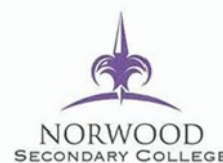


NORWOOD COMPASS

The Newsletter of Norwood Secondary College



PURPOSE STATEMENT

Norwood Secondary College provides a vibrant teaching and learning environment

TERM 3
NUMBER 2
4 August, 2023

School Email Address: norwood.sc@education.vic.gov.au

College Phone No. 9871 0400

Principal: Mr Andrew Sloane

Assistant Principals: Mr Nick Mammoliti and Mrs Jackie Harris

College Council President: Ms Tammie Palmer

College Captains: Mia Brice and Ethan Wilson

School Web Address: www.norwood.vic.edu.au

CALENDAR OF EVENTS 2023

TERM 3, 2023

Tuesday, 8 August

Year 11 RYDA day excursion

Thursday, 10 August

Year 10 Snow Camp

Tuesday, 15 August

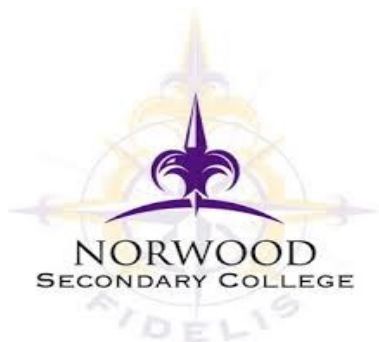
Intermediate Boys' Hockey

Intermediate Boys' Basketball

Intermediate Girls' Basketball

Thursday, 17 August - Friday, 19 August

Anastasia The Musical



PRINCIPAL'S REPORT

SEMESTER ONE AWARDS ASSEMBLY

Of the many major events in our College calendar, the semester one Awards Assembly is one of the more important. This Assembly is held for the whole College – students and staff – in our gymnasium and celebrates students' achievements in "Endeavour", "Academic Excellence" and "Leadership and Service".



The Assembly was held to a capacity audience last week (almost 1100 individuals in the seating) and many students received award certificates to recognise their efforts in the first half of the year.

Congratulations to all who were awarded a certificate – and to those who received more than one Award a particularly big 'shout out'. The next opportunity to similarly celebrate student efforts will be our Presentation Evening at the end of the year, when the entire school year is considered in determining the awards.

I must note that having the whole school assembled in one place for such a significant event offers so many opportunities to continue to develop the College culture. High on that list is having our youngest students see our College student leaders presenting at the lectern and seeing the pride of students in our older year levels as they receive their certificates. We believe that such opportunities make it easier for students to continue to aspire to great things as they pass through each year level of school.

Andrew Sloane, College Principal

In this issue you will read about:

- | | |
|---------------------------|-------|
| • Principal Report | p1-2 |
| • Senior Principal Report | p3 |
| • Library News | p3 |
| • Technology News | p4 |
| • Student Wellbeing News | p4 |
| • Science News | p5 |
| • Career News | p6-8 |
| • Community News | p9-10 |





LIBRARY NEWS

Only a few weeks left to go on this year's House Reading Challenge. Who will win the Reader's Cup? Who will have read the most books to receive a prize pack? Winners will be announced after the close of the competition on 25 August.



It is not too late to register for Karen Comer's visit on 9 August during lunch time in the Library. It is open to all students who are interested but you must register beforehand as there are limited places available.

I AM COMING TO YOUR SCHOOL Karen Comer



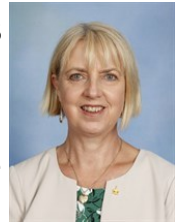
Wednesday
9th August
1.15pm - 2pm

Bookings required.
See Library staff
or your teacher.

Sashi Reddy, Librarian

SENIOR SCHOOL NEWS

WE WANT OUR PARENTS/CAREGIVERS/GUARDIANS TO TELL US WHAT THEY THINK!



Our school is conducting a survey to find out what parents/caregivers/guardians think of our school. The Parent/Caregiver/Guardian Opinion Survey is an annual survey offered by the Department of Education and Training that is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behavior, and student engagement.

A random sample of approximately 30 per cent of parents/caregivers/guardians have been selected to participate in the survey. If you received an email invitation and haven't had time to complete the survey, there is still time. The last chance to participate is Friday, 16 September. All opinions are valued. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

The survey is conducted **online**, only takes **20 minutes** to complete, and can be accessed at any convenient time within the fieldwork period on desktop computers, laptops, tablets or smartphones. The online survey will be available in a range of languages other than English. These include: Arabic, Vietnamese, Simplified Chinese, Chin (Hakha), Hindi, Japanese, Somali, Turkish, Punjabi and Greek.

Please contact the General Office if you require assistance.

SUBJECT SELECTION PROCESS UPDATE

Thank you to the many families who attended our online Senior School Information Night on Monday, 31 July. There were presentations for families of current students in Years 9 and 10, to assist with course planning for Year 10 and VCE. If you were unable to attend the online sessions, the presentations have been sent to families via Newsfeeds.

I would encourage families to make use of the Senior School Handbook, located on our College website, or by accessing this link: [Senior School Handbook 2024](#). In Mentoring sessions this week Year 9 and 10 students were encouraged to view subject specific videos that outline subject progression from Year 10 through to Year 12. All of these have been updated by our dedicated team of teachers to reflect course changes and amendments. These can be accessed by families on our website or by accessing this link: [VCE Information Evening Video Presentations](#)

Over the next two weeks we will be assisting students in course counselling sessions to confirm their subject choices. This will take place on Wednesday, 9 August for current Year 10 students and on Monday, 14 August for current year 9 students. Before these sessions, students should discuss their subject selection with their families and complete their choices.

I look forward to assisting students with their Senior School subjects.

Jackie Harris, Senior School Principal

TECHNOLOGY NEWS

Welcome to the newsletter's newest addition, 'What's Happening in Tech!' Here we will share updates on what is happening inside the food technology, textiles and wood tech rooms. With a new group of Year 7, 8, 9 and 10 students this semester, we have an exciting time ahead. Year 7 students have been tie dying, drawing and getting read to sew their dilly bags! Year 9 Woodwork classes have begun with a nameplate intro into woodworking projects, helping them get used to nailing and staining pine.

Year 10 Product Design & Technology students are working towards making a side table, while the Year 11 Product Design & Technology students are making a lighting feature project of a standing lamp or bedside table lamp following the design process.

The Food Technology rooms have kept the school smelling delicious with banana breads, carrot cakes, sweet potato rosti stacks, mini pavlovas, lentil dahl curries and double chocolate biscuits! The Year 8 classes have been awarded their Knife and Oven Safety certificates making salad wraps, mini pizzas, and apple cinnamon muffins.

4 weeks into Semester 2 and already so many exciting projects underway. We cannot wait to share more with you!

Year 9 Marvelous Meals: Sweet Potato Rosti
Year 10 Production Design and Tech: Side Table



Year 10 Food Studies: Carrot Cakes

Year 11 Product Design and Technology:
Lighting feature project



Year 7 Textiles: Dilly bags **Year 9 Woodwork**



Maddy Sweeney, Technology Teacher

STUDENT WELLBEING NEWS

UNDERSTANDING BODY IMAGE

In a world filled with social media influencers, magazines, and unrealistic beauty standards, it is essential for us to take a step back and reflect on our perception of body image. Body image refers to how we perceive and feel about our physical appearance, including our size, shape, and overall attractiveness. It is a topic that affects people of all ages and genders, and its impact on our mental and emotional wellbeing should not be underestimated.

Many individuals struggle with negative body image, which can lead to low self-esteem, anxiety, depression, and even the development of harmful behaviours, such as disordered eating. It's crucial to understand that our bodies come in all shapes, sizes, and variations, and embracing our uniqueness is a powerful step towards fostering a positive body image.

Firstly, it is important to recognise that societal beauty standards are often unrealistic and unattainable. Media and advertising bombard us with heavily edited images, perpetuating a narrow definition of beauty. Remember, these images are often heavily airbrushed, and even the models themselves do not meet these standards without the help of editing tools. Real beauty comes in diverse forms, and it is essential to celebrate and appreciate the diversity of bodies around us.

It is vital to prioritise our wellbeing over external validation. Taking care of our bodies through regular exercise, a balanced diet, and sufficient rest helps us feel good within. Remember, the goal should be to feel healthy and confident, rather than striving for a specific number on a scale or clothing size.

Additionally, building a positive body image requires us to challenge negative self-talk and embrace self-love. Negative thoughts about our bodies can become ingrained, but we have the power to reshape our mindset. Practice self-compassion and focus on your strengths, talents, and accomplishments rather than fixating on perceived flaws. Surround yourself with positive influences and supportive individuals who uplift and appreciate you for who you are.

Educating ourselves about media literacy is also crucial. Learning to critically analyse media messages and recognising their manipulative nature can help us resist the pressure to conform to unrealistic beauty ideals. Remember, the media often profit from making us feel inadequate, so it is important to consume media mindfully and seek out diverse representations that promote body positivity and inclusivity.

Understanding and embracing our bodies for what they are, rather than what society tells us they should be, can be a long journey. It requires self-reflection, self-compassion, and a commitment to fostering a healthy relationship with ourselves. Let's celebrate our bodies and let go of unrealistic expectations that hold us back from embracing our true self. Together, we can create a world where everyone feels valued and accepted, regardless of their appearance.

Headspace Link: <https://headspace.org.au/explore-topics/for-young-people/body-image/>

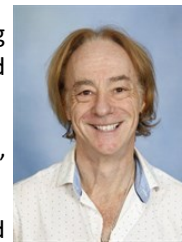


Jackie Landy, Miranda Maginness & Jason Boyce, The Wellbeing Team

SCIENCE NEWS

Students in Year 7 STEM have been studying Engineering Design principals in structural design and construction.

Students have studied truss, arch and “i Beam” implementation to design and build structures. Pictured are students exploring the notion of the truss and how it has the advantage of lightness and strength, via hands on activities.



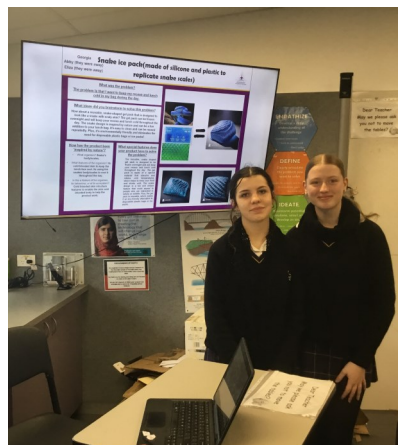
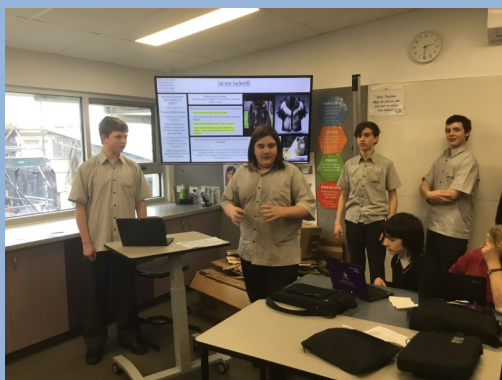
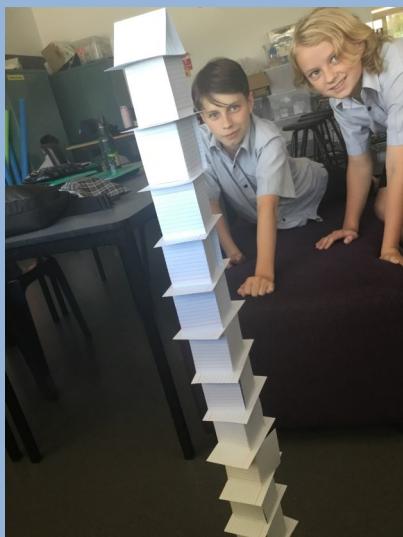
Students designed and constructed load bearing structures with the goal of producing the tallest and also the strongest structures. Students then extrapolated these notions to real life examples of structural engineering in society.

Alex Papanotas Year 7 STEM Teacher

Year 9 Biotechnology students have been studying Biomimicry and how evolution has led to some amazing examples of the concept in nature. Students have then explored how engineers and scientists as well as economists and corporations have worked together to “copy” examples of Biomimicry in nature and to then create and design a product of their choosing.

Students then produced a poster and presented to the class their product as a “Shark Tank: “ presentation where their peers were given the opportunity to invest in the product they saw most profitable. Pictured are students presenting their product at a “Shark Tank presentation”.

Alex Papanotas Year 9 Biotechnology Teacher



UNIVERSITY EARLY OFFER PROGRAMS



ACU Guarantee Program

Guarantee your place at ACU, even before your Year 12 exams. The ACU Guarantee program offers eligible Year 12 students a place at ACU based on your Year 11 results.

With the considerable challenges Year 12 students have been facing this year, ACU has introduced the **ACU Guarantee** program. Students can make an application through this program, have their Year 11 results considered, and ACU will produce a predicted selection rank and make a conditional early offer before final exams have been sat.

Applications for 2024 are open and close 18 September 2023. Students are required to apply through the ACU Guarantee application portal on the ACU website and can choose to apply for up to 2 courses. Students will have to upload their Year 11 reports and also provide up to three personal statements (maximum 200 words each) outlining their circumstances and motivation for university study. Students need to be mindful that not every course is participating in this program. **Students must also make a VTAC application.** Find out more at [ACU Guarantee Program](#).



Early Offer Program

Secure your place at Federation University in 2024.

Finishing high school can be stressful, so why not give yourself peace of mind with Federation University's Early Offer Program?

Not only is an early offer exciting to receive but knowing that you have already secured a place in a degree means you can head into exams fully focused.

Most bachelor degrees are available for early offers, and to view courses accepting Early Offer applications [click here](#). Australian and PR students are eligible to apply, and must ensure they meet the prerequisite subjects for their preferred course.

Find out more and apply at [Early Offer Program](#).

CAREER NEWS

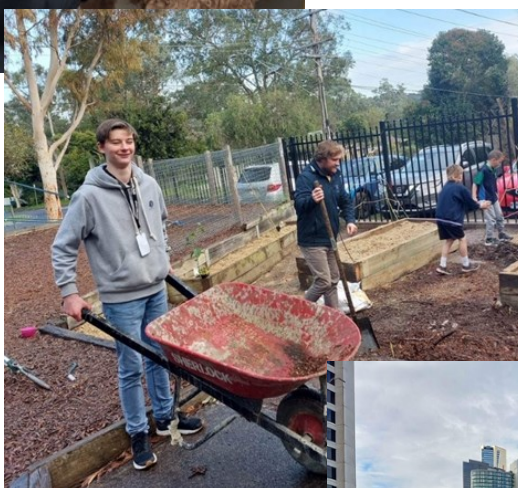
YEAR 10 WORK EXPERIENCE

During the final week of Term 2, 168 Year 10 students were involved in Work Experience placements. They were engaged in industries from building construction, childcare, hospitality and business, among others.



Most of these students were visited during the week by a Norwood Secondary School staff member and, by all reports, the students were having a great time and learning a lot. Current Year 9 students are encouraged to start planning their placements now to avoid disappointment. This years notable placements were at the Melbourne Renegades, Richmond Football Club and the Lume Melbourne.

Paul Duncan, Careers/Pathway Coordinator





Early Offer Scheme

RMIT's Early Offer Scheme values the entire experience of a student and provides diverse opportunities for students to leverage their acquired skills into their future career and find the right journey to their desired learning outcome.

Australian and Permanent Resident students can apply for one course and must apply at the following RMIT link - [Early Offer Scheme](#). The eligible courses on offer are also found at this link.

The application process requires students to -

Choose two of the following categories:

- Leadership
- Teamwork and Communication
- Creative Thinking and Innovation
- Analytical and Critical Thinking

- Write a 200-word statement of their experience for each of the two chosen categories.
- Supply supporting documentation verifying their involvement in the two categories that they have written about in their application.

Applications opened in May and close in September 2023. Conditional offers will be released by October 2023. The conditional offer will become unconditional should students complete Year 12, meet the course prerequisites, and attain the Early Offer ATAR required.

Students must also make a VTAC application.



Aspire – Early Admissions Program

At La Trobe, we believe there is more to being a good student than marks alone.

The [Aspire program](#) rewards the skills and knowledge students gain from the positive impact they have made on their school or community through **community service** or **volunteering**. Designed to give Year 12's the tools they need to succeed at La Trobe and beyond, students accepted into the Aspire program will get:

- *A taste of university life at La Trobe with special on-campus events before the year commences*
- *The chance to meet and connect with like-minded students*
- *Leadership opportunities, career development, networking, and industry mentoring*
- *VCE revision lectures for Year 12's in the September school holidays*
- *Access to La Trobe's extensive library and campus resources*
- *additional \$1,500 funding for student exchange opportunities, just for being an Aspire student*

Successful applicants also receive their **early conditional offer** in October for their chosen course along with minimum ATAR requirements. Many courses have a minimum ATAR of 55.00, but some professional degree programs have higher requirements.

Up to 40 [Aspire scholarships](#), worth \$5,000 per year for up to four years, will be awarded to leading eligible Aspire students.

The [Minimum ATAR Table](#) shows the minimum ATAR for some professional degree courses for entry through Aspire in 2024. Should an applicant's preferred course not be listed on this table, then the minimum ATAR is 50.00.

Applicants are required to provide information about the length and frequency of their community service and/or volunteering experience, as well as a 400-word description of their involvement and impact.

Types of volunteering include –

- community service or community group activities
- religious/cultural group activities
- participating in social justice groups or a school leadership role
- leadership in sport, the performing arts or charity fund-raising group activities

Further details can be found at the [How to Apply](#) link. Applications are open and close in September. Students must also make a VTAC application.

UNIFORM SHOP

SHOP HOURS:

MONDAYS 8.30AM - 11.30AM
THURSDAYS 1.30PM - 4.30PM

DOBSONS ONLINE (CLICK AND COLLECT):

Please visit: www.dobsons.com.au

Navigate to **SHOP** in toolbar

Click - Norwood Secondary College Logo

DELIVER TO HOME OR OFFICE:

Metro Melbourne: Within 24 - 72 hours
\$10 Flat Rate

Jenny McKenzie,

Dobsons Uniform Shop Coordinator



TERM DATES 2023

Term 1, 2023

30 January to Thursday, 6 April

Term 2, 2023

24 April to 23 June

Term 3, 2023

10 July to 15 September

Term 4, 2023

2 October to 20 December 2023

CAREER'S CON'T



A different way to enter university that will not depend on your ATAR

The [2023 Early Entry Program](#) is a unique opportunity for current Year 12 students to receive a conditional offer based on a recommendation by the school, and not based on an ATAR. Applications are open and on October 9 2023.

Successful students will receive a conditional offer and the offer will become unconditional should students complete Year 12 and must meet the course prerequisites – particularly English (study score of 25) or EAL (study score of 30).

Details of the application process, as well as participating courses can be found below.

Application process

- Students must organise a recommendation from a school representative – the school's principal, the year level coordinator, Head of House, or Career Practitioner – in order to proceed with an application.

Eligible courses

- Courses that will be offered through this program can be found at [Eligible Courses](#), and students can only apply for one course.

Students will be required to complete 3 questions in a *Next Gen Now* questionnaire, and students will be asked to provide a 200-word statement per question.

Recommendation form

Once an application is submitted, students will receive a confirmation email which will include the form they need to forward onto their chosen school representative, who will complete the form and return it to Swinburne, who will match it with the student's application.

Students must also make a VTAC application.

COMMUNITY AND BUSINESS ADVERTISEMENTS

The Department of Education does not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education for accuracy or information contained in advertisements or claims made by them.

Norwood Knitting/Crochet Community

**If Dr Seuss could knit, I swear
That he would knit most anywhere...**

While in the rain, or on a train
Dr Seuss would purl and plain

He'd grab some yarn, head to a barn
A box of socks he'd surely darn

He'd knit a glove next to a dove
And make a scarf that we'd all love

And fancy that, just as he sat
He'd make his cat a perfect hat!

**Cos if Dr Seuss could knit, I swear
He'd knit for KOGO with great care!**



Much needed items for 2023:

- Scarves
- Beanies
- Socks
- Gloves (including fingerless)
- Adult Blankets (approx. 1.6 x 1.2m)
- Knitted squares that can be assembled by volunteers to make blankets
- Children's jumpers and cardigans
- Knitted Toys

Please join us and Knit/Crochet for a wonderful cause.

For inspiration and free patterns you can visit:

<https://www.kogo.org.au/welcome>

All donations can be dropped off at the Front Office and will be forwarded to KOGO – Knit One Give One

Lisa-Jane Walmsley



COMMUNITY AND BUSINESS ADVERTISEMENTS

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Welcome back to Term 3!

We're thrilled to have your students on-board as we head into the second half of the school year.

Here are some updates from the Kinetic Melbourne Schools Team:

Updates to ticketing

From Saturday 1 July, public transport fares increased. Your public transport fares contribute to the ongoing operation of buses, trams and trains on the network and helps deliver a fair and sustainable service for all.

For more information about ticketing, visit the PTV website at www.ptv.vic.gov.au/tickets/myki

Safety you can see

Your students' safety is our top priority. PTV are currently running a campaign highlighting the people and features designed to keep people safe when travelling on the network. All our buses are equipped with CCTV cameras and our drivers are available to help if needed.

Our bus drivers are connected to a 24/7 operations control centre via two-way radios and will provide support when needed, including contacting emergency services if required.

Students can also report any anti-social behaviour to Victoria Police by texting **STOPIT** to **0499 455 455** from their mobile phone. They will receive a link to an online form that allows them to share details of the incident and when or where it occurred.

Driving change for women in transport

Our team had a terrific time at the Trades Fit expo, talking to students about the many exciting career opportunities in the bus industry.

The expo is focused on promoting trade and technical opportunities to female and non-binary students.

If your school's career counsellor is interested in learning more about the opportunities available in the transport industry, we'd love to hear from you. Email melbourne.info@wearekinetic.com.au for more information.

Supporting the Melbourne Rebels Shield

We're supporting the next generation of Rugby Union stars via our support of the Rebels Shield, an interschool rugby union competition.

Through our partnerships with the Melbourne Rebels, we're providing transportation for students to and from the games. Our partnership aims to unite communities and champion gender equality.

Need to get in touch?

If you have any day-to-day operational queries about our school services, you can call us on **(03) 9492 2200**.

For all other enquiries, you can give Joseph from our Schools Team a call on **0437 654 582** or email: melbourne.schools@wearekinetic.com.au.

If your students leave something behind on the bus they can call us on **(03) 9492 2200** or contact the PTV Call Centre on **1800 800 007**.

We look forward to welcoming you back on-board.

Kinetic Melbourne Schools Team

K/NET/C
moving people