

PURPOSE STATEMENT

Norwood Secondary College provides a vibrant teaching and learning environment

TERM 2
NUMBER 4
16 June, 2023

School Email Address: norwood.sc@education.vic.gov.au

College Phone No. 9871 0400

Principal: Mr Andrew Sloane

Assistant Principals: Mr Nick Mammoliti and Mrs Jackie Harris

College Council President: Ms Tammie Palmer

College Captains: Mia Brice and Ethan Wilson

School Web Address: www.norwood.vic.edu.au

CALENDAR OF EVENTS 2023

TERMS 2 & 3 2023

Saturday, 17 June - Wednesday, 28 June

Year 11 Central Australia Tour

Monday, 19 June - Friday, 23 June

Year 9 City Experience

Year 10 Work Experience Program

Monday, 19 June - Tuesday, 20 June

Year 12 Amazing Race

Tuesday, 20 June

EMR Year 7 Boys' Football

Tuesday, 11 July

EMR Senior Boys' Football

Monday, 17 July - Wednesday, 19 July

Music Camp

Friday, 23 June

Last Day of Term 2, 2.30pm Dismissal



PRINCIPAL'S REPORT

TERM 2 REFLECTIONS

Students and staff are both ready for a break. While Term 2 has been shorter than Term 1 (being only 9 weeks long) there have been many 'events' that have added to the sense that a lot has happened. Year 9, 10 and 11 have all now completed their exams. Teachers are correcting and writing reports and next week will see students' Reports distributed, Year 9 will embark on their City experience, Year 10 will be involved in Work Experience and our Year 11 Central Australian Tour group departs. In the past weeks we have also had the Year 12 Formal (a wonderful evening that highlighted the sense of comradery amongst our Class of '23), Jazz Night and the Athletics Sports. Add to those the two Presentation Balls and a full interschool sports program, and it's not hard to understand that many of our students are very much looking forward to the break.



The legacy of our 'COVID-impacted' years of schooling still lingers. We are noticing, as are many schools, that students are still catching up on skills that didn't fully develop when we were in 'remote learning'. There is a feeling that some students still struggle to focus for a full hour (the length of our classes), having had time without a teacher being able to interact with them person to person in a classroom, during remote learning. We recognise the importance of working with our students to help them regain that capacity to persist for 60 minutes. We see it as an important life skill for both future employment and for recreation.

Most recently we have noticed that some students may be using 'toilet breaks' during class as a means of avoiding this need to persist with classwork. We are endeavouring to work with our students to find the appropriate balance between keeping all students in their classes for the full 60 minutes and recognising that some students will legitimately ask for a bathroom break.

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- General Office News p 6



PRINCIPAL'S REPORT

We are also aware that 'vaping' has become an issue amongst our young people. It is particularly saddening for people of my vintage who felt we had 'won' the battle against smoking of cigarettes at school. It had become very rare for students to smoke at school, over the last decade or so. Parents would be very aware of the information being shared in the media about the serious health concerns with unregulated vapes being able to be accessed by children. Containing quite shocking levels of nicotine and a cocktail of other chemicals, but being packed in a manner that allows easy concealment and use, 'vapes' have become a problem in all schools....and communities. We ask that parents support the staff at Norwood, by talking with your children about the health concerns associated with vaping and, if your child is found to be vaping at school, to be 'in step' with the school and our responses.

YEAR 12 FORMAL

Our Year 12s had a very enjoyable evening, last Thursday, at their Formal. As they have in past years, our students were immaculately presented and behaved as one would expect – as young adults having a lovely time together. Thank-you to the student organisers and to the many staff who shared the evening – our students did themselves proud.

CENTRAL AUSTRALIA TOUR

After several years of not being able to offer our Year 11s the opportunity to tour central Australia, we are thrilled to wish our Tour group 'bon voyage' for the next two weeks. With some 'tweaks' to past trips, our students will fly in and fly out – maximising their time at the key places they visit. We wish them all the very best and look forward to their safe return. A very big thank-you to the teachers who are making the trip possible and to Rod Mitchell and Annie Hearne who are leading the Tour.

Andrew Sloane, College Principal



YEAR 8 NEWS

STUDENT-LED ASSEMBLY

Recently our Year 8 leaders have been working tirelessly over the past few weeks to organise, prepare and run a student-led assembly to celebrate academic improvement and achievement over the last GPA cycle.



Our leaders, brilliantly led by Chiara Geals and Jaime Preston-Allen have sacrificed a number of their recess and lunchtimes resulting in a flawless assembly in which our Most Improved and Highest Achievers were presented with their awards.

In conjunction with the awards, a group of outstanding students from 8E and 8H presented a performance of the poem If - By Rudyard Kipling in front of a large group of 180 students. Thank you to Ms. Miranda Ferrie for her dedication and support of the students in helping them to prepare to perform at such a high level.

As the end of term is fast approaching, we wish you a wonderful and relaxing holiday.

Daniel Cole, Head of Year 8, and Claire Jones, Year 8 Coordinator



PRODUCTION NEWS

ANASTASIA THE MUSICAL

Norwood Secondary College's 2023 production rehearsals are really hotting up as the weather cools right down!



The brilliant cast of Anastasia have been rehearsing madly for the past 2 terms and we are all incredibly proud of how it is looking ... and sounding!

Our brilliant leads include Hannah M in the title role, Georgia W-D as the street-smart Dmitry, Logan B as Dmitry's older but not necessarily wiser partner in 'the greatest con in history', Elijah M as the new regime's soldier charged with the task of preventing the emergence of the Princess Anastasia, Bel J as Anastasia's only surviving relative the Empress Dowager, and Alex B as the party-going Lily who is also the Dowager's closest friend and confidant. Their soaring voices, both individually and combined, are sure to raise goosebumps and bring a tear to the eye.

Under the deft guidance of Mrs Joanne Dema and Mrs Ruth Barry, the complex and sublime musical score is being lifted to unimaginable and giddy heights; all involved, including leads, feature chorus, full ensemble and orchestra, can be immensely proud of the outcome of their work so far.

The brilliant dance numbers encompass a great range of styles and expertise from traditional ballet – which has given us the opportunity to properly feature the incredible talents of Emily R, Hayley T and Isabella M – to Ballroom, Charleston, Tango and Russian Hopak!

Thankfully, we have elicited the support of two brilliant staff members: Ms Marcelle Greto and Ms Caitlin Noone whose choreographic expertise makes these scenes positively sparkle! Tickets will go on sale at the start of Term 3 so stay tuned, book in and don't miss out!

Lucy Filor, Production Director



STUDENT WELLBEING NEWS

END OF TERM 2

As we approach the end of another term, it is important to take a moment to reflect on our wellbeing and celebrate the efforts we have made to prioritise our mental, emotional, and physical health. This term has undoubtedly presented its challenges for some, but through resilience and self-care, we have navigated the ups and downs.

As we conclude this term, it is important to express gratitude for the journey we have undertaken together. Take a moment to reflect on the lessons learned, the personal growth achieved, and the connections made. Recognise and celebrate the efforts and achievements of yourself and others, no matter how big or small. Gratitude helps develop a positive mindset and encourages us to find joy in the present moment.

As we embark on a well deserved break, we must remember that importance of maintaining our wellbeing. Take the time to rest, rejuvenate, and engage in activities that bring you joy and peace. Set intentions for the next term, focusing on personal growth and wellbeing. Let us return refreshed and ready to embrace new challenges, knowing that we have the strength and support to overcome them.

Wishing you a restful break filled with joy, laughter, and rejuvenation.

"On Tuesday, 13 June the Year 9 leadership team attended a leadership day at the 'Friendship Ninja Zone' at Eastland with Ringwood Heights Primary School students. We spent the day working with the Year 5/6 students to expand our knowledge of leadership and what it means to be a leader.

The day started with a get-to-know-you bingo so we would all be more comfortable and could get to know a bit about the 5/6 students. We then dove into the topic of Values and how our Values make us who we are. After a detailed discussion, we then did a shopping challenge with our set group, where we had five dollars and with that money, we had to get five different items that fit different criteria's. This was our personal favourite as we got to work with our team and build our teamwork skills.

To wrap up the day we watched some videos about inspiring people and discussed what makes a good leader. Overall, we really appreciated the knowledge we gained about leadership and would like to thank everyone who helped make this happen".

Sincerely Marissa, Logan, and Alexa Year 9

Congratulations to all participants. All students represented themselves and the College with great pride.

STUDENT WELLBEING NEWS

UNWINDING AFTER EXAM STRESS

As you embrace the relief that follows this stressful period, it is essential to prioritise your wellbeing. Taking time to relax and unwind can help you recharge, rejuvenate, and maintain a healthy perspective.

Effective strategies for relaxation after exam stress:

- **Breath:**
Take a moment to stop and breath. Deep breathing and meditation are effective tools to calm the mind and reduce stress. Find a quiet space, sit comfortably, and take slow deep breaths.
- **Physical activity:**
Exercise is a fantastic way to release endorphins, improve mood, and alleviate stress. Engage in activities you enjoy, such as running, cycling, dancing (even if it is around your room with music blasting) or walking. Physical movement not only benefits your physical health but also provides mental clarity and relaxation.
- **Get creative:**
Engaging in creative pursuits can be immensely therapeutic. Whether it is painting, writing, playing an instrument, or cooking, immerse yourself in activities that allow you to express yourself and unwind.
- **Self-care:**
Prioritise self-care activities to nurture your mental and emotional wellbeing. Treat yourself to a relaxing bath or indulge in a favourite book or movie. Take time to listen to what your body needs.
- **Socialise and seek support:**
Spend time with friends and loved ones who uplift your spirits and create a positive environment. Engaging in social activities can help you unwind and share your experiences. Connecting with supportive individuals can alleviate stress and bring a sense of relief.

Remember, relaxation is not a luxury but a vital part of maintaining overall wellbeing. Prioritising time for relaxation after exam stress will not only help you recover but also equip you with the mental and emotional resources to face future challenges with resilience.

As you embark on your well-deserved break, make a conscious effort to incorporate these relaxation strategies into your routine. Celebrate your accomplishments, take care of yourself, and return feeling refreshed.

Jacki Landy, Miranda Maginness & Jason Boyce. The Student Wellbeing Team.



LIBRARY NEWS

HOUSE READING CHALLENGE 2023

The library's 'House Reading Challenge 2023' for students in Years 7 – 9 has begun. It is in its early days however the students are already reading up a storm.

The competition will finish on 25 August. Until then, each time a student reads anything –they can fill out a House-coloured slip and pop it in their House jar.

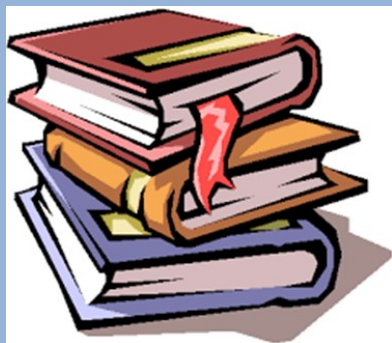
If you read it, we want you to record it.

The House with the most points will win a Pizza Lunch. Individual readers also have the opportunity to win some great prizes too.

'Holiday Bonus Reading Challenges' are now available in the Library and will be emailed to students who have already registered by recording their books in the House Reading Challenge jars.

We look forward to seeing your holiday activities on our Instagram page. Use the hashtags #norwoodlibrary and #readingchallenge.

Which house will win the Reader's Cup and enjoy the pizza lunch?



House Reading Challenge 2023



SPORTS NEWS

Congratulations to our Year 7 Boys' Football team who took home the Maroondah Division Pennant.

Every single student played a vital role on the day and stood up when it was their time to contribute and put their body on the line.

The tightest and most thrilling game of the day was against Ringwood. Trailing by eight points at half time, the team dug deep to hit the front halfway through the final quarter. The Ringwood team came back though. They goaled with two and a half minutes remaining and they celebrated as if the game was over.

Our team demonstrated resilience though and never gave up. With a minute to go, Ringwood were attacking. Beau, on the last line of defence, made the decision to leave his opponent and with a 'Matty Scarlett' like Soccer kick gave our team one last chance at victory.

Enter Toby P, who was able to rove the back of the pack from the last kick inside 50, to run into the open goal and seal victory by 1 point. It was the last kick of the game and gives our team the opportunity to play at the Eastern Region Championships on Tuesday, 20 June. Best of luck at the next round.

Norwood defeated Mooroolbark 4.6.30 – 1.0.6. 2 Goals – Taj H 1 Goal – Rhys A and Miller P.

Norwood defeated Ringwood 2.4.16 – 2.3.15 Goals – Will J and Toby P.

Norwood defeated Melba 4.1.25 – 1.3.9.

John Jag, Maroondah Division Coordinator



YEAR 10 NEWS

Some of our Year 10 students are so keen to study and do well in their exams, that they took their books to Federation Square and formed a study hub. Nothing like combining a night out on the town with some series exam revision.

Jo Pearson, Maths Teacher



UNIFORM SHOP

SHOP HOURS:

MONDAYS 8.30AM - 11.30AM
THURSDAYS 1.30PM - 4.30PM

DOBSONS ONLINE (CLICK AND COLLECT):

Please visit: www.dobsons.com.au

Navigate to **SHOP** in toolbar

Click - Norwood Secondary College Logo

DELIVER TO HOME OR OFFICE:

Metro Melbourne: Within 24 - 72 hours
\$10 Flat Rate

Jenny McKenzie,

Dobsons Uniform Shop Coordinator



GENERAL OFFICE NEWS

IMPORTANT INFORMATION – COMPASS EVENTS

The process of using 'Camps, Sports, and Excursion Funds' (CSEF), and credits held on your family accounts, has recently changed. The option previously available in Compass to "use CSEF for an event" will be removed due to this new process.

The new process is as follows:-

The NSC General Office will now automatically allocate credits and CSEF towards events where applicable. **Please contact the General Office to notify us if you do not want this automatic allocation towards camps/ events to occur for your child/children.**

For example:

- An event cost is \$25 and you have a credit or CSEF of \$15, the amount owing for the event will be reduced for your child to \$10, therefore using the credit available to offset the cost of the event
- An event cost is \$25 and you have credit or CSEF greater than \$25, the full amount will be offset against the event and future credits or CSEF will be used in the same way.

Please note that consent **MUST** still be given on Compass for your child to participate in any event.

Just a reminder CSEF applications close on the last day of Term 2, Friday 23 June.

If you have any questions about this new process, or have a credit and would prefer a refund directly into your bank account, please contact Ms Megha Malhotra, Assistant Business Manager, on 9871 0400.



Jane Arnold, Business Manager

TERM DATES 2023

Term 1, 2023

30 January to Thursday, 6 April

Term 2, 2023

24 April to 23 June

Term 3, 2023

10 July to 15 September

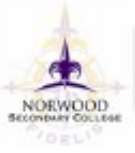
Term 4, 2023

2 October to 20 December 2023



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NORWOOD 2023

BREAD TAGS FOR WHEELCHAIRS



Please join us in our efforts to collect bread tags - tags collected will be recycled to fund wheelchairs in South Africa.



Bread tags are collected Australia wide and recycled into a range of products. See the website below for more information.



Re-made in Robe!



What can I do?

It's easy save your bread tags for a while and then drop off at the General Office - Norwood Secondary College.



ozbreadtagsforwheelchairs.org.au

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Are you or your child an unpaid carer?



Summar, carer
to her brother.

Do you look after a family member or friend with disability, a medical condition, mental illness or who is frail due to age?

Do your caring responsibilities affect your wellbeing or your ability to work, study or socialise?

If you answered yes to any of these questions, Carer Gateway can help you.

What is Carer Gateway?

Carer Gateway is the Australian Government's national carer hub providing free, **short-term** supports and services for unpaid carers.

How do I contact Carer Gateway?

Carer Gateway offers a national website at **www.carergateway.gov.au** or you can phone **1800 422 737** Monday to Friday between 8am and 5pm.



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Norwood Knitting/Crochet Community

**If Dr Seuss could knit, I swear
That he would knit most anywhere...**

While in the rain, or on a train
Dr Seuss would purl and plain

He'd grab some yarn, head to a barn
A box of socks he'd surely darn

He'd knit a glove next to a dove
And make a scarf that we'd all love

And fancy that, just as he sat
He'd make his cat a perfect hat!

**Cos if Dr Seuss could knit, I swear
He'd knit for KOGO with great care!**



Much needed items for 2023:

- Scarves
- Beanies
- Socks
- Gloves (including fingerless)
- Adult Blankets (approx. 1.6 x 1.2m)
- Knitted squares that can be assembled by volunteers to make blankets
- Children's jumpers and cardigans
- Knitted Toys

Please join us and Knit/Crochet for a wonderful cause.

For inspiration and free patterns you can visit:

<https://www.kogo.org.au/welcome>


All donations can be dropped off at the General Office
and will be forwarded to KOGO – Knit One Give One

Lisa– Jane Walmsley



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Book Fair

19 - 20 August 2023
(the start of book week)


Donations of quality second hand book for our book fair are gratefully received, Monday - Friday 8am-4pm until August.

2-6 Dixon Avenue, Croydon

Ph: 9725 8677 for further information.



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Recycled and new adult clothing shop

Open Wednesday and Friday's

10am - 2pm

Cnr Lincoln and Dorset Roads,
Croydon



Facebook Instagram @foxypopup



Monkami
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Join us!



Park Orchards
MARKET

Venue: 1-3 Bowmore Avenue, Park Orchards



Saturday 17th June

10am - 2pm

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Maroondah Youth Services will be running an all-ages punk live music event at EV's Youth Centre on Friday, 30 June from 7pm to 11pm. Featuring acts from N.I.S (Nonsensical Interdimensional Shenanigans), Skampvera & Dubhessa, with having Teen Jesus and the Jean Teasers as our headlining act.

Come by and see some live music and have fun! No Passouts.

MAROONDAH CITY COUNCIL YOUTH SERVICES + BASSLINE PRODUCTIONS PRESENT

TEEN JESUS AND THE JEAN TEASERS

WITH GUESTS
NONSENSICAL
INTERDIMENSIONAL
SHENANGIGANS
DUBHESSA
SKAMP VERA

FRIDAY JUNE 30
EV'S YOUTH CENTRE
212 MT DANDENONG ROAD, CROYDON

DOORS 7PM | ALL AGES
PRESALE \$20 | DOOR \$25

M< 10-25

Check out what's on offer at
www.maroondahyouth.com.au

**NO PASSOUTS | A FULLY SUPERVISED
DRUG, ALCOHOL, VAPE & SMOKE FREE EVENT**

This event is a Victorian Government initiative