

PURPOSE STATEMENT

Norwood Secondary College provides a vibrant teaching and learning environment

TERM 3
NUMBER 15
17 September, 2021

School Email Address: norwood.sc@education.vic.gov.au

College Phone No. 9871 0400 **Student Absence Line:** 9871 0401

Principal: Mr Andrew Sloane

Assistant Principals: Mr Kris Johnson and Mrs Jackie Harris

College Council President: Ms Tammie Palmer

College Captains: Olivia Kieffe and Samuel Ball

School Web Address: www.norwood.vic.edu.au

CALENDAR OF EVENTS 2021

TERM 3, 2021

Friday 17 September

Last day - Term 3

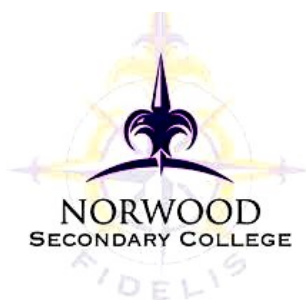
Early dismissal at 2.30pm

Happy Holidays!

TERM 4, 2021

Monday 4 October

First Day - Term 4



PRINCIPAL'S REPORT

THANK YOU AND BEST WISHES

Given the many challenges the Lockdown has caused for our students (and their families), it is very appropriate to pass on a big 'thank you' to the many students who have found ways to keep connected with the school and, importantly, to switch on their cameras during classes....that has made such a difference for all. Thank you also to our staff (teachers and support staff) who have continued to find ways to be positive in such difficult circumstances. (I think it is accepted that remote learning is, for most of our community, not as engaging or enjoyable as being together.)



Like all of you, I am looking forward to hearing of how we will be emerging from the constraints Lockdown has put on our lives. And like you, I cannot wait for our students and staff to all return to in-person schooling. *School* is so much more than the buildings and we are really missing 'our' students. The incidental conversations, the extra activities and events that have been cancelled and the enjoyment of teaching classes in person. All these are so different with remote learning.

To those students who are feeling less enthusiastic about returning to school or even feeling a bit disinterested in school in general: hang in there! Touch base with our Wellbeing Team or a teacher you trust, early next term. When you are allowed back....come back. Let us help you settle back into school and find your direction again. I am sure things will improve as we get back what we have always seen as normal.

Wishing you all a restful break and increased freedoms. Take care of yourselves.

Andrew Sloane, College Principal

In this issue you will read about:

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JUNIOR SCHOOL NEWS

It has been a challenging term for all members of the school community, however I have been particularly impressed by the resilience demonstrated by the students in the Junior School year levels. The overall attendance of the students has been consistent, and the effort applied to their learning, without the support of their teachers and classmates by their side, is to be highly commended.



We know that without the support, encouragement and perseverance of parents and carers the outcomes the students achieved may not have been the same. I just wanted to take this opportunity to thank the parent community for taking the time to support your child in the best way that you could under trying circumstances.

I hope that you are able to enjoy the break from school commitments over the next couple of weeks and look forward to welcoming the students back onsite at some stage in Term 4.

Kris Johnson, Junior School Principal



SENIOR SCHOOL NEWS

Without a doubt, this has been a challenging term! Students and teachers alike have risen to the challenge of remote learning 6.0 and parents have continued to offer support and encouragement. Together we have navigated online classes, new ways of conducting assessments, online assemblies and meetings, an abundance of electronic communications, the rescheduling of events (including the GAT three times) and the cancellation of important social occasions. Thank you for your resilience, persistence and support throughout Term 3. With great optimism, we look forward to a time when all students and teachers return to the classroom.



As we look ahead to Term 4, considerable planning occurs in earnest for the year to come, including the organisation of student subject preferences. These will be announced early next term. In addition, it is time to begin the selection process to determine our 2022 College Captains, Vice Captains and Prefects. There is a broad range of Prefect positions available, including Sport, Wellbeing, Environment, Performing Arts and Community Service/SRC. These are exciting roles and all interested Year 11 students are invited to complete applications and submit these no later than Friday, 8 October.

The role of a Captain/Prefect is a significant one that requires excellent communication skills and a strong desire to provide service to others. Captains/Prefects should be excellent role models for other students, demonstrate exemplary conduct in upholding the College values, represent the College at functions and events, both within the College and within the wider community, and demonstrate pride in such a position. The application process is a rigorous one, that helps prepare students for future employment applications. Students are required to write an application, deliver a speech and take part in an interview process. Interested students can access the application documentation either on their Year 11 Microsoft Teams page or on a Compass Newsfeed. We look forward to announcing the 2022 Year 12 Leadership Team next term.

Lastly, I would like to take this opportunity to wish everyone a well-deserved break. Hopefully the Victorian restrictions will ease sufficiently for you to enjoy the holidays and some good weather.

Jackie Harris, Senior School Principal





STUDENT WELLBEING COMMITTEE TRAINING

Maroondah Youth ran the second leadership training for our Student Wellbeing Committee remotely on Wednesday this week. The students and Youth Workers spent time exploring the role, developing an understanding about how values and emotions have an effect on leadership.



SUPPORTS AVAILABLE

With the holidays approaching, we wanted to take this opportunity to remind our community of support services available. In addition to the list below, the Department of Education and Training has also published a range of Mental Health supports for families and students over the school holidays, [click here](#).

Beyond Blue: For anyone feeling anxious or depressed.
beyondblue.org.au
1300 224 636

Kids Helpline: Counselling for young people aged 5-25 years.
kidshelpline.com.au
1800 551 800

Lifeline: Anyone having a personal crisis.
lifeline.org.au
13 11 14

1800RESPECT: Support for people impacted by domestic or family violence.
1800respect.org.au
1800 737 732

MensLine Australia: For men with wellbeing or relationship concerns.
mensline.org
1300 789 978

STUDENT WELLBEING NEWS

RUOK? DAY

We wrapped up our RUOK? Day celebrations last week with some amazing contributions from year levels across the school! Every student will have received a small RUOK? Day gift put together by the Student Wellbeing team to remind them to reach out and connect with the people around them and ensure their social circle is OK! We had a range of initiatives and strategies that ran over the course of the week, and we were so proud of the way the school community came together to recognise such an important day:

- A full-school Wellbeing Day on Wednesday
- A RUOK? Day booklet, with a huge number of activities to promote physical and mental wellbeing
- Staff using RUOK? Day banners as backgrounds during online lessons
- Year level leadership teams posting daily on MS Teams pages with helpful wellbeing tips and reminders to ask others RUOK?
- RUOK? Day takeover on social media over at @nscwellbeing



THAT SENSE OF LANGUISHING...

A large number of our students are saying that they are feeling flat, having difficulty staying focused and have lost motivation for their work. Given the challenges over the last year, and the current uncertainty about their world, this is completely understandable – but also very uncomfortable. The word for this is languishing (see this great [article from Adam Grant](#) for more information); that “blah” feeling characterised by difficulties in staying focused, feelings of mental and physical fatigue, motivation loss and a lack of interest in the things that typically bring us joy. Ideally we would rather be “flourishing”, where we feel connected to our environment and feel a sense of purpose. As a lot of our lives are on hold at the moment, (Sunday’s announcement pending!), and majority of our connections are now through a screen, it makes it difficult to promote flourishing and to avoid languishing. However – this is temporary! While we may not know how long this feeling will last, there are a range of ways to support young people who may be experiencing a sense of languishing:

- Establish a regular routine
- Find time for exercise
- Focus on the positives of each day (through a daily gratitude practice or something similar)
- Exploring creativity, through hobbies they enjoy that are not screen based
- Stay connected with others

While school holidays are here, and students are no doubt thrilled to be having a break from their learning, the school day does provide that sense of purpose that grounds our students. For some students, after a few days, the sense of languishing may be more heightened than before without the structure and purpose of the school day. If you find this is the case for your young person, use the tips above or any of the strategies outlined in the NSC Wellbeing booklet or RUOK? Day booklet to try and shake that “blah” feeling off.

**Jacki Landy, Miranda Maginness, Chayna Dight-Stone and Annie Hearne,
The Student Wellbeing Team**

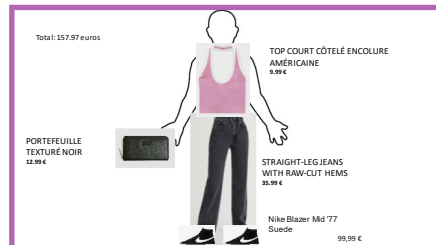
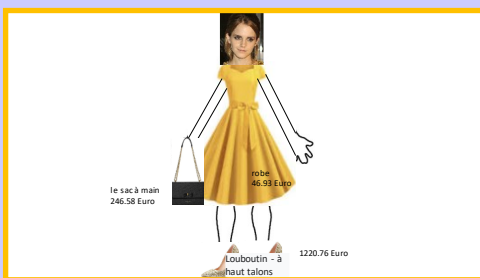
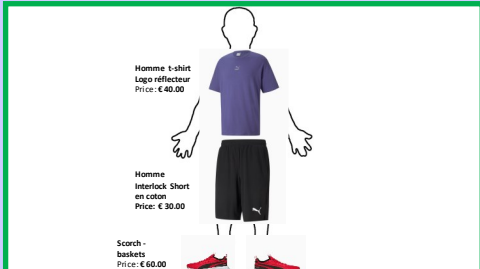
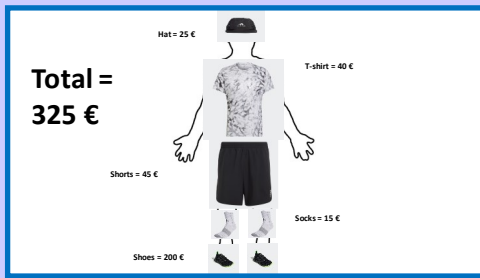
YEAR 8 FRENCH NEWS

In Year 8 French, we have been studying the vocabulary involved in clothing and going shopping.

Many students have completed a virtual shopping trip on French websites to create a complete outfit. We think you will agree that the results are cool and fashionable.

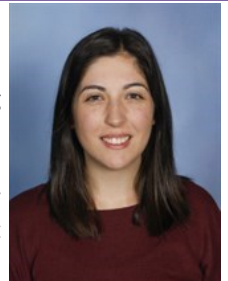


Jennifer Jeffrey, French Teacher



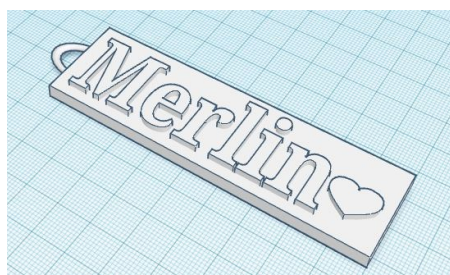
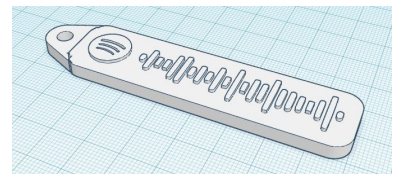
YEAR 7 STEM NEWS

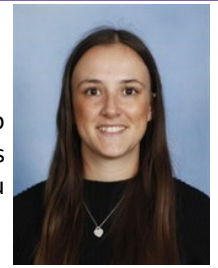
Our Year 7 STEM teams have worked hard this term to develop their 3D modelling skills using the TinkerCAD website. First we explored the processes involved in 3D design and printing through the tutorials, and practised these new skills by creating fun monsters. Along the way we learnt about the strengths and limitations of 3D printing as well terminology such as 'filament' and 'supports'.



For their final challenge our STEM superstars were tasked with designing a keychain or similar sized object that could be printed cleanly on our 3D printers when we return to school. Check out some of their amazing monsters and keychain designs!

Elisabeth Collins, Head of STEM





NATIONAL HEALTH AND PE DAY STRAVA ART COMPETITION WINNERS

A massive thank you to all staff and students who participated in the Strava Art competition. The entries were fantastic and it was great to see so many of you being physically active and creative.

Congratulations to the major prize (\$50 Rebel Sport voucher) winner Abigail R of Year 11, who submitted two awesome entries. We also have three minor prizes for Jess J of Year 9, Marcel P of Year 10 and Mia S of Year 11 who also contributed imaginative entries attached below.

Please come and see Miss Glare in the PE office on our return to school to collect your prizes.. Well done!

April Glare, Head of Health and Physical Education



HPE day- Strava art competition !

The brain- parts I ran parts I walked 🏃

Distance	Elev Gain	Time
7.20 km	145 m	50m 15s

Congratulations, this activity is your longest walk on Strava!

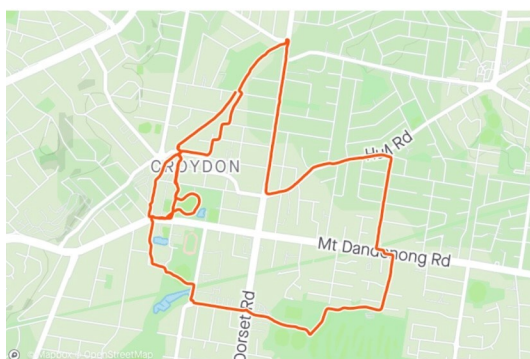


A Brain



A Tortoise

Raven

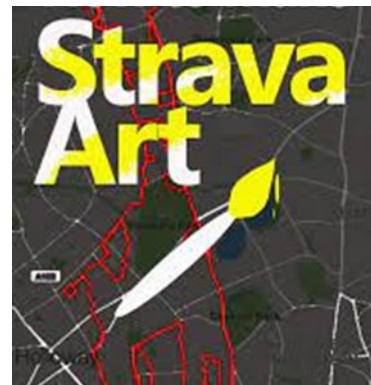


Distance	Elevation Gain
6.67 mi	262 ft

Moving Time
1:56:35

[View Analysis](#)

A Raven



A Gorilla



Junior Band and Junior Strings are now enjoying a short online rehearsal together. Last week Mr Werrett ran a music quiz where students played short melodies via numbers to guess the tunes!

Concert Band has continued all term with online band, building on the excellent rapport and respect established last year during lockdown. Thanks to Ms Innes and Mr Rousch for making this happen.

Chorale/Acappella started an online recording project last week. All students are recording their vocal parts for "A Thousand Years".

GOOD LUCK VCE MUSIC STUDENTS

Over the term break, the Year 11 VCE Music students will be performing their whole exam repertoire. This is a crucial step in preparation. Good luck to you all.

MUSIC NEWS

As we come to the end of the term, I would like to congratulate all Instrumental Music students for attending their online lessons. One of the best things you can be doing during lockdown is to keep up your lessons and practice. Music is good for you mentally (breathing and keeping in time) and for your memory and self-discipline!



GUESS THAT BABY!

All ensembles have had fun with a "Guess that Baby" quiz where students guessed the names of the Instrumental Music staff from their baby photos! It is pretty tricky, here are the answers!



I still love my teddy bear!
Who am I?



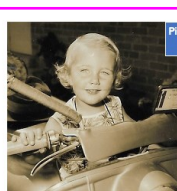
Pic #1



Row, Row, Row your boat
gently down the stream,
Can you name the rowing child?
Life is but a dream!

Pic #2

I still like bike-riding.
Who am I?



Pic #3



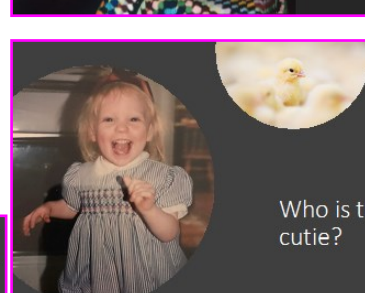
I was born playing music?
Who am I?

Pic #4



Which dancing toddler is this?

Pic #5



Who is this cutie?

Pic #6



Name this cuddly bub!

Pic #7



You'll never guess who I am!!!

Pic #8



Clues:
I am relatively new to Norwood and I like running! I play reed instruments.
Who am I?

Pic #9

Who am I?
Do you like my shoes?



Pic #10

1. Ms Innes
2. Mr Howard
3. Ms Laity
4. Mrs Barry
5. Mrs Dema
6. Ms Calder
7. Mr Smyth
8. Ms Hill
9. Mr Werrett
10. Mr Rousch

Jo Dema, Instrumental Music Coordinator

COMMUNITY NEWS

VCAL 2021 AUSSIE BREAD TAG COLLECTION

Aussie Bread Tags – Year 11 VCAL 2021 collection
A huge thank you to the Norwood Community for your support so far. The last count, just before Lockdown was 2.6 kilos.

As lockdown continues we encourage you to keep collecting – when we do return to school the VCAL class is looking forward to counting and sorting the Bread Tags and providing you with a new update.

Our collection is a long-term project that will continue to run into 2022 so keep on collecting. Every TAG counts!

Many thanks from Year 11 VCAL



WINTER KNITTING PROJECT

Thank you for your support during our winter knitting project. It is always exciting to see the range of items that have been made.

As Winter draws to an end I am sure many will continue to knit – so if you are keen all items will be accepted and forwarded on to KOGO. If you need inspiration please feel free to visit the website.: <https://www.kogo.org.au/welcome>

Keep knitting!

Lisa-Jane Walmsley, Community Coordinator



UNIFORM SHOP

SHOP HOURS:

MONDAYS 8.30AM-11.30AM

THURSDAYS 1.30PM - 4.30PM

CLOSED DURING LOCKDOWNS AND SCHOOL HOLIDAYS



DOBSONS ONLINE (CLICK AND COLLECT):

Please visit: www.dobsons.com.au

Navigate to **SHOP** in toolbar

Click - Norwood Secondary College Logo

DELIVER TO HOME OR OFFICE:

Metro Melbourne: Within 24 - 72 hours - \$10 Flat Rate

Jenny McKenzie, Dobsons Uniform Shop Coordinator

SECONDHAND UNIFORMS

FOR SALE

If you have secondhand uniforms you would like to sell:

- Ensure they are clean and in good condition
- Email the Uniform Shop for a sellers form
- Complete the sellers form and make arrangements with the Uniform Shop to hand in.



Jenny McKenzie, Dobsons Uniform Shop Coordinator

FOR DONATION

All uniforms being donated to our Student Wellbeing Centre are to be handed in to the General Office only. Please ensure they are clean and in good condition.

Student Wellbeing Centre

Thank you

TERM DATES 2021

Term 1

27 January (Teachers Only) to 1 April 2021

Thursday, 28 January 2021

Years 7, 10 - 12

Friday, 29 January 2021

Years 8 - 9

Term 2

19 April to 25 June 2021

Term 3

12 July to 17 September 2021

Term 4

4 October to 17 December 2021

COMMUNITY AND BUSINESS ADVERTISEMENTS

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Want \$500 to help you with school costs?

saverplus

Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment*
- ✓ Be studying yourself **OR** have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:



For more information, please contact your local Saver Plus coordinator:

Richard Pemberton
enquiriesSP@berrystreet.org.au
0407 567 312

DELIVERED BY

BERRY STREET

Find out more at saverplus.org.au

saverplus

BERRY STREET

Believing In Children,
Young People, Families
& Their Future.

What is Saver Plus?

- BB A free ten-month savings program providing financial education, budgeting and savings tips.
- AA Participants receive up to \$500 from ANZ in matched savings for education costs for themselves or their children.
- ✓ Delivered by Brotherhood of St Laurence, The Smith Family, Berry Street and other local community organisations.
- 🏠 Offered in communities across Australia in every state and territory.

A Saver Plus Participant's Journey



Who can join?

- Participants must meet all of the below criteria:
- Be 18 years or over
 - Have a child at school or starting next year, or attend vocational education themselves
 - Have regular income from paid employment (themselves or their partner)*
 - Have a current Health Care or Pensioner Concession Card
 - Be in receipt of an eligible Commonwealth social security benefit, allowance or payment*

Benefits for participants¹

- 87% continue to save the same amount or more 3 to 7 years after completing the program
- 78% were better equipped for unexpected expenses
- 88% reported increased self-esteem
- 80% had more control over their finances

How did it start?

Saver Plus began in 2003 as a Brotherhood of St Laurence and ANZ pilot program with 200 participants in three sites across Victoria and New South Wales.

Since then, the program has expanded to all Australian states and territories, reaching more than 45,000 people, making it the largest and longest-running program of its kind in the world.

Since 2003²:

- 45,000+ participants
- \$24m+ total amount saved by participants
- \$19m+ matched funds paid by ANZ

Find out more

- 1300 610 355
- saverplus@btl.org.au
- saverplus.org.au
- @SaverPlusAU

saverplus

Guide for eligible savings goals

Eligibility:	Item
Education items that are eligible:	✓ Text books
	✓ Uniform mandatory for education (sports uniform included for children only)
	✓ Computers and tablets (new or purchased from a business that sells second hand)
	✓ Stationery
	✓ Furniture for studying (desk, chair, book shelves, desk lamp)
	✓ Tutoring specific to study
	✓ TAFE/VET/University fees
	✓ Computer Accessories (antivirus software, the Microsoft Office suite, monitor, modem, printer, external hard drives, other hardware etc.)
	✓ Bulk transport passes (monthly, 6 monthly and yearly passes) to school, university or TAFE
	✓ Equipment and industry specific clothing mandatory for vocational training. Please note that evidence must be provided to show that the equipment and/or clothing is a requirement for the course being undertaken
	✓ Short courses & conferences that complement the vocational training being undertaken.
For children only the following educational items are also eligible:	✓ Children's Primary and Secondary School items that are eligible: <ul style="list-style-type: none"> • Excursions, trips and camps • School bag, lunch box, drink bottle • School materials • Laptop Hire Scheme • School materials for specialist subject costs • School photos
	✓ Children's club or community activity items (e.g. sport, music, dance, scout/girl guides, cadets, art): <ul style="list-style-type: none"> • Membership fees and lesson fees such as swimming or piano lessons • Equipment and uniform • Excursions, trips and camps
Not eligible:	✗ School fees
	✗ Childcare fees and school holiday programs
	✗ HECS-HELP debts
	✗ VET-FEE-HELP debts
	✗ Motor vehicles and accessories, driving lessons and car parking costs
	✗ Medical or health equipment
	✗ Glasses (prescription or otherwise)
	✗ Mobile Phones, Mp3 Players TV's or gaming consoles
	✗ Internet Plans
	✗ Shoes, clothes or accessories for school uniforms
	✗ Shoes, clothes or accessories for outside school, including watches, wallets and purses
	✗ Non study related furniture
	✗ Bicycles
	✗ Gym memberships
	✗ Second hand goods not through registered dealer (with ABN)
	✗ Item purchased without a Tax Invoice that includes an ABN

Want \$500 to help you with school costs?



Get ready, the Dobsons annual Buy Early & Save Sale is about to begin!
Save on selected uniform items when you shop with Dobsons from
Wednesday, 1 September - Sunday, 31 October 2021.

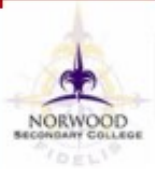
Beat the back-to-school rush and save on a range of selected items,
including: • Blazers • Summer Dresses • Summer Shirts • Bags •
Sportswear

With a pain free returns policy, now is the time to plan ahead. Whether
your child finds a few extra centimetres over the holiday break or not as
many as you'd thought, Dobsons has you covered with a quick and simple
returns policy*.

Once our Dobsons stores re-open we would love to welcome you in store
but until then we look forward to servicing your uniform needs online. To
shop the sale online go to dobsons.com.au

***Terms & Conditions apply. Sale available online from 1 September and in store once retail store services**

DOBSONS
Look smart



YEAR 11 VCAL 2021

BREAD TAGS FOR WHEELCHAIRS



Please join us in our efforts to collect bread tags - tags collected will be recycled to fund wheelchairs in South Africa.



Bread tags are collected Australia wide and recycled into a range of products. See the website below for more information.



Re-made in Robe!



What can I do?

It's easy save your bread tags for a while and then drop off at the General Office - Norwood Secondary College.



ozbreadtagsforwheelchairs.org.au

COMMUNITY AND BUSINESS ADVERTISEMENTS

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Wednesdays
7:30-9:30pm
From 20 October 2021
Free

**RINGWOOD
CHURCH**
OF CHRIST

**The
Marriage
Course**

Do Date Night Differently

We would like to invite you to set aside 7 nights as date nights with your partner and participate in the Marriage Course online.

For any couple, married or not, that wants to invest in their relationship.

7 weeks - No group discussion! A video to watch and then discuss the topic together.

To register or for further information, visit:
<https://www.trybooking.com/BTZKL>