 0-18 year olds, who are open to providing emergency, respite, short or long term care in the East.

Our Foster Care Program provides you with the training and advice to support your care of vulnerable children and young people in our community.

You'll also receive a Carers Allowance to help meet the basic costs of the child/young person in your care.

With over 100 years of experience bringing carers and children together, we'll support you in your journey to becoming a foster carer.

If you think you can support a child or young person, we would love to hear from you.

### Get in touch

Call Caroline Tear on  
03 9051 3255 or visit  
[unitingvictas.org.au/foster-care](http://unitingvictas.org.au/foster-care)

**All enquiries welcome.**

**Support. Nurture. Thrive.**  
[unitingvictas.org.au](http://unitingvictas.org.au)

**Uniting**