

# NORWOOD SECONDARY COLLEGE 2026 CANTEEN MENU

## BREAKFAST

Hash Brown	\$1.50
Plain Croissant	\$3.00
Egg/Bacon Muffin	\$4.00
Yoghurt, Granola, Fruit Cup	\$4.00
Toasted ham and cheese Focaccia	\$4.50

## DAILY SPECIALS - \$3.50

<b>MONDAY</b>	Bolognaise
<b>TUESDAY</b>	Carbonara
<b>WEDNESDAY</b>	Butter Chicken OR Honey Soy Chicken
<b>THURSDAY</b>	Bolognaise
<b>FRIDAY</b>	Stir fry

## EVERYDAY FAVOURITES

Protein Pot (Boiled egg and spinach)	\$2.50	Salad Plate	\$4.00
Pizza (Margherita)	\$3.00	Fruit salad	\$4.50
Sushi Rolls	\$3.00	Baked Potato	\$4.00
Spicy Noodles	\$3.50	Burrito Bowl	\$5.00
Nachos	\$4.00 (with sour cream add .50c)		

## FOCCACIAS/WRAPS

Chicken Schnitzel Wrap	\$3.50
Ham & Cheese	\$4.50
Breakfast Burrito	\$5.00
Roast chicken, Avocado & Cheese	\$5.00
Double Hash Brown and Bacon sub	\$5.00
Super Southern Chicken Wrap	\$5.00
Chicken Schnitzel Avocado, cheese, bacon	\$6.00

## DAILY SALADS - \$4.50

A variety of salads will be advertised in the canteen on a day to day basis depending on availability of seasonal produce

## EVERYDAY HEALTHY LUNCH - \$2.50

### **SALAD ROLL WITH FREE BOTTLED WATER**

## ROLLS/WRAPS

Salad	\$2.50
Egg and Lettuce	\$3.00
Ham/Cheese Chutney	\$3.00
Ham and Salad	\$3.50
Chicken Strip & Salad	\$4.00
Roast Chicken, Mayo, avocado & lettuce	\$4.00
Salmon, cream cheese and cucumber	\$4.00
Roast Chicken and Salad	\$4.00
Schnitzel Salad	\$5.00
Chicken Schnitzel Bacon Burger	\$5.00

## BURGERS

As advertised on the day in Canteen

Chicken Burger	\$4.50	Southern Chicken Brioche	\$5.00
Cheeseburger	\$4.50	Double Chicken strip sub	\$5.00
Bacon Cheeseburger Brioche	\$6.00	Chicken Parmigiana Brioche	\$6.00
Outback (Bacon, BBQ, Cheese)	\$5.00	Outback Brioche with onion rings	\$6.00

## DRINKS

Water	\$1.10	Oak Milk Small	\$3.60
Juice Box	\$2.00	Oak Milk Large	\$4.60
Mineral water & cans	\$2.60	Iced Tea	\$5.00
BARE Mineral Water	\$3.00	600ml Soft Drink (no sugar)	\$5.00
Up & Go	\$3.40	Gatorade (no sugar)	\$5.00

## SNACKS

Giant Marshmallows	.50c	Churro	\$1.50	Garlic Bread	\$2.50 (with cheese add .50c)
Chicken Nugget	.70c	Split/Choc Wedge	\$1.50	Muffins	\$3.00
Pizza Wheel	\$1.00	Potato Cake, Spring Roll, Dim Sim	\$1.50	Hot Dogs	\$3.20 (with cheese add .50c)
Popcorn	\$1.00	Hot Jam donut	\$1.80	Dagwood Dog	\$3.30
Jelly Cup	\$1.00	Chicken Strips	\$2.00	Ham/Cheese Croissant	\$4.00
Zooper-Dooper	\$1.00	Ice-cream (M&M) Crush	\$2.20	Sausage Rolls/Pies	\$4.00
Choc Balls	3 for \$1.20	Slushie	\$2.50	Egg Bacon roll	\$4.00
Spinach Puff/Veggie Curry Puff	\$1.50	Giant Choc Chip Cookie	\$2.50	Wedges (Wednesday)	\$4.50 (with sour cream add .50c)
Vegetable Spring Rolls	\$1.50	Homemade slices	\$2.50	Chips (Friday)	\$4.50 (with gravy add 50c)