

PURPOSE STATEMENT

Norwood Secondary College provides a vibrant teaching and learning environment

TERM 3
NUMBER 12
19 August, 2022

School Email Address: norwood.sc@education.vic.gov.au

College Phone No. 9871 0400

Principal: Mr Andrew Sloane

Assistant Principals: Mr Kris Johnson and Mrs Jackie Harris

College Council President: Ms Tammie Palmer

College Captains: Caitlin Weatherburn and Evan Barjak

School Web Address: www.norwood.vic.edu.au

CALENDAR OF EVENTS 2022

TERM 3, 2022

Thursday, 18 to Saturday, 20 August
College Production - Shrek the Musical

Thursday, 25 August
Parent Student Teacher Conferences

Thursday, 1 to Friday, 2 September
Year 10 Snow Camp

Wednesday, 7 September
GAT

Thursday, 8 to Friday, 9 September
Year 9 Outdoor Education Surf Camp

COLLEGE PRINCIPAL REPORT

ATTENTION SPANS AMONGST OUR YOUNG

An interesting article in the latest 'Education Review' offers thoughts on some of the effects of our increasing use of technology – particularly the use of social media platforms. Studies in England have indicated that a typical student's attention span has been dropping in the past decade – perhaps to as low as 10-15 minutes. (I was actually quite shocked at this figure!)



However, reflecting on social media such as Tik Tok, it is perhaps not surprising that a medium that may only demand a few seconds of engagement can deplete a young person's capacity to maintain focus on tasks requiring more sustained concentration. Reading a newspaper or an English text may prove to be a substantial challenge to young people who are more accustomed to rapid processing of short 'chunks' of entertaining images.

An additional hurdle to focussing on a task is the distraction created by the sounds of messages arriving on a phone. Even if a student turns off their phone when focussing on study, there can be a continuing distraction to their brains as they have become tuned into 'expecting' interruptions from their phones.

Yet technology has become an integral (and highly beneficial) part of education. It has a powerful and positive effect on how teachers deliver, and students receive, our educational programs.

So it is critical that we (schools and families) find ways to balance the positives and negatives.

Using a variety of teaching strategies in schools; a break from using technology by turning off devices and doing something physical, when at home; 're-training' one's brain to persevere in extended reading (start small and build up 'reading resilience'); stand and stretch during classes at school and homework time – even better if coupled with a few deep breaths; reward any gains in persistence in study with an enjoyable activity. All these are strategies that can assist all students (and adults) to overcome the documented negative impacts of our digital devices. These



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SRC NEWS

YEAR 8 SRC REPORT

Two weeks ago, the Year 8 Leadership Team organised a second-hand bookstore, to raise funds for one of the world's leading conservation organisations, the World Wildlife Fund for Nature.



To practise recycling, we encouraged anyone from the Norwood community to donate unwanted books. We then held a bookstore where books were priced at \$1, \$2, or \$5 each.

The unsold books are being donated to the Salvation Army. Thank you so much to the Year 8 Leadership Team, including students and teachers for making this possible!

Sapphire A

THE Big Sister EXPERIENCE



devices have so much to offer us, but we must ensure they don't impede our capacity to continue to learn through multiple modes.

If we are aware of the various impacts of devices, we can work to exploit their many advantages and minimise their negative effects....particularly on attention spans. I believe this is too important a challenge for us to ignore.

Andrew Sloane, College Principal

STUDENT WELLBEING NEWS

BIG SISTER EXPERIENCE

Last week, follow up workshops were held for students in Years 9 and Year 10 who participated in the Big Sister Experience in term 2.

This Big Sister Experience is a program that inspires self-love and self-confidence and explores topics such as body image and healthy relationships.

The program aims to open up conversations on important topics and empower teens with strategies to ask for help, seek information, and support one another.

"I loved having the Big Sister Experience workshop and found that this was like therapy, I wish they could keep coming back"

– Nikki, Year 9

"Having the Big Sister Experience return this term was amazing and it covered lots of information that was really relevant to our experiences."

– Chloe and Phoebe Year 10



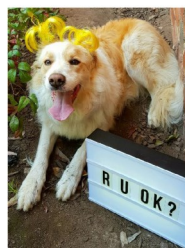
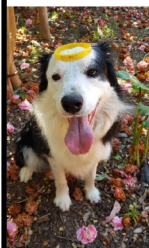
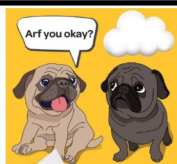
RUOK? PET PHOTOS

RUOK? DAY for 2022 is Thursday 8th September.

To help celebrate the Student Wellbeing Team is encouraging students and staff to contribute to a photo collage featuring our pets promoting the RUOK? Message.

Our pets are always there at the end of a hard day, to listen and lend a helping paw (fin/feather) if needed. Learn from our animal friends, listen and ask someone today, "R U OK?"

If you would like to participate, please take a photo of your pet (with a splash of yellow as the theme) and send it to nscwellbeing@norwood.vic.edu.au by Monday 5th September.



Start a conversation using these 4 steps

- 1 Ask R U OK?
- 2 Listen without judgement
- 3 Encourage action
- 4 Check in



No qualifications needed



Jacki Landy, Miranda Maginness, Chayna Dight-Stone and Annie Hearne
The Student Wellbeing Team



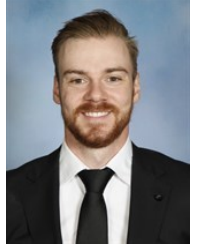
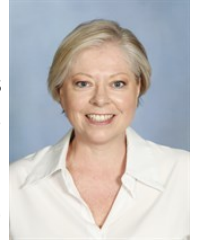
YEAR 8 NEWS

SUMMIT CAMP

Students in Year 8 just enjoyed a wonderful time at The Summit Camp. There was constant excitement as students enjoyed the camp facilities like the Flying Fox, Laser Tag, Giant Swing, Rock Climbing and much more.

Many students showed great courage and leadership through this time and we are proud of the way they conducted themselves on this camp.

A huge thank you to the staff who came on this adventure with us and a big thankyou to all the staff involved back at the College for all the other additional preparations necessary in order to make our camp run so smoothly.



*Alison Ward, Head of Year 8
Dan Cole, Year 8 Coordinator*



STEM NEWS

FLOOD SHELTERS

Students in Year 7 studying STEM this semester have been designing flood shelters in groups using online software.

Their design brief was to build a shelter and they were also required to interview a client/flood victim to then use empathy to tweak the flood shelter within economic and personal parameters.

Students have now started the build process and in two weeks they will carry out their testing, redesign and re-testing.

Students will then document the entire learning journey on to a major assessable document produced collaboratively online.

Alex Papanotas, STEM Teacher



UNIFORM SHOP

SHOP HOURS:

MONDAYS 8.30AM - 11.30AM

THURSDAYS 1.30PM - 4.30PM

DOBSONS ONLINE (CLICK AND COLLECT):

Please visit: www.dobsons.com.au

Navigate to **SHOP** in toolbar

Click - Norwood Secondary College Logo

Jenny McKenzie,

Dobsons Uniform Shop Coordinator



FOR SALE

Secondhand uniform sales are currently suspended due to technical issues with the Dobsons website, we apologise for any inconvenience during this time.

FOR DONATION

All uniforms being donated to our Student Wellbeing Centre are to be handed in to the General Office only. Please ensure they are clean and in good condition.

Thank you



CAREERS NEWS

MORRISBY TESTING

It has been a very busy time in the Careers Office. All Year 9 students have completed their Morrisby Career Interviews over the last two months. After these individual counselling sessions each student may now have more of an idea of their future career direction.



VET SUBJECT APPLICATION

Next year is fast approaching and applications for all VET subjects have been submitted to secure a spot for 2023. If you have not completed your application, please see Mr Duncan to discuss.

VTAC REGISTRATION

VTAC registration is now open for all Year 12 students to put their preferences in for University and TAFE placement next year. The registration will close on 29 September 2022, so ensure to have all your choices made before Change of Preference closes in December.

A presentation was made to the Year 12 students regarding their application with a special focus on the Special Entry Access Scheme (SEAS). If students are planning to submit a SEAS application it would be appropriate to start collecting the necessary documents. Please see Mr Duncan in the Careers Office if you have any questions.

University Open Day season is now well and truly underway. Some have already taken place, and some are scheduled for the coming weeks. It is an important decision so any information you can gather at these Open Days can be very helpful.

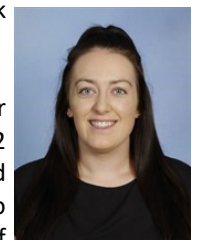
Paul Duncan, Pathways Coordinator

VCAL NEWS

CRAZY SOCK DAY

On Monday, 15 August VCAL students ran a Crazy Sock Day in support of the charity "2 Pairs Each".

Students were invited to wear a pair of socks of their choosing and in return donate a new pair of socks to 2 Pairs Each. This local charity, founded by a 16 year old Victorian boy, aims to collect 50,000 pairs of sock to supply every homeless person in Victoria with 2 Pairs of socks.



On the day over 300 pairs of socks were collected. Thank you to all who took part.

Tegan Kite, VCAL teacher



PRODUCTION NEWS

SHREK THE MUSICAL

Norwood's Musical Production is back and it's 'really, really BIG'! We performed our matinee to a *live* (and wriggling and giggling!) audience of primary school students on Wednesday 17 August.



It was such a blast for all the cast, crew and staff to hear the laughter as well as the on-cue "Oohs, Ahhs and Awws" erupting from the auditorium!

I will let the pictures, taken during Tuesday's epic tech run by our own Scott Dixon, tell the tale and, hopefully, entice and excite you all to come along and be blown away by our students' brilliance!

There are still a few tickets left for Friday and Saturday nights, so get yours today on the Karralyka website:

<https://www.karralyka.com.au/Theatre/Touring-and-community/Norwood-Secondary-College-Shrek-the-Musical>

Lucy Filor, Producer College Production



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October

5th

TBall & Under 12's 5 - 6pm

Under 14's 6 - 7pm

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Enq - Heather 0438 518 011



BOOKINGS
Scan the QR Code

Email - juniors@uftgbbc.com.au

**KINGS PARK - WILLOW RD,
UPPER FERNTREE GULLY**
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PARK ORCHARDS
MARKET
 Saturday 20th August
 10am - 2pm
 Venue: Park Orchards Primary School

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