

COMPASS

The Newsletter of Norwood Secondary College



PURPOSE STATEMENT

Norwood Secondary College provides a vibrant teaching and learning environment

TERM 4 NUMBER 2 27 October, 2023

School Email Address: norwood.sc@education.vic.gov.au

College Phone No. 9871 0400
Principal: Mr Andrew Sloane
Assistant Principals: Mr Nick Mammoliti and Mrs Jackie Harris
College Council President: Ms Tammie Palmer
College Captains: Mia Brice and Ethan Wilson
School Web Address: www.norwood.vic.edu.au

CALENDAR OF EVENTS 2023

TERM 4, 2023
Tuesday, 31 October
EMR Sport—Year 7 & 8
Wednesday, 1 November
RAMS Program
Friday, 3 November
EMR Girls' Tennis— Year 7
Tuesday, 7 November



Melbourne Cup—Public Holiday

In this issue you will read about:

•	Principal Report	p1-2
•	Junior School Principal News	p2
•	Production News	р3
•	Year 7 News	р3
•	Wellbeing News	p4-5
•	Science News	р5
•	Tech Talk	p6
•	Maths, Science & Stem News	р7
•	Sports News	p8
•	Community News	9 q

ACTING PRINCIPAL'S REPORT

ACTING PRINCIPAL'S REPORT

In the last two weeks we have officially farewelled our Class of 2023. Their last day was spent enjoying a BBQ breakfast with their teachers and celebrating 6 years of Secondary Schooling at their student run assembly. I would like to take this opportunity to thank our students for their positivity and good will towards the school.



In the evening, students, families and many Norwood staff came together at the Valedictory Dinner to celebrate the achievements of our students and the graduation of the Class of 2023. It was indeed a night of celebration. Not only were we farewelling our students but we also farewelled 70 families, who will no longer have students at the school. Thank you for your trust and support over the journey.

The Year 12 external examination period commenced on Tuesday this week. We enjoy seeing our students still attending school to study and to work with their teachers to hone their knowledge and skills. We wish them well during this time.

Thank you to our outgoing Captains Mia Brice and Ethan Wilson, as well as our Vice Captains Layla Kiefte and Brodie Smith. We are proud of their efforts and thank them for their commitment and contributions to the College. I would also like to take this opportunity to thank our Prefect Team: Hannah Magno, Caitlin Waters, Charli Blizzard, Kylah Riddell, Lily Johnstone, Lachlan Clark, Cieran Oakley, Jasmine Thomas, Mia Servinis and Indi Hartman-Thompson.

It now gives me great pleasure to announce the 2024 College Captains:

Captains: Savannah Whelan and Lachlan Christie Vice Captains: Elizabeth Vlahos and Jack McCartney

Our 2024 College Prefect Team is: Jacqueline O'Connor, Hannah Carroll, Emma Reid, Morgan Jalocha, Mia Bailey, Erin Flynn, Cailin Stubbings and Laura Thompson. Congratulations to the Year 12 Leadership Team. We look forward to working with you and cannot wait to see the positive impact that you have on the College.



As we get closer to the end of the year, there is so much to look forward to. Very soon, we will welcome our new Year 7 students and their families to the College. We continue to attract more interest in the College than places available. At the conclusion of exams, the VCE Transition week is always a highlight as students look forward to their new studies. Our younger students get a taste of exams in Year 9 just prior to a day of celebration at the Funfields Theme park. Our annual Presentation Evening will once again be held in our College Gymnasium, where we celebrate, not only excellence but effort and endeavour.

Finally, our much anticipated move into our new building is almost a reality. Not only will we have 8 new, spacious classrooms, but student study spaces, a Student Services Centre and a purpose built Wellbeing Centre. The internal spaces of the building are complete, however, there are still some external works to be finished. I would anticipate being able to announce a date in the next newsletter.

Jackie Harris, Acting Principal

IMPORTANT DATES TO REMEMBER

IMPORTANT DATES TO REMEMBER FOR OUR FAMILIES:

To help you plan your schedules and stay informed, here are some key dates for Term 4:

- 1. **Friday, 27 October**: Our final round of GPA reports will be released to families.
- 2. **Friday, 17 November**: <u>Student Free Day</u> (Professional Practice Day). On this day our staff will begin writing reports, marking work, and preparing transition activities for our senior students.
- 3. **Monday, 11 December**: Celebration Day at Funfields (see Compass for details).
- 4. **Wednesday, 13 December**: Presentation Evening.



JUNIOR SCHOOL PRINCIPAL NEWS

I hope this newsletter finds you well and ready for an exciting end of the year at Norwood. I want to take this opportunity to update you on the upcoming events, key dates, subject selection, and an important matter concerning our school yard.



I have not included the dates for the Year 9 exams as we are currently reviewing how that day will look and more details will be out shortly.

Subject Selections 2024: Students in Years 10-12 for 2024 will be receiving their subject allocation over the next couple of days. If you have any concerns about the subject your child is enrolled in, please ask them to consult with their current Head of Year Level. Year 9 2024 elective choices will be out shortly.

Yard Clean-up: We want our school yard to be a welcoming and safe place for our students. To achieve this, we all have a role to play. It has come to our attention that there has been an issue with rubbish accumulating in the school yard. Keeping our school grounds clean not only enhances the appearance of our school but also contributes to a healthy and enjoyable learning environment.

Here is what you can do to help:

- 1. **Dispose of rubbish responsibly:** Encourage your children to use the provided bins and to dispose of their rubbish correctly. A little effort in this area goes a long way in maintaining a clean yard.
- 2. Reduce the amount of rubbish brought to school: As a parent of primary school aged children, it really hits home that the amount of rubbish students bring into the school yard. I would ask you to consider moving to Tupperware containers over single use plastic to support us in making the school a greener and more ecofriendly environment.
- 3. Clean up spaces: We will be using some of our mentor time to clean up spaces, but we would love our students to take some ownership over the spaces and pick up rubbish in the areas they frequent. By working together, we can ensure that our school yard remains a pleasant space for students to enjoy during their breaks and activities.

Nick Mammoliti, Junior School Principal

YEAR 7 NEWS

YEAR 7 HUMANITIES EXCURSION

All students in Year 7 recently went on their first fieldwork excursion to compare the liveability in Templestowe and



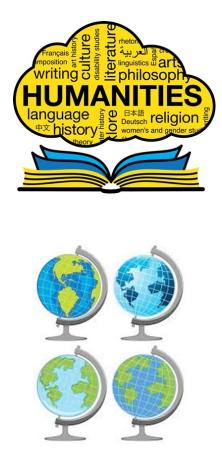
Toorak. Students have been working in their classes identifying push and pull factors to liveability and discussed a case study for a fictional family who are looking to move to a new location.

It was great to see students working diligently on their fieldwork booklets and collecting data about the houses and surrounding areas of Templestowe and Toorak. Students were quick to identify the differences in public transport and recreational facilities across the two locations.

Students will use the data to create a Fieldwork report in Geography and will ultimately determine which location is a more liveable location for our fictional family.

We are very proud of the way that students represented the College on their excursion and there were many compliments from passing residents.

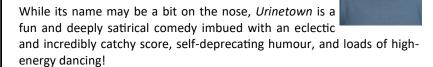
Nicole Pratt, Year 7 Coordinator



PRODUCTION NEWS

A show by any other name would sound as sweet!

The 2024 Norwood Secondary College Musical Production is *Urinetown the Musical!*

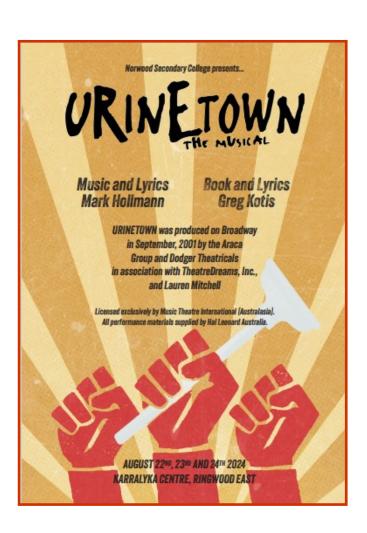


Urinetown's pastiche of theatrical styles includes Absurdism, Brechtian Epic Theatre, and, of course, traditional Musical Theatre! The show offers flickers and pops of allusion to many well-known musicals – *Les Miserables, West Side Story, Chicago*, and *The Wizard of Oz* – while poking fun at a whole raft of 'isms': capitalism, socialism, populism, corporatism, libertarianism, and, ultimately, nihilism.

The musical score is exciting too: upon its debut on Broadway 2002, *Urinetown* was nominated for *ten* Tony Awards, taking home three, including Best Original Score! We are all looking forward to getting the band back together with some of Norwood's finest and brightest music students.

Most importantly, *Urinetown* showcases a varied ensemble of characters - roles in which our wonderfully talented students are sure to shine!

Lucy, Filor, Production Director



STUDENT WELLBEING NEWS

PROMOTING OVERALL WELLNESS

In the whirlwind of assignments, exams, cocurricular activities, and social interactions that define our high school years, it is easy to forget about the importance of overall wellness.

Physical Wellbeing:

Our physical health is the cornerstone of overall wellness. Without it, we cannot fully engage in our daily activities. A balanced diet, regular exercise, and adequate sleep are not only crucial for staying healthy but also for maintaining focus, energy, and a strong immune system. By making small, sustainable changes in our daily routines, we can enhance our physical wellbeing and set ourselves up for success.

Mental Wellbeing:

High school can be an emotionally challenging period, with the pressures of academics, peer relationships, and planning for the future. It is important to prioritise our mental health. Taking time to relax, seeking support from friends and family, and learning stress management techniques can make a world of difference.

Building Healthy Relationships:

Cultivating healthy relationships with friends, family, and teachers can be one of the most rewarding aspects of high school. These connections provide a support system that can help you navigate the challenges that arise during this stage of life. Open communication, empathy, and mutual respect are key elements in maintaining these meaningful relationships.

The Big Picture: A Recipe for Success

High school is more than just preparing for the next step in your academic or professional journey. It is a time to develop the skills and habits that will serve you well throughout your life. When you prioritise your overall wellness, you not only become a happier and heathier person but also a more successful one.

Success is not measured solely by grades or trophies. It's about living a fulfilling life where you are content with who you are and where you are headed. By focusing on your physical, mental, and emotional wellbeing, you are investing in a brighter future.

Remember, a happy and healthy high school experience is a key part of the pathway to success. So, let's commit to making overall wellness an essential aspect of our lives. Your high school journey is not about surviving; it is about thriving, and overall wellness is the vehicle that will take you there.

STUDENT WELLBEING NEWS CON'T

INTRODUCING WELLNESS WEDNESDAY

We are thrilled to introduce a new initiative that will bring health and wellbeing to the forefront of our high school experience: Wellness Wednesday. While the official launch will take place in 2024, we are excited to get a head start this year by focusing on different wellbeing topics.

Why Wellness Wednesday?:

The teenage years are a time of growth, exploration, and change. It is essential that during this period, we prioritise our mental and physical wellbeing. Wellness Wednesday is designed to provide you with valuable resources, tips and information that will help you navigate the challenges that can arise during high school.



What to Expect in 2023:

Even though Wellness Wednesday officially begins in 2024, we cannot wait that long to start making a difference. This year, we will be dedicating each Wednesday to a specific wellbeing theme, kicking off with "Anxiety Awareness." Anxiety is a common issue for



high school students, and we want to ensure you have the tools to manage it effectively.

How You Can Participate:

To access valuable resources and information on the highlighted wellbeing topic of the week, make sure to check out Compass and the College's Wellbeing Instagram page. Here you will find links to articles, inspirational quotes, and other helpful information to keep you motivated and informed.

We are committed to your wellbeing, and we believe that by providing you with these resources and topics, you will be better equipped to navigate the challenges of high school. We encourage you to actively engage with Wellness Wednesday and the most of the opportunities it provides.

In the coming weeks left of the school year, let's embark on this wellbeing journey together. Stay tuned for more exciting updates on Wellness Wednesday.

The Wellbeing Team, Jacki Landy, Miranda Maginness & Jason Boyce



WELLBEING NEWS

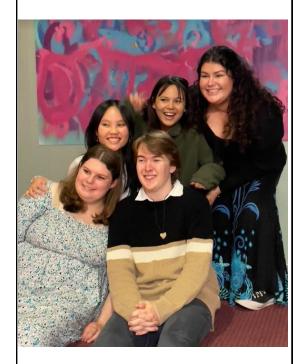
ENTRY FROM YEAR 10 STUDENT BEE KINGI FOR THE SWAT PROGRAM FOR YEAR 10 STUDENTS

"Being a part of the SWAT team along with many others showed me how important it is to broaden my way of thinking about wellbeing.

Throughout the camp, everyone immediately warmed up to each other by acknowledging our mutual interest in mental health. Through the exercises provided by the youth workers, we learned how to identify positive and negative wellbeing, how to prevent declining mental health, and how to generally stay positive.

Taking this information back to all of our different schools around Maroondah, SWAT members then presented what they learned from the program to all different year levels across the school. The experience was new and unique, and to anyone going into Year 10 next year, I highly suggest enrolling. SWAT was all about meeting new people, challenging yourself and your limits, and having fun!"

Bee Kingi, Year 10



SCIENCE NEWS

SCIENCE NEWS—YEAR 7

In Year 7 Science, students are studying the topic of Ecosystems. Over the past week, students have been collecting data and analysing the growth of flat weeds in a mini ecosystem using quadrats and transects.

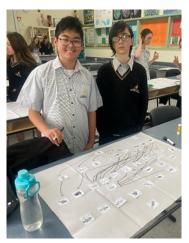


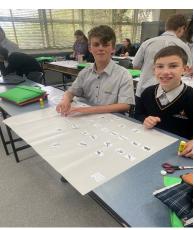
Students have also been using problem solving skills to create food webs by looking at the decomposers, producers, consumers, and the flow of energy within food chains and food webs.

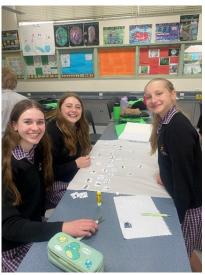
Emma Day, Senior Biology Teacher













Year 9: Cupcake Design





Year 10: Bread Challenge

TECH TALK

Welcome to Term 4! An exciting and busy term ahead begun with Ms Kennedy and Ms Grills farewelling their Year 12 Food Studies students, who we wish all the best for their exams.



Year 9 Café Bakery students have been busy designing and decorating cupcakes. With a white chocolate cupcake base and buttercream, the student's creativity flare was put to the test while making their own decorations.

Ms Hearne and Ms Sweeney were beyond proud of their Marvelous Meals students who were put to the test of designing a meal in a pantry cook. With a focus on sustainability and food citizenship the challenge was helping students learn about food wastage and using leftovers. The students had no idea on the ingredients that they would be using and were challenged to plan and cook on the day, in 1 hour! From fried rice, to pizzas, pasta to quesadillas, the students stood up to the challenge and no longer open a pantry or fridge and says there is nothing to eat!

The design theme has continued to our Year 10 cohort who were given a basic bread dough recipe and provided the opportunity to create their own savory or sweet treat. Cinnamon scrolls, pizzas and bread twists had the kitchens and corridors smelling like a bakery.

We look forward to the rest of the term and updating you with all the exciting creations!

Maddy Sweeney, Food Technology Teacher



Year 9: Pantry Cook

MATHS NEWS

Students at the college participated in the University of New South Wales International Math Competition.

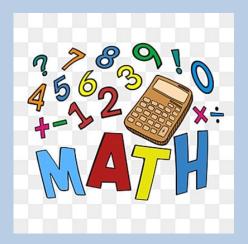
Students achieving a recent distinctions received their certificates and prizes at assembly.

Pictured is the top performing Maths student in the competition, Isaac Lockwood of Year 7.

With him is the Head of Maths, Ms Amy Walton and Competition organiser, Mr Alex Papanotas.

Alex Papanotis, Math Teacher







SCIENCE NEWS

Students at the college participated in the University of New South Wales International Science Competition.

Students achieving distinctions received their certificates and prizes at a recent assembly.

Pictured is the top performing Science student in the competition, Heidie Cowie of Year 9.

With her is the Head of Science, Ms Shalini Singh and Competition organiser, Mr Alex Papanotas.

Alex Papanotis, Science Teacher



STEM CLUB

STUDENTS IN YEAR 7 ARE WELCOME TO PARTICIPATE IN STEM CLUB THAT RUNS WEDNESDAY TO FRIDAY LUNCHTIMES AT THE NEW COLLEGE STEM CENTRE

Students have been exploring coding, 3D printing, Engineering principles and are currently learning to use the V.R headsets with the ultimate goal of coding virtual experiences to be downloaded into the head sets for subsequent use by the students. This could lead to exciting computer related studies and careers.

Pictured are a range of Year 7 students learning to use the head sets.

Alex Papanotis, STEM Teacher



UNIFORM SHOP

SHOP HOURS:

MONDAYS 8.30AM - 11.30AM THURSDAYS 1.30PM - 4.30PM

DOBSONS ONLINE (CLICK AND COLLECT):

Please visit: www.dobsons.com.au

Navigate to **SHOP** in toolbar

Click - Norwood Secondary College Logo

DELIVER TO HOME OR OFFICE:

Metro Melbourne: Within 24 - 72 hours

\$10 Flat Rate

Jenny McKenzie,

Dobsons Uniform Shop Coordinator

DOBSONS Look smart



TERM DATES 2023

Term 1, 2023

30 January to Thursday, 6 April

Term 2, 2023

24 April to 23 June

Term 3, 2023

10 July to 15 September

Term 4, 2023

2 October to 20 December 2023

SPORT NEWS

YEAR 7 GIRLS' EMR HOCKEY

Our Year 7 Girls Hockey team played in the Eastern Metropolitan Region competition today. They played in great spirit, demonstrating outstanding teamwork and excellent skills. The team won two out of three of their games, finishing the competition as runners up.



Well done to Addie, Grace, Kaila, Leah, Lilly, Maddie, Makaylah, Remy, Rory and Willow!

Special mention to Leah for captaining the team and scoring 5 goals, Maddie for great work on the field and scoring a goal and Willow for doing a fabulous job in goal keeper!

Leisa Beggs, Sports Teacher





COMMUNITY AND BUSINESS ADVERTISEMENTS

The Department of Education does not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education for accuracy or information contained in advertisements or claims made by them.

Norwood Knitting/Crochet Community

If Dr Seuss could knit, I swear That he would knit most anywhere...

While in the rain, or on a train Dr Seuss would purl and plain

He'd grab some yarn, head to a barn A box of socks he'd surely darn

He'd knit a glove next to a dove And make a scarf that we'd all love

And fancy that, just as he sat He'd make his cat a perfect hat!

Cos if Dr Seuss could knit, I swear He'd knit for KOGO with great care!



Much needed items for 2023:

- Scarves
- Beanies
- Socks
- Gloves (including fingerless)
- Adult Blankets (approx. 1.6 x 1.2m)
- Knitted squares that can be assembled by volunteers to make blankets
- Children's jumpers and cardigans
- Knitted Toys

Please join us and Knit/Crochet for a wonderful cause.

For inspiration and free patterns you can visit:

https://www.kogo.org.au/welcome

All donations can be dropped off at the Front Office and will be forwarded to KOGO – Knit One Give One

Lisa-Jane Walmsley

