

PURPOSE STATEMENT

Norwood Secondary College provides a vibrant teaching and learning environment

TERM 1
NUMBER 3
8 March, 2024

School Email Address: norwood.sc@education.vic.gov.au

College Phone No. 9871 0400

Acting Principal: Mrs Jackie Harris

Assistant Principals: Mr Nick Mammoliti and Mrs Alexis Watson

College Council President: Ms Tammie Palmer

College Captains: Savannah Whelan and Lachlan Christie

School Web Address: www.norwood.vic.edu.au

CALENDAR OF EVENTS 2024

TERM 1, 2024

- Monday, 11 March**
Labour Day Public Holiday
- Wednesday, 13 March**
VET Canoe Day Trip
NAPLAN - Year 7 & 9
- Thursday, 14 March**
NAPLAN - Year 7 & 9
- Friday, 15 March**
Year 10 History Excursion
Year 8 Sport
- Monday, 18 March**
Morisby Career Interviews
- Thursday, 21 March**
Parent Student Teacher Conferences
- Friday, 22 March**
Year 7 Sport

ACTING PRINCIPAL'S REPORT

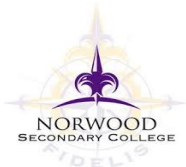
INVESTITURE ASSEMBLY



The annual Investiture Assembly is always a highlight event at the College. On Wednesday, students were recognised for a number of important leadership roles, such as, Class Captain, Year Level Leader, SRC, Sport/House Captains, Music Captains, Prefects and College Captains. Congratulations to all students on your leadership positions. We look forward to your contributions to the life of the College.

Another feature of our Investiture Assembly is the presentation of Scholar Awards to our returning Class of 2023. Students with ATARs above 90 and students with study scores above 40 were presented with certificates. Students who receive study scores of 40 or higher are ranked in the top 10% in Victoria. Another proud moment was the Concert Band performance of *Wombat Shuffle*, by Roger Perrin, under the direction of Mr Tobias-Quigley.

Student voice is always a feature of our College Assemblies. At the Investiture Assembly, Jack McCartney led the proceedings, commencing with an Acknowledgment of Country. Savannah Whelan shared her Lions Youth of the Year Speech which focused on making the most of opportunities, both at school and in life generally. As a College, we are fortunate to have so many willing and vibrant leaders. Our future will be a bright one. We look forward to seeing what they achieve and observing their leadership journeys.



In this issue you will read about:

- Principal Report p1-2
- Junior School Principal News p2,3
- Sport News p,3
- Senior School News p,4
- Student Wellbeing/Careers News p,5
- Year 7 News p,6
- Music News p,7
- Year 11 News p,7
- Library News p,8

CROSS-COUNTRY AND STUDENT ATTENDANCE

Families are reminded that student attendance at school is an Education Department priority. There was a wonderful atmosphere at the recent Swimming Carnival where attendance was high. Thank you to the families who are supporting our goal to have high attendance for all students. We have the same expectation for the Cross-Country afternoon on 26 March.

JUNIOR SCHOOL PRINCIPAL

PARENT STUDENT TEACHER CONFERENCES

Parent Student Teacher Conferences will take place from 10.00am – 6.00pm, Thursday, 21 March, 2024. We are pleased to return to the model where parents/carers have the option to meet their child's teachers onsite/ in person or virtually using the Microsoft Teams platform.



The Conferences provide a great opportunity to meet your child's teachers and discuss their progress to date. We strongly encourage students to attend with their parents/carers, as we believe there is great value in them being a part of the conversation. There will be no scheduled classes running on this day.

Bookings can be made for Year 11 and 12 students from 12 noon, Tuesday 12 March.

Bookings can be made for Year 7, 8, 9 and 10 students from 12 noon, Thursday 14 March.

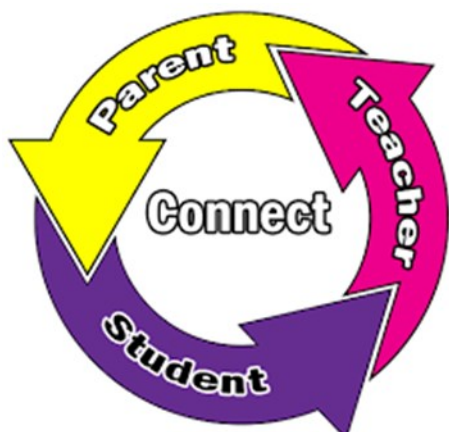
Bookings will close for all students at 12 noon, Wednesday 20 March.

The booking process will remain the same as previous years using Compass. A Compass Newsfeed item will be posted next week to outline the booking process.

The Conference booking duration will be 10 minutes. This will allow you to have a 6-7min conversation about your child's learning and then prepare for the next Conference. If you are unable to make a booking with a teacher, you are welcome to email the teacher via Compass to request feedback on your child's progress. The teacher will endeavour to respond as soon as possible.

Please contact the General Office if you require assistance making bookings.

Nicholas Mammolitti, Junior School Principal



ACTING PRINCIPAL REPORT

At Norwood this year, we are reminding students that it is not okay to pick and choose events. Their attendance at all College Carnivals is an expectation. When we all come together, we have a better chance of building a stronger school culture. The day of Cross-Country is a normal school day and counts towards a student's overall attendance. We look forward to another successful carnival.

Jackie Harris, Acting Principal



SPORT NEWS

INTERMEDIATE BOYS' CRICKET - DIVISION CHAMPIONS 2024

'In the first game against Ringwood we won the toss and chose to bat. James M opened the batting and had a classy knock retiring at 50. Everyone else who batted contributed to the score and we ended up on 125 after 15 overs. Then we bowled and fielded really well and with everyone chipping in. We beat Ringwood as they finished on 111 runs.

Next we played Mooroolbark and once again batted first. Lucas F batted beautifully and made 51. Christian L made a quick fire 46. Then we continued to bat aggressively and finished on 164. We once again bowled and fielded excellently and kept them to 72. Hamish L was a standout, taking 2 wickets to clean up the tail. Now we go to the next stage and try to bring back another premiership flag.'



Ollie C (C) holding the flag with Kai F (C)



Mick Wilson, Cricket Coach

JUNIOR SCHOOL PRINCIPAL NEWS

YEAR 7 ADANC CAMP

I had the absolute pleasure of attending camp on Tuesday, 20 February and Thursday, 22 February which allowed me to see all the students having a blast and enjoying the perfect conditions.



Our adventurous bunch dove headfirst into all sorts of fun outdoor activities. Think navigating the water obstacle courses and reaching new record speeds on the water slide. It was all about teamwork, facing challenges, and growing as individuals.

But it wasn't just about the thrills, the camp also had some great educational activities. Hut building gave our students a chance to connect with the environment, Archery built on our Numeracy skills, and they got to present their Class Captains speeches and rock some awesome lip sync battles.

Big shoutout to the amazing staff at ADANAC for making it all happen and keeping our students safe and happy throughout the adventure! To our awesome Year 7 students: You were incredible! Your energy and enthusiasm made this camp unforgettable and finally, a huge thank you to our fabulous teachers, who were led by Nicole Pratt and Cynthia Kennedy who deserve endless kudos for their hard work and care.

Nicholas Mammoliti, Junior School Principal



ACTING SENIOR SCHOOL PRINCIPAL

LIONS YOUTH OF THE YEAR

As mentioned in our previous newsletter, our college captains took part in the Lions Youth of the Year contest on Sunday, 25th February. Each student was required to deliver three public speaking presentations. The first two presentations were two-minute impromptu presentations on topics chosen by the judging panel, and the final presentation was a five-minute talk on a topic chosen by the student. We are very proud of the performance of our college captains, and whilst the contest was won by a student from Yarra Hills Secondary College, we want to congratulate Lizzie Vlahos for winning best speaker at this event.



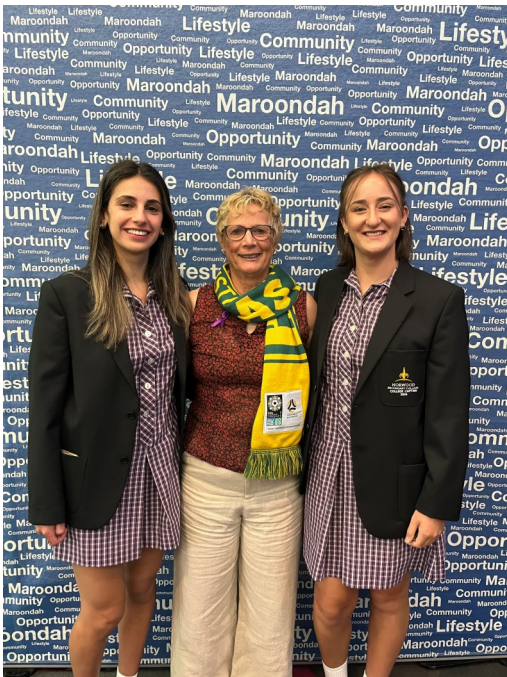
At our Investiture Assembly on Wednesday, 6 March, we were lucky to hear Savannah Whelan share her presentation from the event. Savannah emphasised the importance of aspiration, one of our college values, and the need to make the most of every opportunity. This was a very fitting way to inspire our students at an assembly that acknowledges our captains and SRC representatives, but also everyday leadership.

Alexis Watson, Acting Senior School Principal

INTERNATIONAL WOMEN'S DAY

'On the morning of Wednesday, 6 March, we and Mrs Beggs, Ms Watson and Miranda Butterfield from the Wellbeing team attended the International Women's Day Breakfast, held by the Maroondah City Council. In addition to great food, we had the pleasure of listening to Dr Shona Bass, an original Matildas player, who spoke about inspiring inclusion. She discussed how far women's sport has come and encouraged us all not to take for granted the rights that women now hold. We thank Dr Shona Bass and Mayor Cr Kylie Spears, alongside everyone else who made the breakfast possible. It was a wonderful opportunity to celebrate International Women's Day and to recognise the inspirational trailblazers that have paved the way for future generations of women.'

Savannah Whelan and Lizzy Vlahos



CAREERS NEWS

YEAR 9 MORRISBY PROFILES

On Wednesday, 28 February the Year 9's completed their Morrisby Career Profile. This is an online career assessment that took approximately 2 hours to complete. Once all students are complete there will be interviews held to explain the outcomes. These will be held on March 17-21.



YEAR 10

The Year 10 students are currently having their Year 10 Careers Interviews. These are individual meetings with the Pathways Coordinator, Mr Duncan. In these meetings there are discussions about Work Experience plans as well as future options.

Work Experience for the Year 10 students is approaching. It is important that all the Year 10 students are actively seeking placements for the final week of Term 2. Please try all of your networks to find a placement that you will enjoy and, if possible, in an industry that you have some long term interest in.

YEAR 11 CAREERS EXPO

On May 2 the entire Year 11 group will travel by train to the 2024 Victoria Careers Expo which will be held at the Victoria Convention and Exhibition Centre. Most students find this to be very helpful for their future planning.

YEAR 12 – EARLY ENTRY PROGRAMS

The following universities offer early entry schemes for Year 12 students. Whilst these can be unconditional, course requirements do however, need to be met. They are often based on Year 11 Results, community work completed or other talents. The schemes differ so it is worth checking each out individually. The universities that offer such programs are:

- La Trobe University
- Swinburne University
- Victoria University
- RMIT

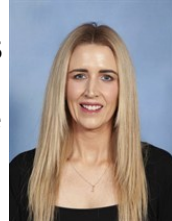
Please contact the Pathways Department if you require any assistance.

Paul Duncan, Careers Advisor

STUDENT WELLBEING NEWS

EMPOWERING MINDS: INTERNATIONAL WOMEN'S DAY SHEDS LIGHT ON VITAL WELLBEING ISSUES

As we embark on another March, we're not just seeing the arrival of autumn; we are also celebrating the remarkable achievements, resilience, and contributions of women worldwide. International Women's Day, observed annually on March 8th, is a global movement to honour women's rights and gender equality. But beyond the celebrations and ceremonies, International Women's Day holds a profound significance for our school community's wellbeing.



CHAMPIONING MENTAL HEALTH

One crucial aspect of wellbeing often emphasized during International Women's Day is mental health. We all can face unique societal pressures and expectations, which can take a toll on our mental and emotional health. From battling stereotypes to juggling multiple roles and responsibilities, the journey of working on ourselves can be emotionally taxing.



This International Women's Day let's renew our commitment to supporting the mental health of everyone in our community. By fostering an environment of understanding, empathy, and inclusivity, we can break down barriers and provide the necessary support systems for each other to thrive mentally and emotionally.

Some common societal pressure young people face along with strategies to cope with them:

Academic Performance:

- Pressure to excel academically can lead to stress, anxiety, and burnout.
- Strategy: Encourage a balanced approach to academics, emphasizing learning rather than just grades. Teach time management skills and promote open communication about challenges.

Social Media Influence:

- Comparing oneself to idealized images on social media can lower self-esteem and cause feelings of inadequacy.
- Strategy: Encourage critical thinking about social media content and promote self-acceptance.

Body Image Expectations:

- Society often imposes unrealistic standards of beauty, leading to body dissatisfaction.
- Strategy: Promote body positivity and self-love. Encourage healthy habits rather than focusing solely on appearance.

Career and Future Expectations:

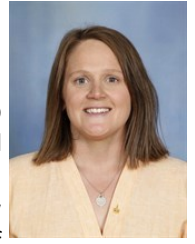
- Young people may feel pressured to choose a career path early and achieve success quickly, leading to anxiety about the future.
- Strategy: Encourage exploration and experimentation in different fields. Emphasize the importance of personal growth and resilience rather than achieving specific career milestones.

Jackie Landy, Miranda Butterfield and Jason Boyce, The Wellbeing Team

YEAR 7 NEWS

YEAR 7 ADANAC CAMP

On Monday, 19 February 7A-D headed off to Camp ADANAC for 3 days in Yarra Junction. Forms 7E-H joined us at camp on Wednesday, 21 February for the remainder of the week. The camp was carefully constructed to provide consolidation and extension of the Transition Program. Students participated in a range of team building activities some of which included Hut Building, Stand Up Paddleboarding, Thunder Hockey, Low Ropes and Archery.



Camp ADANAC allowed the students plenty of opportunities to make new friends and develop stronger relationships with their peers. Many of the activities required them to work in groups to problem solve, or relied on the support of their peers to make sure activities ran smoothly and all students felt supported and included.

The GaGa pit was a clear winner with both staff and students and provided a great space for students to get to know others across the year level. It was fantastic to see strong connections forming between students and their Mentor teachers throughout the camp.

We would like to thank all Mentor teachers and staff who attended Camp ADANAC; their hard work meant that all students could have an opportunity to make new friends and try something different.

We asked the students to reflect on their experience at ADANAC, here are some student reviews:

'Stepping away from devices and the outside world for a few days was good for all of us. The camp activities were plentiful and the food was exceptional. The teachers were invested in giving us the best camp experience and they delivered. Personally my favourite activity was the stand up paddleboards and at lunchtime seeing Mr Mammoliti lip syncing along to the Barbie song.'

Jassie F

'My time on camp was one of the most fun experiences because of the wonderful place and all the activities. It was absolutely exhilarating to slide down the waterslide or ride the flying fox. I deeply recommend this camp for its exciting experiences and delicious food. It is filled to the brim with activities and you'll never be bored. It was really fun for me even with some stuff I was unsure of like stand up paddleboarding, I thoroughly enjoyed it.'

Jack T.

'My advice to the 2025 Year 7's is give everything a go! I wasn't going to do the waterslide because I was scared, but it turned out to be one of my favourite activities. I would describe my time on camp as exciting. This is because every activity was fun and most were different to what I've done before.'

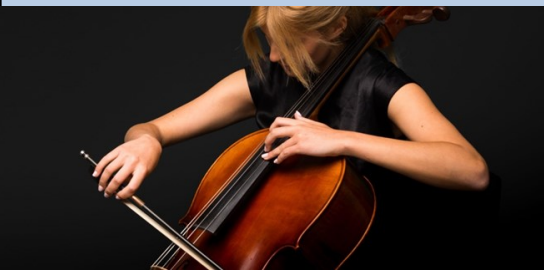
Mia C.

Nicole Pratt - Head of Year 7, Cynthia Kennedy -Year 7 Coordinator



STRING PROGRAM REPORT - VICE MUSIC CAPTAIN TORI CARTER

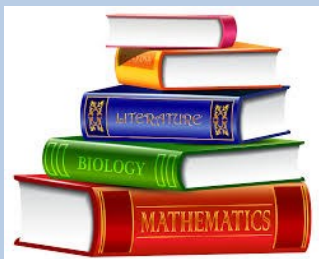
'Norwood's String Orchestra have been working super hard in preparation for the Year 7s to join us with our songs Misirlou (an Arabic folk inspired song) and Hopak (a Ukrainian dance). We are very excited to welcome Norwood's new generation of string students, playing their way into our family of violins, violas, cellos and double basses. We can't wait to play music with them. As a new ensemble this year, we have introduced a Senior Chamber Group that has been working on many of "The Greats" such as Vivaldi, Mozart and Bach. And we are looking forward to showcasing the talents of both the junior and senior string players at various events for the rest of the year!'



Year 11 News

We would like to congratulate many of our Year 11s for the completion of their first SACs over the last couple of weeks. We had our whole cohort complete their English SAC and we couldn't be prouder of the dedication and effort many put into their studies. Students have been provided a whole school study skills resource, which can be found on Compass. This provides students with a variety of study techniques that will further support them and their success this year. Year 11 is a great opportunity to trial differing study habits, to help find one that best suits them!

Maddy Sweeney, Year 11 Coordinator



MUSIC NEWS

This week we have reports from our Music Captains and Vice Captains.



PRODUCTION REPORT - VICE MUSIC CAPTAIN CALEB SMITH

'Production Rehearsals are now in full swing with the Year 7 Auditions having taken place and the full cast being involved in Thursday rehearsals. As a result of the extensive preparation that has taken place in the lead up to the school year, work has begun on the first few scenes of Act 1. Singing lessons and practice are galloping ahead with our new singing teacher Ms Madge, and with Ms Noone undertaking choral direction alongside Mrs Dema's music direction. The dance choreography by Ms Gretto, and some wonderful blocking taking place from Ms Filor is all supported by Ms Cherry's magic and stealthy organisation! The whole cast is very excited about the show, and we look forward to showing you the result of our hard work in August.'

Vice Music Captain: Caleb Smith



CONCERT BAND REPORT - MUSIC CAPTAIN ERIN FLYNN

'Concert band has been off to a smashing start in 2024! We started ensemble rehearsals in week two and have been preparing for our performance at the annual Investiture Assembly. We will be playing our new piece that we started learning this year called "Wombat Shuffle" by Australian composer Roger Perrin, that is full of dynamics and is sure to be entertaining. We look forward to performing in front of the school, and the new Year 7's for the first time this year.'



Jo Dema, Instrumental Coordinator

UNIFORM SHOP

SHOP HOURS:

MONDAYS 8.30AM - 11.30AM

THURSDAYS 1.30PM - 4.30PM

OPEN DURING SECOND WEEK OF SCHOOL HOLIDAYS -THURS 11 AND 12 APRIL (10AM-3PM)

DOBSONS ONLINE (CLICK AND COLLECT):

Please visit: www.dobsons.com.au

Navigate to **SHOP** in toolbar

Click - Norwood Secondary College Logo

DELIVER TO HOME OR OFFICE:

Metro Melbourne: Within 24 - 72 hours

\$10 Flat Rate

Karen Wood,



TERM DATES 2023

Dobsons Uniform Shop Coordinator

Term 1, 2023

30 January to Thursday, 6 April

Term 2, 2023

24 April to 23 June

Term 3, 2023

10 July to 15 September

Term 4, 2023

2 October to 20 December 2023

LIBRARY NEWS

LIBRARY LOVERS: THANKS FOR PARTICIPATING

We've been so excited to have so many students borrowing Lucky Dip books for Library Lovers Week. The response has been overwhelming and we've loved seeing students introduced to a new series, author or genre throughout this time. There have been some great conversations about books and reading with over 224 books being borrowed to date. We hope you've had fun being surprised by the books. This is sure to be a regular on the Library Calendar.



WOMEN'S HISTORY MONTH TALK

DID YOU KNOW?

- The Holeproof company was a major player in women's fashion as early as 1930 here in Australia.
- During WWI and WW2 women in Ringwood started local industries and played their part in the war efforts alongside serving soldiers.



As part of our Women in History Month, on **Friday, 22 March**, Mr Russ Haines OAM B Psy Sci GradCertIT, President of the Ringwood and District Historical Society is coming to the Library. He will be speaking about some of the important events in our local history that had a lasting impact on the women's movement.

Come along at lunch time to the library from 1.15pm. This is a closed event, so you will need to sign-up on the attendance sheet in the library beforehand.

In the meantime, check out our **women in history display** in the library. Lots of great books and some amazing women to read about.

FOLLOW US ON INSTAGRAM

The Library is on Instagram. Follow us to hear about new books, competitions and events happening in the library.



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GIRLS!
PLAY
FOOTBALL
AT
MITCHAM
IN 2024

REGISTRATIONS NOW OPEN FOR
U10,
U12, U14, U16 & U18 PLAYERS

FOR MORE INFO
CONTACT
WILL GOULDING
0401 141 076
footyops.mitchamjfc@gmail.com



Play Rugby League
Bring your family to join our family
All welcome! No experience required!


Joining the Eastern Raptors is a fantastic opportunity to be a part of a welcoming and family-friendly community. With teams for players of all ages and genders, as well as opportunities to volunteer and coach, there is a place for everyone at our club.

Our volunteers are all registered and hold Working With Children Checks, ensuring a safe and enjoyable environment for all. Get in touch now - don't miss out on the chance to join our club and be a part of something special.

REGISTRATIONS OPEN NOW!

BOYS	GIRLS	ADULTS
U6 & U7 mixed tag U8 - U12 mixed tackle U13 - U18 boys tackle	U6 & U7 mixed tag U8 - U12 mixed tackle or New girls only teams ages U8 - U18	Seniors 17+ men & women Masters 35 +

secretary@easternraptors.com.au



WANTED U14-U16 GIRLS

ALL ABILITIES WELCOME!

Preseason Training
Every Thursdays
6:30PM to 7:30PM

Where
Anderson Park
117 Andersons Creek Rd, Doncaster East, VIC

Email
juniors@doncasterrovers.org

First 16 Girls Play for FREE!

Register Link: <https://doncasterrovers.org/membership/>

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PLAY BASEBALL THIS WINTER

We invite you to our 'Come and Try' days at Gilbert Park,
Ferntree Gully Road, Knoxfield on:

Thu 21 March: 5-6pm
Sat 23 March: 9:30-11am

Tee Ball: Ages 4-8
Rookie Ball: Ages 8-11
U/13: Ages 11-12 | U/15: Ages 13-14
U/17: Ages 15-16 | Seniors: Ages 17+

YOU'RE INVITED TO COME & TRY

Sausage Sizzle Provided!

REGISTER HERE

IF YOU ARE UNABLE TO ATTEND BUT WISH TO DISCUSS FURTHER, PLEASE CONTACT
BEL SADLER AT JUNIORS@KNOXBBC.COM.AU OR 0439 733 731



**Junior Come & Try
& Registration Day**

Boys & Girls: T-Ball, Rookie Ball & Baseball

**Wednesday
20th March (5-6pm)**

All equipment provided!
**FREE Sausage sizzle
& soft drink**

Visit: www.ringwoodsaints.com.au
for more information  

**RINGWOOD
SAINTS
BASEBALL CLUB**



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A poster for an Easter market. The top half features a close-up of various colorful Easter eggs (pink, blue, green, orange) decorated with floral and geometric patterns. A white banner with a teal border is overlaid on the eggs, containing the text 'Park Orchards' in white and 'MARKET' in large, pink, stylized letters. Below the banner, a teal background contains the event details in white text.

Park
Orchards

MARKET

Saturday 16th March
10am - 2pm

Venue: 1-3 Bowmore Avenue
Park Orchards

A red poster for Mooroolbark Soccer Club. At the top is a white fist icon. Below it, the text 'WE WANT YOU' is written in white. The main text is in large, bold, white letters with black outlines. At the bottom, contact information is provided in white text. The background features a faint, circular logo for Mooroolbark Soccer Club with a soccer ball in the center and the text 'HOME OF FOOTBALL IN THE EAST' and 'THE BARKERS' on a banner.

WE WANT YOU

Mooroolbark Soccer Club
is growing.
We have opened up more
teams!

Under 14 Boys & Girls
born 2010
Under 16 Boys & Girls
born 2008/2009

EOI & Enquires:
info@thebarkers.com.au
or click the link below to register
<https://members.thebarkers.com.au/registration>