

PURPOSE STATEMENT

Norwood Secondary College provides a vibrant teaching and learning environment

TERM 2 NUMBER 9 11 June, 2021

School Email Address: norwood.sc@education.vic.gov.au

CALENDAR OF EVENTS 2021

TERM 2, 2021 Monday 14 June Queen's Birthday - Public Holiday Tuesday 15 June Years 9, 10 and 11 - Exams

Friday 18 June Report Writing Day - Pupil Free Day Friday 25 June Last day of Term 2 Early dismissal 2.30pm

TERM 3, 2021 Monday 12 July First day of Term 3



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PRINCIPAL'S REPORT

TRANSITIONING BACK TO 'BUSINESS AS USUAL'

With all our Year Levels back in school and classes being conducted face-to-face, there seems to be a sense of increased positivity amongst our students and staff. While we are certainly still fitting in with a range of restrictions, we are reminded that the vast majority of our students need the social contact and interaction that being at school with friends and classmates offers.



Principal: Mr Andrew Sloane

The previously noted DE&T stance on the importance of staff focusing on student wellbeing remains and staff are finding the appropriate balance in their focus on looking after our students while ensuring their educational progress is not dramatically affected by COVID-related impositions.

College Phone No. 9871 0400 Student Absence Line: 9871 0401

Assistant Principals: Mr Kris Johnson and Mrs Jackie Harris

College Council President: Ms Tammie Palmer College Captains: Olivia Kiefte and Samuel Ball

School Web Address: <u>www.norwood.vic.edu.au</u>

We are acutely conscious that parents and students are looking for clarity regarding the many school events that have been planned for the end of this term and early next term. The latest 'Operations Guide' from DE&T does not offer sufficient long-term advice for us to determine whether a couple of the events should be postponed or cancelled, but decisions *have* been made (in light of the advice of DE&T and the Health Department) regarding a several of these events.

The **Central Australian Tour** is a major event in the College calendar and one which we are *very* reluctant to cancel. We have been made aware that it cannot proceed this term break as planned, (issues related to COVID and travel restrictions). Consequently, the Year 11 Team and senior staff have looked at a range of options and we have been able to avoid significant financial losses that would occur with a cancellation, while minimising the extra costs that re-booking (particularly airfares) attracts and found a window of opportunity for the Tour to run in the Term 3 break. More information as soon as we have confirmed details.

We have been informed by DE&T that, at the moment, school Work Experience programs cannot run. Given that any change of that stance would not be published until late next week and given our **Year 10 Work Experience** program is scheduled for the week after that, we have been forced to cancel the program for this year. (The logistics of fitting it into our calendar at a later date offers too many hurdles for it to be viable). Therefore, all Year 10 students are expected to attend school during the last week of Term 2.



The **Year 9 City Experience**, again because of the details in the latest DE&T Operations Guide, cannot run in the last week of term. We have postponed this program because it can be run at a yet-to-be-determined time without impacting too significantly on other year levels or staff.

The **Year 12 Formal** has also been postponed until Term 3 in recognition of the current rules for social gatherings of large numbers. The Music Department's **Jazz Night** that was unable to be run in May has been shifted to Term 4 – the date will be published shortly.

All **Exams** (Year 9, 10 and 11) and Practice Exams (Year 12) will be run as advertised in our calendar. Not changing our existing planning for exams will allow staff to publish reports by the end of the Term – in our minds a most important outcome. To facilitate the writing of reports (and correcting of exams), the College 'Correction and Report Writing Day' (a **Pupil-Free Day** planned with the support of the College Council) will be held as advertised on **Friday**, **18 June**.

Underlying all these (and other) decisions about College events is an understanding that students and families highly value the many 'extra' events in their school lives. We know from conversations with many past students that some events are seen as 'rites of passage' for students and live long in their memories. We also know how sad it was, in 2020, that so many of these rites of passage were lost to our community.

We will endeavour to run as many of these events, for the rest of the year, as is possible within the DE&T/Government guidelines. We will, therefore, continue to plan in a context of all decisions requiring the careful consideration of financial losses to participants for a cancelation or possible extra costs when postponing an event to a later date.

We thank those parents who have shared their support for our efforts to keep the year as 'normal' as possible.

Andrew Sloane, College Principal

Memories from 2019



JUNIOR SCHOOL PRINCIPAL NEWS

AUSTRALIAN DENTAL HEALTH SCHOOL INITIATIVE

Norwood Secondary College will be providing students the opportunity to visit the Dental Health Van from Monday, 26 July. The Australian Dental Health School Initiative is



funded by Australian Dental Health and the Child Benefits Schedule. All families who choose to register/provide consent for their child will receive a FREE Dental Health Screening and tooth strengthening fluoride remineralisation.

If it is deemed necessary that your child requires further dental treatment, you will be contacted to discuss the advised treatment and provide consent.

In the coming weeks, students will be provided a Medical History and Consent Form. If you would like your child to take part in the initiative please return the form to the General Office by Wednesday, 14 July. Additional information will be provided with the medical history and consent form.

Kris Johnson, Junior School Principal

PREFECT NEWS

THE ROYAL FLYING DOCTOR FUNDRAISER THANKS

Thanks to the whole school community, the Year 11 fundraiser for the Royal Flying Doctors Service was a huge success. In total, students



managed to raise \$1,965, completely exceeding our expectations. On the day of our fundraiser, Norwood students got to enjoy their free-dress whilst attending their classes. The lunchtime Sausage Sizzle was very popular among the students with all of the food selling out. Other activities included a small mini golf course, which was an entertaining way to raise money as students tried their hands in winning a Sausage Sizzle combo.

The Year 11 Leadership Team put a lot of time into organising and setting up the event, manning the barbecue, monitoring the mini golf course and collecting the money. Thank you to all the staff and Year 11 students who were involved in the event and all the effort they put in to ensure the day not only supported the organisation, but provided Norwood SC with an enjoyable last day before lockdown.

Evan B, Year 11 SRC Representative

SENIOR SCHOOL PRINCIPAL NEWS

RESOURCES TO SUPPORT VCE STUDENTS

Last year was a particularly disruptive year, particularly for our Year 12 students. To support our students across the North Eastern Victorian Region, a new website was created to provide wellbeing support and study tips. This website remains in existence and has been updated to provide meaningful resources for senior students in 2021. It can be found at: <u>NEVR Year 12 Support Site</u> This website includes links to:



- Wellbeing resources
- Wellbeing Webinar series and factsheets hosted by Michael Carr-Gregg
- Updates for exam dates and study design changes from The Victorian Curriculum and Assessment Authority (VCAA)
- Study Skills

•

Staying connected including leadership and the NEVR student Forum

I would like to recommend the Wellbeing Webinar series to all VCE students, not just those in Year 12. This is a suite of unique, informative and engaging 30 minute webinars to support all VCE/VCAL students navigate their way through 2020/2021 and beyond. They were recorded last year and are still available, providing practical and evidence-based approaches that boost mental wellness and build resilience, motivation and connectedness. These recorded webinars include the following topics:

- 1. **Mental Wellness**: proactive and practical approaches to maintaining and improving your mental wellbeing.
- Call for Calmness: Understanding and practicing ways to achieve calmness in your life as an antidote to VCE stressors.
- 3. **Thoughtful Solutions**: Exploring common thinking traps that can lead to negative patterns of thinking and learning practical strategies to manage them.
- 4. **Digging Deep**: Identifying your personal motivators to maintain the effort required to achieve your short and long term goals.
- 5. **Virtual Connectedness:** Finding creative, innovative and unique solutions to bring us together.
- 6. **On the Horizon**: Looking through both a realistic and optimistic lens to a positive future with new knowledge, thinking and skills.

Students interested in viewing these recordings can access them using the following link:

https://sites.google.com/education.vic.gov.au/nevr-year12/webinars

I would encourage all VCE students to access some or all of these recordings.

Jackie Harris, Senior School Principal



Emotional & Mental Wellbeing

STUDENT WELLBEING TEAM COUNSELLING PROCESSES

It is well known that the need for mental health services has increased in Victoria since the ongoing COVID-19 pandemic started last year. Many Psychologists and other mental health services are reporting long wait lists and closed books for new referrals. Similarly, the Norwood Secondary College Student Wellbeing Team have observed a significant increase in the number of new referrals and demand for student appointments this year.

To continue to support the wellbeing of all students at NSC, while also managing this increased demand for counselling, the Student Wellbeing Team recently reviewed the service and, as a result, have made some revisions to make it accessible for all who desire it. Moving forward, the following will be the guidelines for counselling services offered at the College:

- The average counselling appointment will be approximately 30 minutes or half a class period
- The Student Wellbeing Team will support students for up to ten counselling sessions in a school year and, after that time, review their support needs and make appropriate recommendations, such as helping the student/family seek a referral to an external Psychologist.

The Student Wellbeing Team is cognizant of the fact that many students and their families are wishing to access the counselling service at the College. We hope that by slightly altering the parameters of the service, that all students who need counselling support are able to access it.

The Student Wellbeing Team thanks families for their understanding and ongoing support.



STUDENT WELLBEING NEWS

THE IMPORTANCE OF PRIORITISING WELLBEING

There have been a number of significant changes over the past few weeks (with the hard lock-down, reinstatement of COVID-19 restrictions, the current power outages and upcoming exams for students) – it is so important for us as a school community to be prioritising mental health and wellbeing. Please ensure over the coming weeks that there is time for self-care, exercise and proper sleep, and that you checking in with the people around you in order to strengthen social connections and offer support if needed. Below are listed some mental health services that may be useful to members of our community during this time.





Beyond Blue – for anyone feeling anxious or depressed. beyondblue.org.au 1300 224 636

Kids Helpline – counselling for young people aged 5-25 years. <u>kidshelpline.com.au</u> 1800 551 800

Lifeline – anyone having a personal crisis. <u>lifeline.org.au</u> 13 11 14





1800RESPECT – support for people impacted by domestic or family violence. <u>1800respect.org.au</u> 1800 737 732

MensLine Australia – for men with wellbeing or relationship concerns. mensline.org

1300 789 978

WELCOMING MIRANDA

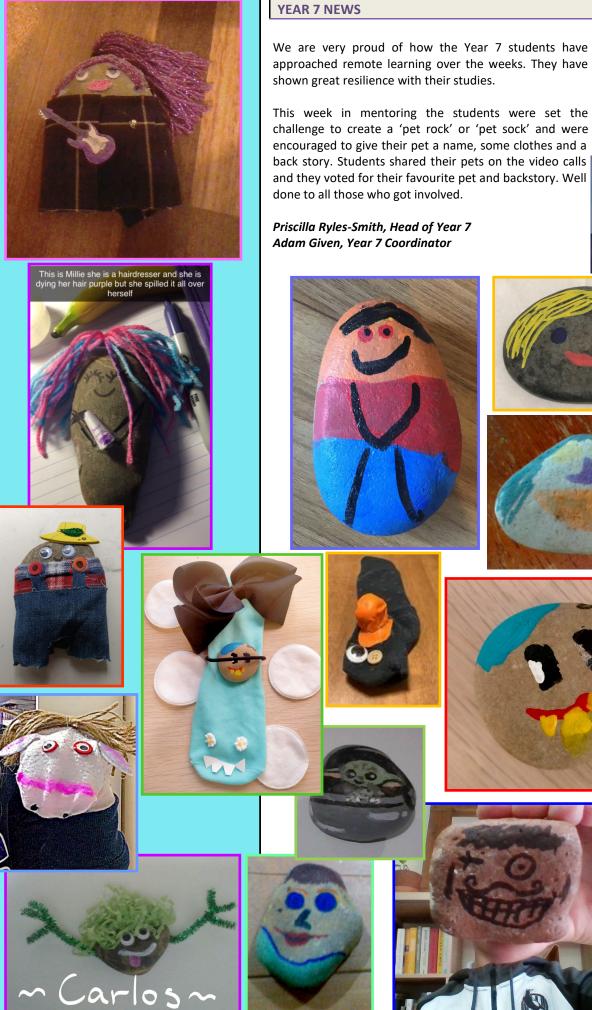
Miranda has joined the Student Wellbeing team at Norwood Secondary College. Miranda is a Social Worker who will be at the school in a fulltime capacity, working with the rest of the Wellbeing team to target interventions for individuals who need additional support to what they are already receiving from home or external services.

"Hi, my name is Miranda. I am a Social Worker who previously worked within a hospital in the area of Mental Health, but I have always

wanted to work within a school. I am very excited for this opportunity and to start at Norwood Secondary College."

Jacki Landy, Miranda Maginness, Chayna Dight-Stone and Annie Hearne, The Student Wellbeing Team























MUSIC NEWS

CONGRATULAIONS TO JASON S FROM YEAR 11 WINNER OF A PROFESSIONAL RECORDING SESSION

Since Year 7, Jason has been having singing lessons at the College. He has been a constant and reliable member of Chorale. Last year he achieved an outstanding A+ for his Grade 6 AMEB voice exam with the guidance of his teacher Ms Kim Blake. More recently, Jason has been preparing for the annual Jazz Night along with Senior school singers - Hannah S, Sam N, Chris T, Rachael S, Ella S and Rica P.





For the last 7 years or so, Norwood's Year 10 'Create a CD' class has travelled to Soggy Dog Studio to record original songs and covers. This year, the owner of Soggy Dog Studio gifted a 2 hour recording session to an upcoming Musician from the College.

Congratulation to Jason S.... the quiet achiever with a huge range, depth of tone and expressive voice. We are very proud of Jason's achievements and his growth and development as an outstanding singer. Well done!

ONLINE LESSONS

Year 7-10 have had 2 weeks of online lessons, many thanks to our students and instrumental staff for making this happen so smoothly. We have done it before and we can do it again. As yet, we have been unable to run ensembles online. Keep watching on MS Teams for updates.

WHY DO WE HAVE ENSEMBLES?

Schools receive minimal funding to assist with the Instrumental Music Program. If students are not in an ensemble we do not qualify for funding for that student. However, the most important reason is that being in an ensemble is the whole point of learning an instrument at school, to learn how to play together and to bond as a music group.

So many skills are learnt in the ensemble such as patience, discipline, teamwork, waiting for rewards (by finishing the piece), listening to directions, listening to each other, cooperation, and giving joy to others who are listening. Once we return from lockdown please continue to support your ensemble by rehearsing ensemble pieces at home, being on time, and being a leader at every rehearsal.

Here are some photos from 2020 and 2021 - just to show everyone how much fun we have in ensemble!

Jo Dema, Instrumental Music Coordinator













COMMUNITY NEWS

WINTER COMMUNITY KNITTING/CROCHET PROJECT

Dear College Community,

As Winter draws nearer it is time to start Knitting or Crocheting. This year we will once again contribute our efforts to the KOGO organisation.





knit•one•give•one

Please feel free to visit their website for inspiration and patterns. https://www.kogo.org.au/welcome

Scarves are always welcome – with a request this year to knit in Indigenous colours of red, yellow, black. There is also a special request for fingerless gloves.

EVERY knitted/crocheted item collected will be forwarded to this worthy cause. Included on pages 10-11 are two sample patterns – or visit the website and make your choice!

Thank you for your support. All items can be dropped off at our General Office. Keep knitting!

Lisa-Jane Walmsley, Craft Coordinator





TERM DATES 2021

Term 1 27 January (Teachers Only) to 1 April 2021

> Thursday, 28 January 2021 Years 7, 10 - 12 Friday, 29 January 2021 Years 8 - 9

Term 2 19 April to 25 June 2021

Term 3 12 July to 17 September 2021

Term 4 4 October to 17 December 2021

GENERAL OFFICE NEWS

CAMPS, SPORTS AND EXCURSIONS FUNDING (CSEF)

Camps, Sports and Excursions Funding is again available in 2021. We encourage all families holding a valid means tested concession card to apply now. An application form is available via the link.



Applications will be accepted until the last day of Term 2 - Friday, 25 June 2021

The CSEF payment cannot be used towards voluntary school charges, books, stationery, school uniforms, Music lessons, etc. Each time you wish to use your CSEF for an event, please print out the excursion form from Compass Education and write **"pay with CSEF"**. If you have any questions, please call the General Office on 9871 0400. https://www.norwood.vic.edu.au/community/

Jane Arnold, Business Manager

UNIFORM SHOP

SHOP HOURS:

MONDAYS THURSDAYS 8.30AM-11.30AM 1.30PM - 4.30PM



DOBSONS ONLINE (CLICK AND COLLECT):

Please visit: <u>www.dobsons.com.au</u> Navigate to **SHOP** in toolbar Click - Norwood Secondary College Logo

DELIVER TO HOME OR OFFICE: Metro Melbourne: Within 24 - 72 hours - \$10 Flat Rate

Jenny McKenzie, Dobsons Uniform Shop Coordinator

SECONDHAND UNIFORMS

FOR SALE

If you have secondhand uniforms you would like to sell:

- Ensure they are clean and in good condition
- Email the Uniform Shop for a sellers form
 - Complete the sellers form and make arrangements with the Uniform Shop to hand in.

FOR DONATION

All uniforms being donated to our Student Wellbeing Centre are to be handed in to the General Office only. Please ensure they are clean and in good condition.

Thank you







Help us spread the warmth

Very Simple Knitted Fingerless Gloves

This pattern has been kindly made available by Pamela Tatt from Knit4Charities Inc from her book "The Gift of Giving" available for purchase from <u>http://knit4charities.webs.com</u> -<u>knit4charities@gmail.com</u>



Materials

8 Ply yarn 4mm(No8) Needles Small amount of contrasting yarn Size Small (Large)

Instructions

Cast on 32 (40) sts Rib K2,P2 for 16 (20)cm [6 (8)"]

Finish with a few rows of contrasting yarn so it is easier to tell the top from the bottom of the gloves.

Cast off loosely in rib – it is wise to use a larger sized needle for casting off so that the edge is not too tight. This needs to stretch a little with the glove and be loose enough for a hand to fit through.

Fold in half lengthwise and sew up side seam for 8(10) cm [3(4)''] from bottom. The sew 5(7) cm [2(3)''] from other end leaving the middle section for the thumb hole. Be sure you don't make the thumbhole too small – try it out on your hand (or a male's hand) before finishing sewing.

The finished item will seem to be way too skinny but don't despair you will find it stretches easily to be a nice firm fit.

I like to use a contrast colour at the wrist end of the gloves – makes it easier to see where to put your hand in. You can also use fancy yarn like feathers on ladies and girls gloves. Footy colours for men are also popular.





Registrations are due by the last day of Term 2 and forms are available from the library ! Main event: Lunchtime Tuesday Aug 24



Please join us in our efforts to collect bread tags - tags collected will be recycled to fund wheelchairs in South Africa.



Bread tags are collected Australia wide and recycled into a range of products. See the website below for more information.



What can I do?

It's easy save your bread tags for a while and then drop off at the General Office - Norwood Secondary College.







ozbreadtagsforwheelchairs.org.au

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Barista Training for Teens



This one-day session is especially for teens looking for part-time work in the hospitality industry. It's a great opportunity to get an advantage by having coffee-making knowledge and experience. The class size is small, so there is plenty of time for hands-on practical experience.

Register at: https://www.socialplanet.com.au/request/guest/activity?id=2401

Date: Monday, 05.07.21 (1 week) Time: 9.30am – 1pm Fee: \$88.50





